

# 2024-25 Student and Parent High School Handbook

Castle View	Chaparral <b>Chaparral</b>	Douglas County
Highlands Ranch	Legend	Mountain Vista
<b>Ponderosa</b>	ROCK CANYON	ThunderRidge

Department of Activities and Athletics



July 22, 2024

Message from the Director of Activities & Athletics:

Welcome to the 2024-2025 school year! DCSD is committed to being one of the strongest districts in the state of Colorado in terms of academics, activities, and athletics. We believe that activities and athletics play an important role in the development of our students. Research shows that students who participate in extracurricular activities perform much better in school, have fewer discipline problems, and develop life-long skills that they can take with them well beyond high school. Students are given the opportunity to learn valuable lessons that they simply cannot learn in a classroom. You should be proud that your child has decided to extend their learning by participating in extracurricular activities.

This handbook is intended to inform you about the different aspects of our activities and athletic programs in DCSD. Please take some time to familiarize yourself with this information. It will hopefully give you a broader perspective on our district programs as well as answer any questions that you may have. I would encourage you to communicate with your coach and/or athletic director at your school should you have any specific questions. We have highly qualified coaches and athletic directors that are some of the best in the state. You can also find more complete information on your school website, our district website and the Colorado High School Activities Association (CHSAA) website.

We encourage you to talk to your child about the expectations mentioned in this handbook. We have high standards for our students and we expect them to represent themselves, their families, teams, schools, and DCSD in a positive manner at all times. We want to partner with you and need your help in reinforcing these important messages. We strive for all of our students to have positive experiences and learn valuable lessons. We cannot accomplish this without your active and positive participation. My personal advice to our students would be to have fun, be a good teammate, and play with passion! You will always remember your high school playing days so make the most of them.

Thank you for taking the time to read through this handbook. I look forward to another exciting and successful year for Douglas County Schools!

Deck Chaney

Derek Chaney Director of Activities, Athletics, Student Leadership Douglas County School District

Brad Wiidakas Assistant Director of Activities, Athletics, Student Leadership Douglas County School District

**WELCOME** to the Douglas County School District's activity and athletic programs. This handbook is meant as an overview. We hope this information will be beneficial to you and will help to ensure a positive experience. Please use this information as a guideline to our programs. Complete information, rules, and procedures can be found through your school administrator, District Activity and Athletic Director, our <u>DCSD</u> Activities and Athletics website and the <u>Colorado High School Activities Association</u>.

**High School Interscholastic Activity and Athletic Programs** are within the Douglas County School District's Department of School Leadership. All high schools in the Douglas County School District are members of CHSAA and follow their bylaws and procedures. Activity and athletic procedures and regulations will be governed by the Douglas County School District Board and Administrative Policies, Code of Conduct, Colorado High School Activities Association (CHSAA), the high school athletic handbook, and the Continental League.

#### DCSD ACTIVITIES AND ATHLETICS MISSION AND VALUE STATEMENTS Mission Statement

Our mission is to make participation in interscholastic activities a PRIORITY because it is an integral component to academic achievement and the District's Core Values.

#### **Vision Statement**

Interscholastic Activities enhances student achievement by providing student opportunities for participation, learning, and enjoyment.

#### We believe a diverse activities program:

#### SUPPORTS EDUCATIONAL EXCELLENCE THROUGH

increasing student academic performance and attendance increasing skill development

#### **RECOGNIZES HUMAN DIVERSITY THROUGH**

equitable opportunities to participate respect for individual differences

#### **DEVELOPS INDIVIDUAL POTENTIAL THROUGH**

healthy lifestyle positive self image

#### **ENCOURAGES PRODUCTIVE EFFORT THROUGH**

developing a strong work ethic demonstrating commitment demonstrating dedication developing perseverance

#### FOSTERS SHARED RESPONSIBILITY THROUGH

team work community spirit pride in school, district, and community

#### **EMPHASIZES ETHICAL BEHAVIOR THROUGH**

sportsmanship citizenship and democratic principles cooperation trust integrity

#### EXPECTS CONTINUOUS IMPROVEMENT THROUGH

ongoing performance improvement

## THE CASE FOR HIGH SCHOOL ACTIVITIES

#### Unlocking the Secret of School Success: Activities

There is a secret in America's high schools that need not be hidden any longer. The secret is that activities are not just a way to have fun or be with friends, they are a valuable educational tool. From interscholastic sports to music, drama and debate, activities enrich a student's high school experiences.

