SECONDARY 2024

MPS True Foo

French Toast with Chicken Sausage Patty

OR

Yogurt Parfait with Granola, Assorted Cereals. Hard Boiled Egg

Chicken Sausage or Egg & Cheese **English Muffin** Sandwich

★ Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick

Egg & Cheese Breakfast Flatbread

OR

★ Yogurt Parfait with Granola. Assorted Cereals, Hard Boiled Egg

Turkey Chorizo Egg Breakfast Tacos

OR

★ Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick

Egg & Cheese Omelet with Apple Cinnamon **Breakfast Bread**

OR

Yoqurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

Fluffy Blueberry Baked Pancakes with Turkey Sausage Links

OR

★ Yogurt Parfait with Granola, Assorted Cereals. Cheese Stick

Chicken Sausage or Egg & Cheese Biscuit Sandwich

OR

掩 Yogurt Parfait with Granola. Assorted Cereals, Hard Boiled Egg

掩 Potato, Egg & Turkey Sausage Casserole

OR

★ Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick

♠ Breakfast **Burrito with Turkey** Chorizo

掩 Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

NO SCHOOL

French Toast with Chicken Sausage Patty

€ Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

Chicken Sausage or Egg & Cheese **English Muffin** Sandwich

OR

Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick

Egg & Cheese Breakfast Flatbread

OR

€ Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

Turkey Chorizo Egg Breakfast Tacos

OR

Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick

Egg & Cheese Omelet with Apple Cinnamon Breakfast Bread

Nogurt Parfait with Granola, Assorted Cereals, Hard Boiled Ega

st.2012

SELECTION OF FRUIT & MILK FERED DAILY

Know Your Food & Farm to School

Due to supply chain and distribution issues impacting our district an