

# OCTOBER | 2024

## MIDDLE SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30

Regular or Spicy Chicken Sandwich, Fresh Broccoli or Baby Carrots or Green Beans or Fries or Baked Beans, asst. of Fruit, Milk

1

Orange Chicken with Rice/Cornbread, Sliced Cucumbers or Ranch Corn or Celery or Side Salad, Asst. of Fruit, Milk

2

Cheese or Pepperoni Pizza, Green Beans or Green Peppers or Baby Carrots, Asst. of Fruit or Juice, Milk

3

Mini Corn Dogs, Fries or Side Salad or Steamed Broccoli or Cherry Tomatoes, Asst. of Fruit or Juice, Milk

4

French Toast Sticks and Sausage Links, Fresh Broccoli or Mixed Vegetables or Celery or Potato Rounds, Asst. of Fruit or Juice, Milk

7

Fiesta Pizza, Baby Carrots or Celery or Peas, Asst. of Fruit or Juice, Milk

8

Popcorn Chicken, Side Salad or Green Beans or Fresh Broccoli or Mashed Potatoes, Asst. of Fruit or Juice, Milk

9

**Great Apple Crunch Day**  
Chili Cheese Dogs, Potato Wedges or Baked Beans or Corn or Green Peppers, Asst. of Fruit or Juice, Milk, Apple Crisp

10

Mostaccioli with Breadstick, Side Salad or Baby carrots or Cucumbers or Broccoli & Cheese, Asst. of Fruit or Juice, Milk

11

Bosco Sticks, Cherry Tomatoes or Mixed Vegetables or Celery, Asst. of Fruit or Juice, Milk

14

Hamburger or Cheeseburger, Fries or Steamed Carrots or Fresh Broccoli, Asst. of Fruit or Juice, Milk

15

French Bread Pizza, Side Salad or Baby Carrots or Ranch Corn or Celery, Asst. of Fruit or Juice, Milk

16

Grilled Cheese, Fries or Side Salad or Green Peppers or Green Beans, Asst. of Fruit or Juice, Milk

17

Walking Taco, Refried Beans or Steamed Broccoli or Cucumbers or Cherry Tomatoes, Asst. of Fruit or Juice, Milk



23

Pull Apart Bread, Peas or Cherry Tomatoes or Green Peppers or Side Salad, Asst. of Fruit or Juice, Milk

24

Mac & Cheese with Dinner Roll, Broccoli & Cheese or Side Salad or Celery, Asst. of Fruit or Juice, Milk

25

Stuffed Crust Pizza, Green Beans or Baby Carrots or Fresh Broccoli, Asst. of Fruit or Juice, Milk

28

Regular or Spicy Chicken Sandwich, Fresh Broccoli or Baby Carrots or Green Beans or Fries or Baked Beans, asst. of Fruit, Milk

29

Orange Chicken with Rice/Cornbread, Sliced Cucumbers or Ranch Corn or Celery or Side Salad, Asst. of Fruit, Milk

30

Cheese or Pepperoni Pizza, Green Beans or Green Peppers or Baby Carrots, Asst. of Fruit or Juice, Milk

31

Mini Corn Dogs, Fries or Side Salad or Steamed Broccoli or Cherry Tomatoes, Asst. of Fruit or Juice, Milk

1

French Toast Sticks and Sausage Links, Fresh Broccoli or Mixed Vegetables or Celery or Potato Rounds, Asst. of Fruit or Juice, Milk

### News

**Breakfast is Free! Each Student Can Get One Free Breakfast Each Day!**

Lunch Price is \$2.85  
Gran and Go Lunches Available Daily Which Include Fresh Salads, Sub Sandwiches and Wraps

Fresh Fruit Daily  
1% Chocolate or White Milk Extra Milk \$.50

Applications for 24/25 Lunch Assistance Can Be Found on Our Website

Kankakee Valley School  
Food Service  
Department  
219-987-4711  
Ext: 1117

“This Is an equal opportunity provider  
Menu Subject to change”