



**2023-2024 Boerne ISD School Health Advisory Council (SHAC) Meeting #3**  
**Tuesday, February 20, 2024**  
**4:30PM to 5:30PM**  
**Meeting Minutes**

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**Call to Order**

The School Health Advisory Council held the third meeting of the 2023-2024 school year on Tuesday, February 20, 2024. The meeting was called to order at 4:32 PM with a welcome delivered by Krista Pomeroy, Executive Director of Student Support Services. The committee began by reviewing the minutes from the December SHAC meeting. A motion was made by Kate Harrison to approve the minutes from the December SHAC meeting and was second by Michelle Holcomb.

**In Attendance:** Krista Pomeroy, Kim Seelman, Bryce Boddie, Kristin Burford, Itzel Estrella, Tiffany Fleming, Roger Gonzales, Kate Harrison, Michelle Holcomb, Jennifer Howell, Becca Jones, Elky Van Es, Aubrie Walker, Jasmine Glaser.

**Not in attendance:** Kinley Albright, Joanne Bradley, Jessica Davila, Bernardo Guerrero, Stan Leech, Gina Riha, Andrea Salazar.

**Student Snack Challenge**

Mrs. Pomeroy presented a proposal to the group regarding a student snack challenge. The proposal consists of students in grades PK-8 creating a recipe in 60 minutes or less, must contain a fruit or vegetable, contain minimal processed (white) sugar, and be an original recipe. Recipes will be submitted via QR code along with a picture of the completed snack to be scored by the SHAC committee. Top 10 recipes from each campus will be selected and recipes will be pushed out right before summer. Discussion was held regarding the proposal with feedback from the committee. It was suggested that we have multiple ways to submit so opportunities are not limited, that ideas must be student generated with parents assisting with cutting, cooking, etc. We would also include healthy tips, alternate ingredient options to accommodate potential allergies. Final draft will be sent prior to it going out to students. Bound copy created for students who are selected. Boerne Best Bites title suggestion.

**Nutrition Activity- Child Nutrition Sampling & Feedback**

Mrs. Pomeroy then transitioned into a sampling of items provided by SFE, the district's child nutrition department. Ms. Estrella and Mr. Romero presented the samples provided. Samples included current items along with items that would be added to the menu. Surveys were provided for feedback on each item offered: Jumbo Belgian Waffles, Mini Corn Dogs, Classic Mac & Cheese, Orange Chicken w/Brown Rice, and Pepperoni French Bread Pizza. Ms. Estrella and Mr. Romero were able to answer questions from the committee regarding the foods sampled, child nutrition staff training, addressing allergies, and what's offered versus served. They also let us know about Flavor Fest next week at Champion HS, Tuesday, Feb 27, 2024 9am-11am. Flavor Fest will be a trial of new food items from new and existing vendors. It was also suggested that we promote the NutriSlice App- it has a lot of benefits and many are not using it.

**Adjournment**

An overview of the next meeting was given as we will have a presenter who will propose a policy regarding student mental health. A motion to adjourn the meeting was made by Bryce Boddie and second by Jennifer Howell. The SHAC meeting was adjourned at 5:19pm