

October 2024 |



Announcements:

**BREAKFAST
CHOICE OF FRUIT
CHOICE OF JUICE
CHOICE OF MILK**

**FOR BREAKFAST
STUDENT MUST TAKE
3 ITEMS . ONE OF
THEM MUST BE A
FRUIT OR A JUICE**

**LUNCH:
CHOICE OF FRUIT
CHOICE OF MILK**

**STUDENT MUST TAKE 3
OUT OF 5 COMPONENTS.
ONE OF THEM MUST BE
A VEGETABLE OR A
FRUIT.**

**EXTRA ENTRÉE
\$1.50
MILK WITHOUT A
MEAL
\$0.50**



Monday	Tuesday	Wednesday	Thursday	Friday
	1 BISCUIT & SAUSAGE CHICKEN NUGGETS W/W ROLL GREEN BEANS HOUSE SALAD SLICED ORANGES	2 PIG-N-BLANKET NACHOS PINTO BEANS SPANISH RICE LETTUCE & TOMATO SALAD SLICED PEACHES	3 BREAKFAST ON A BUN BEEFY MAC & CHEESE SLICED CARROTS HOUSE SALAD DICED PEARS PUDDING	4 WAFFLES CHEESE PIZZA CORN HOUSE SALAD FRESH FRUIT
7 MUFFIN & YOGURT CHICKEN STRIPS MASHED POTATOES GREEN BEANS W/W ROLL MIXED FRUIT	8 CHICKEN & BISCUIT SPAGETTI W/MEAT SAUCE W/W GARLIC BREADSTICK SLICED CARROTS HOUSE SALAD BANANA	9 POTATO & EGG TACO TERIYAKI MEATBALLS BROWN RICE CHERRY TOMATOES BROCCOLI NORMANDY DICED PEARS	10 FRENCH TOAST CHICKEN FAJITA TACO SPANISH RICE PINTO BEANS LETTUCE & TOMATO SALAD JELLO	11 UNCRUSTABLE PB & J HAMBURGER FRIES BURGER SALAD FRESH FRUIT
14 COLUMBUS DAY	15 STAFF DAY	16 BREAKFAST BAR CORNDOG TATOR TOTS BABY CARROTS SLICED PEARS	17 BREAKFAST PIZZA SAULSBURY W/GRAVY BROWN RICE SWEET POTATOES GREEN BEANS SLICED PEACHES	18 PANCAKES CHEESE PIZZA CORN HOUSE SALAD FRESH FRUIT
21 MUFFIN & YOGURT MINI CORNDOGS HOUSE SALAD BROCCOLI & CHEESE MIXED FRUIT	22 CHICKEN & BISCUIT ENCHILADA CASSEROLE PINTO BEANS SPANISH RICE LETTUCE & TOMATO SALAD BANANA	23 POTATO & EGG TACO CHICKEN SPAGHETTI BROCCOLI NORMANDY HOUSE SALAD PEARS	24 FRENCH TOAST STEAK FINGERS MASHED POTATOES GREEN BEANS TOAST ROSY APPLESAUCE	25 UNCRUSTABLE PB & J CHEESE BURGER FRIES BURGER SALAD FRESH FRUIT
28 BREAKFAST BAR BBQ PULLED PORK CHIPS BAKED BEANS CHERRY TOMATOES MIXED FRUIT	29 BISCUIT & SAUSAGE CHICKEN NUGGETS W/W ROLL BROCCOLI & CHEESE HOUSE SALAD SLICED ORANGES	30 PIG-N-BLANKET NACHOS LETTUCE & TOMATOES PINTO BEANS SPANISH RICE SLICED PEACHES	31 BREAKFAST ON A BUN BEEFY MAC & CHEESE SLICED CARROTS HOUSE SALAD W/W/ ROLL PUDDING	 <p>Apples Season in Texas: July-November Did you know? There are about 2,500 different kinds of apples grown in the United States</p> 



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
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National School Lunch Program