#### **Benefits of Activities:**

Activities Support the Academic Mission of Schools. They are not a diversion, but rather an extension of a good educational program. Students who participate in activity programs tend to have higher grade-point averages, better attendance records, lower dropout rates and fewer discipline problems than those who do not. Activities are Inherently Educational. Activities programs provide valuable lessons on many practical situations -- teamwork, sportsmanship, winning and losing and hard work. Through participation in activities programs students learn self-discipline, build self-confidence and develop skills to handle competitive situations. These are qualities the public expects schools to produce in students so that they become responsible adults and productive citizens.

Activities Foster Success in Later Life. Participation in high school activities is often a predictor of later success in college, a career and becoming a contributing member of society.

--From the National Federation of State High Schools Association

#### ADMINISTRATIVE POLICY - INTERSCHOLASTIC ATHLETICS

The purpose of athletic programs in the secondary schools of the District shall be:

- 1. To provide a wide basis of participation in both team and individual sports in interscholastic competition.
- 2. To develop a strong program of competitive sports:
  - a. By encouraging and developing talented athletes in all sports and providing sufficient opportunity for students to develop individual ability;
  - b. By encouraging the development of team spirit among all members of the team and their coaches;
  - c. By developing good attitudes, pride, sportsmanship and ethical behavior in students, participants and spectators;
  - d. By developing and maintaining a good relationship between athletic teams and the student body, faculty, administration and community;
  - e. By teaching fundamentals and techniques of each sport in a progressive sequence as appropriate for students at higher grade levels;
  - f. By providing student athletes with an awareness of potential opportunities as afforded them through competitive athletics.

In keeping with the above goals, the Board shall seek to fund girls' sports on an equal opportunity basis with boys' sports and shall permit and encourage coeducational teams when the particular sport is determined suitable as a coeducational activity. The Board of Education shall encourage students, faculty and the community to recognize the value of athletics in relation to the total school program.

All activity/athletic tryouts shall be closed to non-participants.

## ATHLETIC COMPLAINT PROCESS

#### PUBLIC CONCERNS AND COMPLAINTS REGARDING ATHLETICS

Constructive Criticism motivated by a sincere desire to improve the quality of the athletic program is welcomed by the Board of Education.

The Board believes that complaints and grievances are best handled and resolved as close to their origin as possible. Therefore, the proper channeling of complaints involving athletics will be as follows:

- 1. Coach
- 2. School Athletic Director
- 3. School Principal
- 4. District Athletic Director
- 5. Assistant Superintendent
- 6. Superintendent

Any complaint about athletic personnel shall always be referred back through proper administrative channels before it is presented to the District Athletic Director for consideration and action. When a complaint is made directly to anyone other than the coach, the person making the complaint will be referred to the coach.



STUDENT PARTICIPATION WAIVERS (signed at time of online athletic registration) EACH SEPARATE WAIVER TITLED IN BLUE

**Training Rules and Expectations / Parent or Guardian Advisement and Permit** 

High-School Athletics Training Rules & Expectations As a representative of DCSD's athletic programs, I understand and accept that:

- It is my privilege and honor to wear my school colors
- I am a leader in and out of uniform
- My actions are a reflection of myself, my family, my school, and community
- I'm accountable for my performance in the classroom and my conduct in the community.

In exchange for the opportunity to participate in DCSD interscholastic athletics and in accordance with Policy JJI, I agree to the following:

#### Scope of Rules

From the day a student first participates in a DCSD high-school sport until that student graduates from high school, these rules remain in effect, throughout the school year, during summer, fall, winter and spring breaks, including weekends, vacations, and holidays, and regardless if the student is on or off DCSD property.

The consequences outlined here are in addition to, not instead of, those the student may receive under the DCSD's Code of Conduct, the Colorado High School Activities Association By-laws, coaches' team rules, or other sources. The Principal or designee may modify these consequences in particular cases or in general as he or she deems appropriate.

