



October 2024

National School Lunch Week
Limited Time Offer!
Week of
10/14 – 10/18

HIGH SCHOOL LUNCH MENU

Available Daily

Pizza

Cheese
 Pepperoni
 Buffalo Chicken
 Weekly Special

Grill

Cheeseburger
 Veggie Burger
 Hot Dog
 Breaded Chicken Sandwich
 Buffalo Chicken Sandwich
 Weekly Special
 Assorted Toppings

Grab & Go

Parfaits (Peach, Strawberry, Blueberry) w/ Granola & Goldfish
 Triple Decker PB&J
 Breaded Chicken Caesar Salad w/ Croutons & Dinner Roll
 MYO Pizza Bagel

MTO Deli

MTO Taco Station


Fruits

Available Daily May Include (Fresh Apple, Orange, Apple Slices, Banana, 100% Apple & Orange Juice)

Vegetables

Available Daily May Include (Fresh Cucumbers, Baby Carrots, Celery Sticks, Broccoli, Garden Salad, Spinach Salad)

Milk choices include 1% white milk or fat-free flavored milk

MON	TUES	WED	THURS	FRI
	Beef Quesadilla ¹ Pinto Beans	General Tso ² Popcorn Chicken w/ Rice Steamed Broccoli	French Toast ³ Sticks w/ Chicken Sausage Patty Sweet Potato Fries	FRY-DAY FRIDAY ⁴ National Taco Day! Bacon Cheeseburger Waffle Fries
Vegan Chicken Nuggets ⁷ Mac & Cheese Campfire Beans	BLT Ranch Chicken Sandwich ⁸ Steamed Carrots	Country Popcorn Chicken Bowl w/ Biscuit ⁹	Cheesy Baked Penne w/ Texas Toast ¹⁰ Steamed Broccoli	No School Professional Development Day ¹¹
No School Columbus Day ¹⁴	NSLW LTO ¹⁵ Breaded Chicken Sandwich w/ Signature "Scranton Sauce" Vegetarian Baked Beans	NSLW LTO ¹⁶ Pancake Bites w/ Scrambled Eggs Tater Tots	NSLW LTO ¹⁷ Chicken Tenders w/ Yellow Rice Steamed Broccoli	NSLW LTO ¹⁸ FRY-DAY FRIDAY! Buffalo Popcorn Chicken Mac & Cheese w/ Breadstick Waffle Fries
Corn Dog ²¹ Campfire Beans	Fish Soft Tacos ²² Steamed Corn	Orange Popcorn Chicken w/ Rice & Broccoli ²³	Waffles w/ Chicken Sausage Patty ²⁴ Tater Tots	FRY-DAY FRIDAY! ²⁵ Italian Meatball Sub Waffle Fries
Fish Sticks w/ Yellow Rice ²⁸ Steamed Green Beans	Bosco Sticks w/ Dipping Sauce ²⁹ Steamed Carrots	Rotini Pasta w/ Meatballs & Sauce Texas Toast ³⁰ Steamed Broccoli	Popcorn Chicken w/ Breadstick ³¹ Vegetarian Baked Beans	If you or someone in your party has a food allergy, please contact a foodservice manager, chef, or dietitian on site

Menus are subject to change.

Powering potential.

Weekly Specials

09/30 – 10/4: **Pizza** Sausage Pizza **Grill:** Grilled Cheese & Bacon Sandwich
 10/7 - 10/11: **Pizza:** Fully Loaded Pizza **Grill:** Veggie Cheeseburger
 10/14 - 10/18: **Pizza:** Veggie Pizza **Grill:** Corn Dog
 10/21 – 10/25: **Pizza:** Spicy Pepperoni Pizza **Grill:** Nashville Chicken Sandwich
 10/28 – 11/01 **Pizza:** Chicken, Bacon, Ranch Pizza **Grill:** Cheddar & Jalapeno Hot Dog



This institution is an equal opportunity provider.