

OCTOBER | 2024

INTERMEDIATE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30
Chicken Tenders, Curly Fries or Glazed Carrots or Fresh Broccoli, Asst. of Fruit, Milk

1
Cheese Quesadilla, Sliced Cucumbers or Ranch Corn or Refried Beans or Side Salad, Asst. of Fruit, Milk

2
Cheese or Pepperoni Pizza, Green Beans or Baby Carrots or Green Peppers, Asst. of Fruit, Milk

3
Mini Corn Dogs, Fries or Side Salad or Steamed Broccoli or Cherry Tomatoes, Asst. of Fruit, Milk

4
French Toast with Sausage Links, Potato Rounds or Mixed Vegetables or Celery, Asst. of Fruit, Milk

7
Pull Apart Bread, Baby Carrots or Celery or Peas, Asst. of Fruit, Milk

8
Popcorn Chicken, Side Salad or Baby Carrots or Mashed Potatoes or Green Beans, Asst. of Fruit, Milk

9 Great Apple Crunch Day
Hot Dog or Cheese Dogs, Potato Wedges or Baked Beans or Corn or Cucumbers, Asst. of Fruit, Milk, Apple Crisp

10
Pasta with Meatballs and Breadstick, Side Salad or Broccoli & Cheese or Sliced Peppers, Asst. of Fruit, Milk

11
Bosco Sticks, Cherry Tomatoes or Mixed Vegetables or Fresh Broccoli, Asst. of Fruit, Milk

14
Hamburger or Cheeseburger, Fries or Steamed Carrots or Fresh Broccoli, Asst. of Fruit, Milk

15
Mini Sausage Pancake Wraps, Side Salad or Potato Rounds or Baby Carrots or Ranch Corn, Asst. of Fruit, Milk

16
Grilled Cheese, Tomato Soup, Green Peppers or Green Beans or Side Salad, Asst. of Fruit, Milk

17
Walking Taco, Refried Beans or Steamed Broccoli or Cucumbers, Asst. of Fruit, Milk



23
Fish Sticks, Peas or Green Peppers or Side Salad or Fries, Asst. of Fruit, Milk

24
Mac & Cheese, Broccoli & Cheese or Side Salad or Cherry Tomatoes, Asst. of Fruit, Milk

25
Stuffed Crust Pizza, Green Beans or Baby Carrots or Celery, Asst. of Fruit, Milk

28
Chicken Tenders, Curly Fries or Glazed Carrots or Fresh Broccoli, Asst. of Fruit, Milk

29
Cheese Quesadilla, Sliced Cucumbers or Ranch Corn or Refried Beans or Side Salad, Asst. of Fruit, Milk

30
Cheese or Pepperoni Pizza, Green Beans or Baby Carrots or Green Peppers, Asst. of Fruit, Milk

31
Mini Corn Dogs, Fries or Side Salad or Steamed Broccoli or Cherry Tomatoes, Asst. of Fruit, Milk

1
French Toast with Sausage Links, Potato Rounds or Mixed Vegetables or Celery, Asst. of Fruit, Milk

News

Breakfast is Free! Each Student Can Get One Free Breakfast Each Day!

Lunch Price is \$2.75

ALTERNATIVE LUNCH
Mon-Uncrustable w/ Yogurt

Tues-Uncrustable/Ham Sub

Wed-Uncrustable w/ String Cheese

Thurs-Uncrustable/ Turkey Sub

Fri- Uncrustable w/ Yogurt & Goldfish

Fresh Fruit Daily
1% Chocolate or White Milk Extra Milk \$.50

Applications for 24/25 Lunch Assistance Can Be Found on Our Website
Kankakee Valley School Food Service Department
219-987-4711

Ext: 1117

“This Is an equal opportunity provider
Menu Subject to change”