Although some prohibited behaviors listed below refer to DCSD's Code of Conduct, because these training rules are in effect at times and in places when the Code of Conduct may not be, and because students who participate in athletics are held to higher behavioral expectations than other students, the Principal or designee may determine that a student's conduct constitutes grounds for imposing an athletic penalty under these rules even when that conduct does not result in suspension or expulsion under the Code of Conduct.

#### **Prohibited Behaviors**

- Violating DCSD's policies regarding drugs & alcohol (JICH)
- Violating DCSD's weapons policy (JICI)
- Violating DCSD's gang-related behaviors and dress policy (JICF)
- Violating any criminal law
- Continued willful disobedience or open and persistent defiance of proper authority
- Willful destruction or defacing of school property
- Behavior detrimental to the student's, other students', or school personnel's welfare, health, or safety, including bullying and inappropriate use of social media
- Any other conduct that would constitute grounds for suspension under DCSD policy JKD/JKE.

#### Consequences

The following minimum consequences may result whenever the Principal or designee concludes that a student has engaged in any of the prohibited behaviors listed above.

- First offense: For sports with 11 or fewer regular-season contests, the student will be suspended for the next contest; for those with more than 11 regular-season contests, the student will be suspended for the next 2 contests. These suspensions will be imposed whether or not the next contest or contests are regular-season contests or are special events, tournaments, or qualifiers.
- Second offense: The student will be suspended from all sports throughout DCSD for 1 full year from the date of the infraction. If deemed appropriate by the School and District Athletic Director, the student may earn a lesser consequence.
- Third offense: The student will be suspended from all sports throughout DCSD for 1 full year from the date of the infraction, except that if a second offense suspension is still in effect, then the date of the third offense suspension will not begin on the date of the infraction, but rather will begin on the day after the second offense suspension ends.

#### **Tobacco Consequence Only**

- First offense: The student receives a warning and must attend tobacco education or community service.
- Second offense: For sports with 11 or fewer regular-season contests, the student will be suspended for the next contest; for those with more than 11 regular-season contests, the student will be suspended for the next 2 contests. These suspensions will be imposed whether or not the next contest or contests are regular-season contests or are special events, tournaments, or qualifiers.
- Third offense: The student will be suspended from all sports throughout DCSD for 1 full year from the date of the infraction, except that if a second offense suspension is still in effect, then the date of the third offense suspension will not begin on the date of the infraction, but rather will begin on the day after the second offense suspension ends.

Nothing in these rules prohibits the Principal, designee, or individual coaches from establishing and enforcing additional rules applicable to Athletics, such as different penalties for failing to exercise good sportsmanship at practices or competitions or for failing to demonstrate good citizenship at school or school-sponsored events.

I have read and agree to follow these rules.

## STUDENT AND PARENT OR GUARDIAN ADVISEMENT AND PERMIT

Colorado High School Activities Association Rules and Regulations state that no pupil shall participate in interscholastic activities until he/she is on file with the appropriate office: (a) a statement signed by his or her parent or legal guardian that he/she has the consent to participate and (b) a statement from a practicing physician certifying that the pupil is physically fit to participate in high school interscholastic activities.

#### **Concussion Evaluation Information**

If your child is involved in a contact sport\*, he/she may be administered a computerized neurocognitive assessment called SWAY, to determine how he/she performs in a healthy state. In case of a head injury, DCSD personnel will use this same assessment to assist in determining an athlete's ability to return to play. SWAY is only one part of a comprehensive process to help your student recover after suffering a head injury. Information may be shared with relevant professionals to support the injured athlete. The Certified Athletic Trainer, School Psychologist and the School Nurse Consultant work together to follow the student to recovery.

\*The sports that are considered contact sports include but are not limited to baseball, basketball, cheer, football, ice hockey, lacrosse, soccer, softball, and wrestling.

