

Partnership With Applied Therapies and Wellness

We are pleased to announce that Applied Therapies and Wellness will have a branch office located right at Parkway Elementary School, staffed with a clinical professional. Your child can be seen during the school day at a convenient time in their schedule. This partnership allows for greater accessibility to mental health treatment for kids and families. If you are interested in utilizing this resource for your child, contact Applied Therapies and Wellness in the following ways:

1. Email: appointment@appliedtherapiesandwellness.com please include your phone number in the email.
2. If it's easier to call than email, you can connect at the following number: (262) 825-5820 (referral line), or 414-302-1233 (clinic).

Sarah Clubb, Psychotherapist MSW, APSW



Sarah is a Certified Advanced Practice Social Worker who completed her internship at Applied Therapies and Wellness Center, S.C., in 2021. She graduated with her bachelor's degree and master's degree in social work from the University of Wisconsin-Whitewater.

Sarah has experience providing therapy to children 4 years old and older, adolescents, adults, and families. She has previous experience working as a case manager with adolescents and adults. Sarah believes the incorporation of family dynamics, culture, and life experiences are essential for every therapy session.

Sara incorporates therapeutic techniques of Cognitive Behavioral Therapy (CBT), Client-Centered Therapy, and Play Therapy techniques as well as Trauma-Informed Care. The techniques she incorporates are adapted to the needs of each client and family she works with.

sclubb@appliedtherapiesandwellness.com