

OCTOBER 2024

GRISWOLD PUBLIC SCHOOLS

BREAKFAST



BREAD OFFERINGS ARE WHOLE GRAIN. MILK OFFERINGS ARE 1% WHITE OR FAT FREE FLAVORED. MILK IS OFFERED AT EVERY MEAL.



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

ASSORTED CEREAL
TEDDY GRAHAMS
PEACHES

7

ASSORTED
BREAKFAST
BREADS
APPLESAUCE

8

EGG & CHEESE
SANDWICH
PEARS

9

ASSORTED
BREAKFAST
BREADS
FRESH APPLE

10

ASSORTED
CEREAL
TEDDY GRAHAMS
ORANGES

11

ASSORTED CEREAL
TEDDY GRAHAMS
PEACHES

14

ASSORTED
BREAKFAST
BREADS
APPLESAUCE

15

EGG & CHEESE
SANDWICH
PEARS

16

ASSORTED
BREAKFAST
BREADS
FRESH APPLE

17

ASSORTED
CEREAL
TEDDY GRAHAMS
ORANGES

18

ASSORTED CEREAL
TEDDY GRAHAMS
PEACHES

21

ASSORTED
BREAKFAST
BREADS
APPLESAUCE

22

EGG & CHEESE
SANDWICH
PEARS

23

ASSORTED
BREAKFAST
BREADS
FRESH APPLE

24

ASSORTED
CEREAL
TEDDY GRAHAMS
ORANGES

25

ASSORTED CEREAL
TEDDY GRAHAMS
PEACHES

28

ASSORTED
BREAKFAST
BREADS
APPLESAUCE

29

EGG & CHEESE
SANDWICH
PEARS

30

ASSORTED
BREAKFAST
BREADS
FRESH APPLE

31

