

OCTOBER 2024

LUNCH



School Information: School Information: K-5 Lunch Price \$3.50, 6-12 Lunch Price \$3.75 Reduced Lunch Price \$.40 Alternates are only available to Jr/High School Students since they are Offer vs. Serve



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY

This institution is an equal opportunity provider. Menu is subject to change without notification.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pig in a Blanket, Roasted Red Potatoes, Broccoli w/Cheese, Apple Slices, **Canned Fruit (6-12)**, and Milk
Alternate: Uncrustable

Super Nachos, **Tortilla Chips (9-12)**, Red Bell Pepper Slices, Sliced Cucumbers, Peaches, Cinnamon Roll, **Canned Fruit (6-12)**, and Milk
Alternate: Popcorn CK

Chicken Nuggets, WW Roll, Mashed Potatoes, Gravy, Tossed Salad, Sliced Pears, **Fresh Fruit (6-12)**, and Milk
Alternate: Pulled Pork Snd

Calzone, Green Beans, Grapes, **Honey Apple Crisp Apple (9-12)**, **Canned Fruit (6-12)**, and Milk
Alternate: Breaded CK Snd

Mac & Cheese, **WW Roll (6-12)**, Baked Beans, Baby Carrots, Apple Salad, **Canned Fruit (6-12)**, and Milk
Alternate: Pepperoni Pizza

Cheese Pizza, Broccoli Florets, Baby Carrots, Citrus Fruit, **Canned Fruit (6-12)**, and Milk
Alternate: Grilled CK Snd

Chicken Tenders, Brown Rice, Chopped Salad, Sauteed Zucchini, Tropical Fruit, **Cookie (9-12)**, **Fresh Fruit (6-12)**, and Milk
Alternate: Chicken Taco

Spaghetti w/Meat Sauce, Garlic Bread, Garden Salad, Green Beans, Mandarin Oranges, **Canned Fruit (6-12)**, and Milk
Alternate: Hamburger

Corndog, Celery & Carrot Sticks w/Ranch, Cole Slaw, Watermelon, **Snowball Salad (6-12)**, and Milk
Alternate: Yogurt Parfait

Popcorn Chicken, **WW Roll (6-12)**, Mashed Potatoes, Corn, Grapes, **Fresh Fruit (6-12)**, and Milk
Alternate: Turkey & Cheese Sub

Fall Break
No School

Mini Corn Dogs, French Fries, Steamed Peas, Fresh Banana, **Canned Fruit (6-12)**, and Milk
Alternate: Cooks Choice

Hot Dog on Bun, Green Beans, Tater Tots, Fruit Cocktail, Snickerdoodle, **Fresh Fruit (6-12)**, and Milk
Alternate: Hamburger on Bun

Fall Break
No School

Fall Break
No School

Pork Rib On Bun, Lettuce Leaf, Tomato Slice, Sweet Potato Fries, Apple, **Canned Fruit (6-12)**, and Milk
Alternate: Uncrustable

Chicken Nuggets, Baked Beans, Garden Salad, Strawberries, **Canned Frit (6-12)**, and Milk
Alternate: Chicken Crispito w/Tortilla Chips

Chicken Quesadilla Pizza, **Tortilla Chips (9-12)**, **Black Bean Salsa (9-12)**, Broccoli, Baby Carrots, Cantaloupe, **Canned Fruit (6-12)**, and Milk
Alternate: Yogurt Parfait

Bosco w/Marinara, Corn, Garden Salad, Assorted Apples, **Fresh Fruit (6-12)**, and Milk
Alternate: Turkey & Cheese Sub

Cheeseburger on Bun, Lettuce Leaf, Tomato Slice, Oven Fries, Mixed Fruit, **Fresh Fruit (6-12)**, and Milk
Alternate: Fruit Yogurt Parfait w/Muffin

Super Nachos, Mixed Bell Pepper Slices, Cucumber Slices, Peaches, Cinnamon Roll, **Canned Fruit (6-12)**, and Milk
Alternate: Popcorn Chicken

Chicken Nuggets, WW Roll, Mashed Potatoes, Gravy, Sliced Pears, **Fruit Cup (6-12)**, and Milk
Alternate: Pulled Pork Snd

Calzone, Green Beans, Grapes, **Honey Apple Crisp (6-12)**, **Canned Fruit (6-12)**, and Milk
Alternate: Breaded Chicken Snd

