



# Football

## 2024

**Head Coach - Brandon Woods**

bwoods@ycsd.york.va.us

**Asst Coach—Ricky Walker**

rwalker2@ycsd.york.va.us

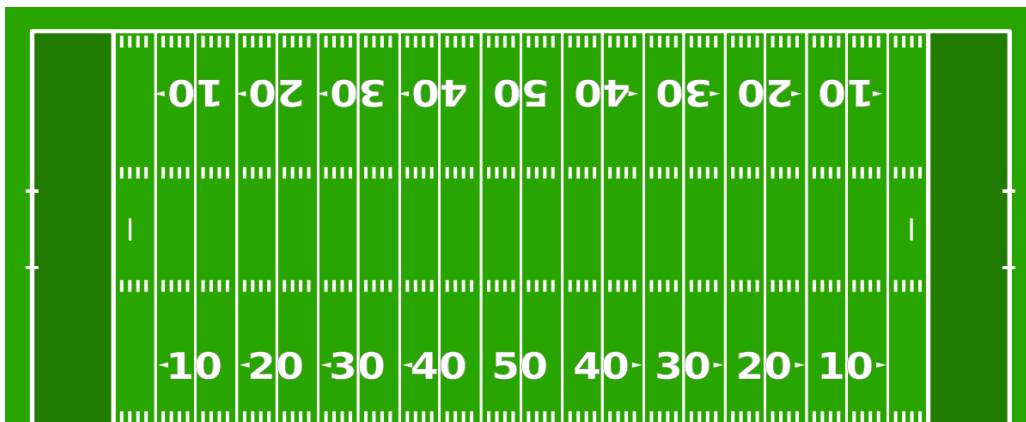
### Game Schedule:

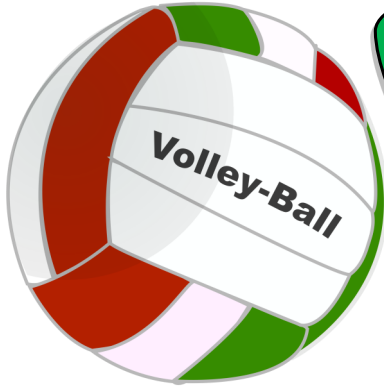
All games start at 5:00pm

All games are on Tuesdays

**Practice:**  
**Monday-Thursday**  
**3:00-5:00**  
**QLMS Field**

- 8/17 Scrimmage—Bailey Field—9am
- 8/27 Home vs. New Kent**
- 9/3 Away @ Tabb
- 9/10 Away @Toano
- 9/17 Home vs. Grafton**
- 9/24 Away vs. Hornsby
- 10/1 Home vs. James Blair**
- 10/8 Home vs. York**
- 10/17 Away vs. Berkeley
- 10/26 Semi-Finals @ Cooley Field
- 11/2 Bowl Day @ Bailey Field





# Volleyball

2024

## Game Schedule:

All games start at 4:30pm

Head Coach - Ryan Martin -  
rmartin@ycsd.york.va.us

**Conditioning:**  
**Beginning July 29**  
**Mondays & Wednesdays**  
**3:00-5:00**  
**QLM Gym**

Tryouts Aug 19-20

<b>Wed</b>	<b>9/18</b>	<b>Home vs. James Blair</b>
<b>Mon</b>	<b>9/23</b>	<b>Away @ Hornsby</b>
<b>Wed</b>	<b>9/25</b>	<b>Home vs. Berkeley</b>
<b>Mon</b>	<b>9/30</b>	<b>Home vs. York</b>
<b>Mon</b>	<b>10/7</b>	<b>Away vs. Toano</b>
<b>Wed</b>	<b>10/9</b>	<b>Away vs. New Kent</b>
<b>Mon</b>	<b>10/14</b>	<b>Away vs. Grafton</b>
<b>Wed</b>	<b>10/16</b>	<b>Home vs. Tabb</b>