#### Medical Clearance and/or Release for Activity

Per the current edition of the Douglas County School District Athletic Training Handbook... "A healthcare provider may release the student athlete from his/her care, but the athletic trainer, as a medical professional representing Douglas County School District, will make the final decision on return to play status. For the current school year we will be operating under the guidelines set forth in the Douglas County School District Athletic Trainers Operations Handbook. DCSD and its employees, contractors, or agents will communicate with a student's parent/guardian, coach, and healthcare professionals regarding an athlete's health status/information Forms of such communication can include face to face, phone calls, video conference, email, text, or written. DCSD and its employees, contractors, or agents will make every reasonable effort to protect the security and confidentiality of such information sent and received. However, they cannot guarantee the security and confidentiality of the above means of communication. I consent to use the listed means of communication and accept the risks.

**WARNING:** Although participation in supervised interscholastic athletics and activities may be one of the least hazardous in which any student will engage in or out of school, BY ITS NATURE, PARTICIPATION IN INTERSCHOLASTIC ATHLETICS INCLUDES A RISK OF INJURY WHICH MAY RANGE IN SEVERITY FROM MINOR TO LONG-TERM CATASTROPHIC. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate the risk. Participants can and have the responsibility to help reduce the chance of injury. PLAYERS UNDERSTAND AND, BY THEIR PARTICIPATION, AGREE

THAT THEY MUST AND WILL OBEY ALL SAFETY AND TRAINING RULES, FOLLOW THE DIRECTIVES OF THE COACHES, PROMPTLY REPORT ALL PHYSICAL PROBLEMS TO THEIR COACHES, FOLLOW A PROPER CONDITIONING PROGRAM AND INSPECT THEIR OWN EQUIPMENT DAILY. By signing this Permission Form parents and students acknowledge that they have read and understand this warning. PARENTS OR STUDENTS WHO DO NOT WISH TO ACCEPT THE RISKS DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS PERMISSION FORM.

We understand that coaches, athletic trainers and team physicians may use their own judgment in securing medical aid and ambulance service in case of an emergency or in mild injuries where parents cannot be reached. Also the team physician, athletic trainer and/or coach may apply first aid treatment until the family physician can be contacted.

I have read the foregoing, acknowledge the "WARNING" above, accept the risks described and agree to abide by the principles and regulations contained therein.

I/We have read the foregoing, acknowledge the "WARNING" above, accept the risks described and hereby give consent for the above named student to participate in interscholastic athletics within the Douglas County School District Re. 1, in the following Colorado High School Activities Association approved sports except those crossed out: Baseball, basketball, cross country, field hockey, football, golf, gymnastics, lacrosse, soccer, softball, swimming, tennis, track and field, volleyball and wrestling. Consent includes spirit teams, managing and training unless crossed out.

## **INTERSCHOLASTIC ACTIVITIES INSURANCE WAIVER**

I fully understand the Douglas County School District Re. 1 does not provide health or life insurance coverage for the above named student while he/she is participating in the activities associated with interscholastic sports. I/We further understand that it is my/our responsibility to provide adequate insurance coverage to the above named student.

## **CHSAA-STUDENT ELIGIBILITY INFORMATION FORM**

I hereby give my consent for my student/athlete to compete in athletics for my school in Colorado High School Activities Association approved sports, except as noted on the Physical Examination and Parent Permit Form, and I have read and understand the general guidelines for eligibility as outlined in the CHSAA Bylaws. I understand that my school and/or program may have stricter guidelines. As part of CHSAA eligibility requirements, my son/daughter must be enrolled in at least five classes equaling 2.5 Carnegie Units at all times during their high school career.

No student shall represent their school in interschool athletics until there is a statement on file with the superintendent or principal signed by his/her parent or legal guardian and a signed physical form certifying that he/she has passed an adequate physical examination within the past year, noting that in the opinion of the examining physician, physician's assistant, nurse practitioner or a certified/registered chiropractor, is physically fit to participate in high school athletics; that student has the consent of his/her parents or legal guardian to participate; and, the parent and participant have read, understand and agree to the CHSAA guidelines for eligibility.

#### CHSAA-HAZING REPORTING AND DOCUMENTATION

I have read, understand and agree that it is my responsibility as a parent or participant to prevent and report hazing as outlined in the CHSAA Competitor's Brochure (as found on the CHSAA Site - www.chsaa.org). I understand that my school and/or program may have stricter guidelines.

Hazing - What is hazing?

Hazing is any action taken or situation created intentionally that causes embarrassment, harassment or ridicule, risks emotional and/or physical harm to members of a group or team, whether new or not, regardless of the person's willingness to participate.

