

OCTOBER 2024

BREAKFAST



**School Information: School Information: K-5
Lunch Price \$3.50, 6-12 Lunch Price \$3.75
Reduced Lunch Price \$.40
Alternates are only available to Jr/High
School Students since they are Offer vs. Serve**



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!



MONDAY

Menu is subject to change without notification.

This institution is an equal opportunity provider.

TUESDAY

Assorted Cereal or Pop Tart
Sausage Patty
Diced Pears
Fruit Juice Choice
Milk Choice

1

WEDNESDAY

Chicken Biscuit Snd or Cereal
Mixed Fruit Cup
Fruit Juice Choice
Milk Choice

2

THURSDAY

Pancake on Stick or Cereal
Strawberries
Fruit Juice Choice
Milk Choice

3

FRIDAY

Biscuit & Gravy
Orange Slices
Fruit Juice Choice
Milk Choice

4

French Toast Sticks w/Syrup or Cereal
Grapes
Fruit Juice Choice
Milk Choice

7

Oatmeal Breakfast Round or Cereal
Yogurt Cup
Strawberries & Bananas
Fruit Juice Choice
Milk Choice

8

Bagel w/Toppings or Cereal
Apple
Fruit Juice Choice
Milk Choice

9

Blueberry Muffin or Cereal
Mandarin Oranges
Fruit Juice Choice
Milk Choice

10

Biscuits & Gravy
Sliced Peaches
Fruit Juice Choice
Milk Choice

11

Sausage Breakfast Snd
Pineapple Chunks
Fruit Juice Choice
Milk Choice

14

Assorted Cereal or Pop Tarts
Fruit Cocktail
Fruit Juice Choice
Milk Choice

15

Fall Break
No School

16

Fall Break
No School

17

Fall Break
No School

18

Mini Waffles w/Syrup or Cereal
Fresh Pineapple
Fruit Juice Choice
Milk Choice

21

Pancakes w/Sausage Links or Cereal
Tropical Fruit
Fruit Juice Choice
Milk Choice

22

Coffeecake or Cereal
Citrus Fruit Cup
Fruit Juice Choice
Milk Choice

23

Western Omelet w/Salsa
Grapes
Fruit Juice Choice
Milk Choice

24

Biscuits & Gravy
Applesauce
Fruit Juice Choice
Milk Choice

25

Assorted Pop Tarts or Cereal
Yogurt Cup
Apple
Fruit Juice Choice
Milk Choice

28

Breakfast Pita w/Salsa
Sliced Pears
Fruit Juice Choice
Milk Choice

29

Cinnamon Roll
Mandarin Oranges
Fruit Juice Choice
Milk Choice

30

Orange & Pumpkin Muffin
Graham Snacks
Fresh Kiwi
Fruit Juice Choice
Milk Choice

31

