



# High School Breakfast Menu October 2024

## More info...

Fresh Fruit such as apples, bananas, oranges, pears & Assorted 100% Fruit Juice Available Daily

Milk Choices Include:  
1% White or Fat-Free Flavored

## More info...


To make a meal, students must select 3 or 4 items. At least one item must be a ½ c fruit or 4 fl. oz. fruit juice.

All students in Scranton School District are eligible for universal free breakfast.

If someone in your party has a food allergy, please contact a food service manager, chef, or dietitian on site.



This institution is an equal opportunity provider.

Sandwiches & Hot Options	<b>Assorted HOT &amp; DELICIOUS Breakfast Options Available Daily!</b>		<b>Egg &amp; Cheese Bagel</b> Bacon, Egg, & Cheese Bagel Sausage, Egg, & Cheese Bagel	<b>CinniMinis</b> Cinnamon Toast Crunch French Toast	
	Breakfast Cart	<b>Available Daily Options May Include:</b>	<b>Assorted Cereal Bars</b> (Trix, Cocoa Puff, Cinnamon Toast Crunch)	<b>Assorted Nutri-Grain Bars</b> (Strawberry, Blueberry, Apple Cinnamon)	Bagel Granola and Graham Crackers Yogurt and/or Cheese Stick
Smoothies		<b>Assorted Cereal Bowls</b> (Trix, Cocoa Puff, Cheerios, Corn Flakes, Cinnamon Toast Crunch)	<b>Assorted Muffins</b> (Banana, Chocolate Chip, Blueberry, Apple Cinnamon)	<b>Assorted PopTarts</b> (Fudge, Strawberry, Cinnamon, Blueberry)	
	Parfaits	<b>Available Weekly!</b>	<b>Week of 9/30 – 10/4</b> Berry Banana Smoothie	<b>Week of 10/07 – 10/11</b> Apple Cinnamon Yogurt Smoothie	<b>Week of 10/14 – 10/18</b> Strawberry Apple Smoothie
Parfaits		<b>Available Daily!</b>	<b>Available Daily Options May Include:</b>		<b>Week of 10/28 – 11/01</b> Chocolate Dipped Strawberry Smoothie
	Parfaits		Strawberry Yogurt Parfait	Blueberry Yogurt Parfait	Peach Yogurt Parfait
Parfaits			<b>National Smoothie Day!</b> 10/08		<b>National Apple Month!</b>

Menu items are subject to change based on product availability.