#### STATEMENT OF UNDERSTANDING

#### **Registration Fee:**

The Board of Education has set the registration fee for HIGH SCHOOL athletics at \$200.00 per sport per athlete.

## **Condition for Fee Refund:**

1. Refunds will be made to athletes who are cut by their coach.

2. If an athlete moves from the school's attendance area or from the District, the fee will be refunded on a prorated basis.

3. Athletes who quit the sport, become academically ineligible or are suspended from participation for disciplinary reasons are not eligible for a refund.

## General:

The interscholastic programs within the Douglas County School District RE 1 are offered to supplement the goals and objectives of public high school education.

In order to make a contribution to the function and purpose of the total educational process, interscholastic activities must have as primary objectives the teaching of wholesome attitudes and disciplines. The programs must teach an appreciation for physical fitness, personal health, loyalty, personal sacrifice, dedication and teamwork.

In order to realize the potential of interscholastic programs, there are physical and mental disciplines which must be practiced.

## Medical:

I hereby give my consent for medical treatment deemed necessary by physicians designated by school authorities and/or for transportation to a hospital emergency room for treatment for any illness or injury resulting from his/her athletic participation.

I understand this authorization will only be enforced when I cannot personally be contacted and provide for immediate treatment.

## **District Website:**

I hereby give my consent to release pictures, name or other information pertaining to my student/athlete to use on a district website.

#### Academics:

Eligibility for competition in interscholastic activities is determined in accordance with the rules and regulations of the Colorado High School Activities Association, the Continental League, the Douglas County School District RE 1, and my high school.

## **TRANSPORTATION**

#### **DOUGLAS COUNTY SCHOOL DISTRICT RE-1**

#### **Transportation Awareness Consent and Release**

The Douglas County School District (the "District") is unable to provide District transportation in all circumstances and to all events. When District transportation is not available, it is the student's parent's/guardian's responsibility to provide or arrange for their student's transportation to and from the event.

When District transportation is not available and other alternative forms of transportation are utilized, the District cannot and does not assume any responsibility for the safety, training of drivers, condition of vehicles, adequacy for the use or purpose intended or any other matters related to any non-District transportation.

Therefore, we, the undersigned parent/guardian and student, hereby acknowledge, agree and understand that the District does not insure, endorse, approve or sponsor any form of non-District transportation, whether by parents, students or otherwise, to and from District off-campus activities or events. We further acknowledge it is our responsibility to provide or arrange for our/my child's transportation to District events when District transportation is not available. As such, we consent to our child's use of alternative means of transportation, including private vehicles and, if applicable, consent to our child's use of a vehicle to transport himself/herself to off-campus events. We hereby waive, release, discharge and agree to hold harmless and indemnify the District, its agents, employees, insurers and Board of Education, from any claim, cause of action, damage, injury, or demand of any nature, including bodily injury, property damage or death, arising from or sustained during or as a result of my/our child's utilization of or participation in any non-District transportation, whether furnished by us, our student, parent or otherwise.

#### Cross Country-Golf-Gymnastics-Swim/Dive-Tennis Teams

#### Site Management and Consent

Be advised that the school district personnel may not directly supervise your athlete at all times during the above mentioned sports. The school district will not assume responsibility for the student's conduct or safety in connection with these practices and/or matches.

As a student participant in the Douglas County Schools cross country, golf, gymnastics, swim/dive, and/or tennis programs, I recognize the dangers associated with the issues described and I agree to assume the risk involved while participating.

#### WAIVER OF LIABILITY AND RELEASE FOR USE OF PERSONAL SPORTS EQUIPMENT FOR PRACTICES AND GAMES

Execution of this waiver of liability and release is a condition of a student athlete's use of a personal sports equipment for practices and games for Douglas County School District ("DCSD").

Safety of student athletes while participating in an activity is one of DCSD's top priorities. To satisfy that priority, DCSD provides safety equipment to its players which it believes to be the most appropriate for the prevention of injury.

Should the participating student athlete and the parent or guardian want to use their own sports equipment, rather than the District's equipment, the participating student athlete and the parent or guardian must understand the risk associated with using personal equipment during practices and games. If this is the first year that the student is using the equipment, it must have been purchased new, and never have been used before in any practice, scrimmage, or game.

