



FREE SCHOOL MEALS

FOR ALL STUDENTS!

Lehigh Area School District will continue the Community Eligibility Program (CEP) throughout the 2024-2025 school year.

WHAT DOES THIS MEAN FOR YOUR CHILD/CHILDREN?

He or she is eligible for FREE BREAKFAST and FREE LUNCH at school during the 2024-2025 school year. Your child/children can participate in school breakfast and lunch without having to pay any fees. We encourage all families to complete the 2024-2025 Household Application for Free and Reduced Price School Meals, which can be found under “Food Service” on the district website.

ALL MEALS MEET FEDERAL AND STATE GUIDELINES.

All meals will meet federal and state guidelines. Students must take 3 of the 4 items offered at breakfast, and 1 of those items must be a 1/2 cup fruit. At lunch, students must take 3 of the 5 items offered and 1 of those items must be a 1/2 cup fruit or vegetable.

We are excited to introduce the “Pack and Carry” Option! Students that still want to pack a lunch may do so and also still participate in school lunch. We offer fresh fruits (apple, banana, orange, etc.), fresh veggies (baby carrots or tossed salad for example) and a choice of milk for students to take as they go through the serving lines. These items, along with the packed items, will help complete their lunch at no additional cost to you.

ARE ALA CARTE ITEMS INCLUDED?

Students who wish to purchase an extra entree, one of our snack options, or just milk must pay for them. This program does not apply to ala carte items.

CONVENIENTLY MANAGE STUDENT ACCOUNTS.

You can add money for your student(s) account to purchase extra meal items or snacks, identify when and what your child/children are eating, and receive low balance account notice by visiting your online payment service, School Café. This service can be found under “Food Service” on the district website.

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Lehigh Area School District
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610 377 4490 ext 4012
08/08/2024



Lehigh Area School District

Student Meals are FREE

for 2024-2025 School Year

Lehigh Area School District will continue the Community Eligibility Program (CEP)

This means all student meals are at NO cost to Families regardless of income for the 2024-2025 school year.

Students may continue to purchase snacks and Ala carte entrée selections. A student must have a positive student account fund balance for such purchases.

For more information, please contact the Director of Food and Nutrition, Nicole Hayes nhayes@lehigh.org 610 377 4490 ext 4012



OFFER VS. SERVE

What Does It Mean?

With lunch, you must take a fruit or vegetable to make a complete reimbursable meal.

Please keep in mind most of our entrees count as 2 items.

BREAKFAST

**STUDENTS MUST CHOOSE
3 OR 4 ITEMS TO MAKE
A REIMBURSABLE
BREAKFAST**

GRAIN

May take ONE OR TWO grain items (depending on size of item)

When available, a meat item may be offered in place of a grain item

FRUIT*

May take up to TWO half-cup fruit choices (MUST take at least one)

When available, a vegetable may be offered in place of a fruit choice

MILK

May take a cup of milk (8 oz.)

*MUST take at least 1 serving of fruit (or vegetable when offered)



ELEMENTARY

LUNCH

**STUDENTS MUST TAKE
3, 4 OR 5 COMPONENTS
TO MAKE A
REIMBURSABLE LUNCH**

GRAIN

May take ONE 2 oz. grain item (most entrees are 2 oz.)

PROTEIN

May take ONE 2 oz. protein item (most entrees are 2 oz.)

FRUIT*

May take ONE half-cup fruit choice

VEGETABLE*

May take TWO half-cup vegetable choices

MILK

May take a cup of milk (8 oz.)

*Must take at least one 1/2 serving of a fruit or vegetable

OFFER VS. SERVE

What Does It Mean?

With lunch, you must take a fruit or vegetable to make a complete reimbursable meal.

Please keep in mind most of our entrees count as 2 items.

BREAKFAST

STUDENTS MUST CHOOSE 3 OR 4 ITEMS TO MAKE A REIMBURSABLE BREAKFAST

GRAIN

May take ONE OR TWO grain items (depending on size of item)

When available, a meat item may be offered in place of a grain item

FRUIT*

May take up to TWO half-cup fruit choices (MUST take at least one)

When available, a vegetable may be offered in place of a fruit choice

MILK

May take a cup of milk (8 oz.)

*MUST take at least 1 serving of fruit (or vegetable when offered)



SECONDARY

LUNCH

STUDENTS MUST TAKE 3, 4 OR 5 COMPONENTS TO MAKE A REIMBURSABLE LUNCH

GRAIN

May take ONE 2 oz. grain item (most entrees are 2 oz.)

PROTEIN

May take ONE 2 oz. protein item (most entrees are 2 oz.)

FRUIT*

May take TWO half-cup fruit choices

VEGETABLE*

May take TWO half-cup vegetable choices

MILK

May take a cup of milk (8 oz.)

*Must take at least one serving of fruit or vegetable