Head Coach - Rebecca Lewis  
rlewis@ycsd.york.va.us

# Field Hockey

## 2024

### Game Schedule:

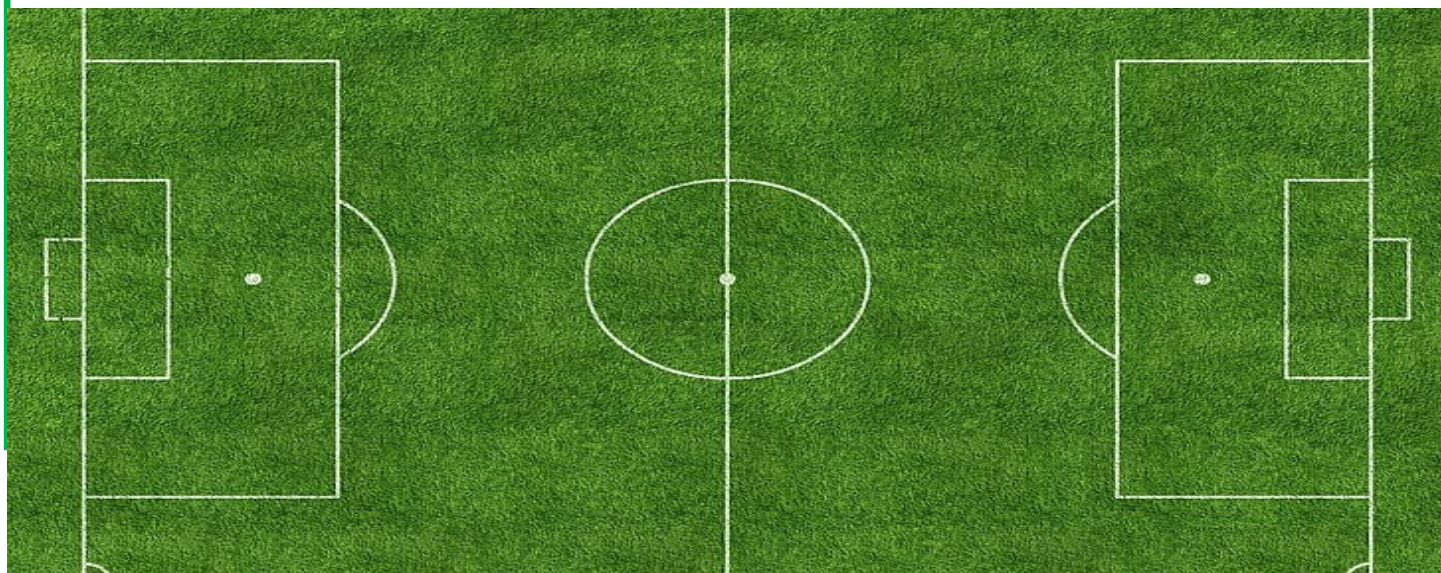


**Conditioning:**  
**Mon thru Thu**  
**3:00-5:00**

**QLMS Field**  
**Starting July 31**

**Tryouts will be the**  
**Aug 12 & 13**

Wed	9/4	6:00	Away @ Hornsby
Thu	9/12	6:00	Home vs. James Blair
Thu	9/19	6:00	Away @ York
Thu	9/26	4:30	Away vs. Peasley (@ Page)
Mon	9/30	6:00	Home vs. Page
Fri	10/2	6:00	Away vs. Toano
Mon	10/7	4:30	Away vs. New Kent (@York)
Fri	10/11	6:00	Away @ Tabb
Mon	10/14	6:00	Away @ Berkeley
Mon	10/21	4:30	Home vs. Grafton







# Cheer

2024

## Fall Schedule



Coach: Ali Stashak

[astashak@ycsd.york.va.us](mailto:astashak@ycsd.york.va.us)

**Practice:**

**Monday/Thursday**

**4:15-6:15**

**QLMS Cafeteria**

**Beginning  
August 13**



Mon	7/22	6:00	Parent Meeting at QLMS
Mon	7/29	5-7	Conditioning
Tue	7/30	5-7	Practice/Tryouts Day 1
Wed	7/31	5-7	Practice/Tryouts Day 2
Thu	8/1	5:00	Official Tryouts
Fri	8/2		Results posted via Instagram