**Personal Equipment Requirements:** Any personal equipment provided by parents and used by a student during the season must meet all National Operating Committee of Standards for Athletic Equipment ("NOCSAE") certification standards. For helmets specifically, the equipment must have a permanent seal affixed to the exterior of its shell that contains a clearly legible statement from the manufacturer (and that can be read without removal of any tape, other temporary material or permanent part) to the following effect: "No helmet can prevent all head or neck injuries a player might receive while participating in sports."

**Personal Use and Care:** The student's use of personal equipment will be governed at all times, both on and off campus, by all applicable DCSD policies, as well as any additional rules, regulations, and restrictions that may be imposed by DCSD.

Each student's personal equipment will undergo pre-game inspections as often and in the same manner as District equipment. For helmets, they shall be fitted to the students according to the school's regular procedures for school helmets. Students may not not share personal equipment with any other person. Students must follow the instructions of the head coach, assistant coach volunteer coach, or any other school personnel with regard to the personal equipment If at any point, DCSD determines that the personal equipment is unfit for use or otherwise improperly cared for, it may require the student to use a school helmet, and the student will not be eligible to use personal equipment.

Annual Recertification For Helmets: Students may not use personal helmets if they have not been certified for the current athletic season (irrespective of whether they were worn during the previous calendar year.) Parents must obtain an inspection, reconditioning, and recertification of the personal helmet according to the most current National Athletic Equipment Reconditioners Association ("NAERA") and NOCSAE guidelines. All recertified helmets must be stamped, imprinted, or sealed with the NOCSAE recertification logo or trademark on the interior and exterior, indicating that the helmet has been reconditioned and recertified for the current athletic season.

All school helmets are sent for inspection, reconditioning, and recertification by the school on an annual basis. If the parent so elects, the personal helmet may be sent for inspection, reconditioning, and recertification with the school helmets, but parent shall remain responsible for reimbursing the cost of such inspection, reconditioning, and recertification.

If a parent wishes to obtain an independent, third-party inspection, reconditioning and recertification of the personal helmet, the company conducting it must be licensed by the NOCSAE and must follow all NAERA guidelines. That company must clean and sanitize all protective equipment in accordance with the original manufacturer's policies and procedures, remove incompatible paint, and paint helmets according to NOCSAE standards. All face protectors must be removed, inspected, and tested and must be NOCSAE approved. All replacement parts, including cage hardware and snap fixtures, must be new and must allow the helmet to meet or exceed original manufacturer's specifications. Parents must provide an invoice of the company's inspection, reconditioning, and recertification to the school's head athletic coach.

In consideration of electing to use a personal helmet in place of the District-issued helmet for games and practices, I hereby agree that I, on behalf of myself, my spouse, and my student, I hereby expressly waive,

disclaim, and release DCSD, its employees, and representatives from any claims, costs, liabilities, expenses and judgments related in any way to any injury sustained by as a result of my student's use of personal equipment rather than the District-issued equipment. I also agree to have my helmet recertified with a NOCSAE approved certification every year along with District-owned equipment. Verification of this re-certification will be provided to the head coach of my school no later than the first day of practice.

#### **SPORTING BEHAVIOR**

A student group made up of members from the Douglas County Student Advisory Group and student representatives of athletic programs at the high schools, met to discuss and work on sporting behavior with the schools in Douglas County. After discussion and feedback, two documents were developed. It is the hope of these students that their peers, as well as their supporters, work to understand and implement their ideals.

#### **Our Pledge for Sporting Behavior\***

I, as an athlete within Douglas County School District, understand the responsibilities and privileges of representing my school in competitive activities and, therefore, will maintain the high standards of sporting behavior.

I pledge to uphold the integrity of my team, my school and my community by:

- taking responsibility for all of my actions;
- demonstrating respect for everyone;
- being a positive role model;
- accepting the outcome of the event with dignity and class.

\*Developed and written by students representing all high schools in the Douglas County School District.

