

The items on this list will help your child be prepared for their trip to Ashokan.

Required Items (please put name on all belongings):

- Medical Forms + Medicines:** these, as well as inhalers and epi-pens, are to be given to the teachers/school nurse before trip; medicine must be signed for by you and your doctor
- Waterproof, durable rain poncho (or raincoat) with a hood:** must fit over their regular coat
- Hiking boots/Closed-toed footwear:** waterproof, comfortable
- Long pants:** 2-3 pairs (one pair of cotton for blacksmithing-must cover tops of shoes)
- Long sleeved shirt/sweatshirt** (one 50%+ cotton for blacksmithing)
- Hat and gloves:** (mid-October-May): required any time it is below 40 degrees
- Water Bottle**
- Backpack:** small, lightweight that can hold items carried during the day
- Sleeping bag (or two sheets) and pillow case in labeled, waterproof bag**
- Two bath towels, wash cloth, shampoo and soap**
- Toothbrush**
- Toothpaste**
- Pajamas**
- Socks:** 2 pairs for each full day; non-cotton preferred in winter
- Underwear:** at least one pair per day plus extra!
- Short sleeved t-shirts**
- Laundry bag and two large plastic bags** (for items that get wet/sleeping bag return home)
- Old shoes/sneakers** (sandals are not allowed outside of bunk house)
- Warm jacket/coat**
- Heavy, warm sweater, sweatshirt or fleece**
- Thermal underwear** (Nov-April)

Suggested but optional:

- Disposable Camera
- Binoculars
- Book, paper, pencil
- Non-spray (pump or roll) insect repellent

With school permission only:

- Money (for gift shop)
- Electronic devices

Please DO NOT BRING:

- Food, candy, or gum
- Sprays of any kind
- Open-toed shoes/sandals
- Jewelry and other valuables