



ADDITIONAL CHOICES AVAILABLE DAILY. CHOICES ARE PB&J, TURKEY SANDWICH, CHEF SALAD OR CHEF'S SPECIAL. BREAD OFFERINGS ARE WHOLE GRAIN. MILK OFFERINGS ARE 1% WHITE OR FATFREE FLAVORED. MILK IS OFFERED AT EVERY MEAL



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCHES:

Free to anyone who qualifies

CHILD- \$4.00

ADULT- \$5.00

BEEF NACHOS
BEANS & CORN
PEARS
MILK

1

CHEESEBURGERS
FRENCH FRIES
BROCCOLI
ORANGES
MILK

2

FRENCH TOAST STICKS
SAUSAGE
HASHBROWNS
CARROTS
PEACHES & MILK

3

PIZZA CHOICE
TOSSED SALAD
STRAWBERRIES

4

CHICKEN PATTY
FRENCH FRIES
CORN
APPLESAUCE
MILK

7

SOFT SHELL TACO
RICE & BEANS
CORN
PEACHES
MILK

8

PASTA W/ MEATSAUCE
GARLIC KNOT
GREENBEANS
MIXED FRUIT
MILK

9

MOZZERELLA STICKS
CARROTS
BREADSTICK
APPLE
MILK

10

NO SCHOOL

11

NO SCHOOL
COLUMBUS/
INDIGENOUS
PEOPLE DAY

14

CHEESEBURGER
FRENCH FRIES
BROCCOLI
PEARS
MILK

15

QUESADILLA
RICE & BEANS
CORN
PEACHES
MILK

16

GRILLED CHEESE
TOMATO SOUP
CARROTS
APPLESAUCE
MILK

17

PIZZA CHOICE
TOSSED SALAD
STRAWBERRIES
MILK

18

CHICKEN NUGGETS
FRENCH FRIES
CORN
APPLESAUCE
MILK

21

BEEF NACHOS
BEANS & CORN
PEARS
MILK

22

CHEESEBURGER
FRENCH FRIES
BROCCOLI
ORANGES
MILK

23

FRENCH TOAST STICKS
SAUSAGE
HASHBROWNS
CARROTS
PEACHES & MILK

24

PIZZA CHOICE
TOSSED SALAD
STRAWBERRIES
MILK

25

CHICKEN PATTY
FRENCH FRIES
CORN
APPLESAUCE
MILK

28

SOFT SHELL TACO
RICE & BEANS
CORN
PEACHES
MILK

29

PASTA W/ MEATSAUCE
GARLIC KNOT
GREENBEANS
MIXED FRUIT
MILK

30

MOZZERELLA STICKS
CARROTS
BREADSTICK
APPLE
MILK

31