## DCSD PARENT SPORTSMANSHIP AGREEMENT

As a parent, I acknowledge that I am a role model, encouraging my child to develop lifelong values of respect, fairness, ethical behavior and responsibility. The purpose of school athletics and activities is to offer a positive learning experience for students. I understand that I must show respect for all players, coaches, spectators, officials and support groups, take responsibility for my actions and accept the outcome of the event. I understand the spirit of fair play and that good sportsmanship is expected by our school, our district and CHSAA.

If a parent is ejected by an official or removed by a school administrator, the following consequences will occur:

- 1. I understand that I will be asked to leave the contest immediately.
- 2. I will not be allowed to attend the next contest.
- 3. I must complete two National Federation of State High School Association classes, Sportsmanship and Positive Sport Parenting, before being allowed to return to school events.
- 4. I must meet with the school's Athletic Director before permission will be granted for me to return to school events.

5. A second ejection will result in a one year ban from all school events.

#### All parent/guardian and student signatures are required.

#### END OF WAIVER SECTION

#### STUDENT CODE OF CONDUCT

#### **BOARD POLICY JJI**

Conduct Rules for Students involved in Athletics and/or Activities The student involved in athletics or activities shall obey the <u>Training Rules and Expectations-Athletics</u> or <u>Training Rules and Expectations-Activities</u> agreed to by the student as a condition of participation in District interscholastic activities or athletics.

The student must be in attendance at school at least half of the day on the day of a game or practice, except in the case of a doctor's appointment or any other excused reason.

A student-athlete who violates any or all of the above rules is subject to suspension or expulsion from participation in athletic activities.

#### ATHLETIC AND ACTIVITY FEES

In order to support the district activities and athletic program, Douglas County School District has a participation fee. It is not intended that financial hardship should eliminate an athlete from participation. If the fee creates a financial hardship, please contact school officials.

#### **Fees for High School**

- Athletics \$200 will be charged per athlete for each sport in which the athlete participates. Cheer and Poms will be charged \$200 per year. Many sports may have additional costs which will be paid by athletes/families.
- Marching Band \$100 (additional \$20 uniform cleaning fee)
- Activity Card \$50 per year
- Extra/Co-curricular Activities Actual cost
- Extra/Co-curricular Dues Actual cost

The \$200 athletic fee for all participating athletes for each sport must be collected **PRIOR** to an athlete's participation in any sport.

Students that meet the requirements of qualification for the National Free and Reduced School Lunch Program will qualify for free or reduced athletic fees. Other athletes who have a financial hardship may arrange for a payment plan by submitting a written request to officials at their school. At each district high school, the athletic director will present alternatives to the fee schedule after reviewing the individual circumstances. **Finances should not prevent a student from participating in the athletic program.** 

#### **Refund Policy**

- A full refund will be made to a student who does not make the team.
- If an athlete moves from the school's attendance area or from the District, the fee will be refunded on a prorated basis.
- Athletes who quit the sport, become academically ineligible or are suspended from participation for disciplinary reasons are not eligible for a refund.

#### **COLLEGE BOUND ATHLETE RESOURCES:**

- NCAA Eligibility Center
- <u>NCAA Guide</u>
- <u>NCAA Approved Courses</u>
- <u>NAIA</u>

## GENERAL ACTIVITY PROCEDURES

Activity programs in the high schools contribute to the development of leadership, talent and creativity of the individual participant in an equitable and fair manner to produce an experience in secondary education that is valuable and fair. The general eligibility rules of the CHSAA shall apply to students participating in the following:

- Vocal Music
- Marching Band
- All-State Orchestra
- All-State Choirs
- All-State Band
- Speech/Debate
- Student Council

Each high school may establish their own guidelines to govern their activities beyond the CHSAA Bylaws. Participants in CHSAA Activities must check with your school's activities administrator for any clarification.

#### LETTERING

Students may earn academic, activity and athletic letters. Each high school and their programs have developed specific guidelines. Check with your school to understand the process and procedure to earn a letter.

#### **COLORADO HIGH SCHOOL ACTIVITIES ASSOCIATION** Continental League Sportsmanship Expectations

1. Be supportive of your team no matter the outcome, win or lose.

2. Understand that it's just a game and players, coaches and officials all make mistakes.

3. Treat the other team and their fans as guests in your own house.

4. BOTTOM LINE: Be Respectful