

# School-Based Suspension Diversion (Substance)

Students experiencing educational troubles due to substance use who are referred will be placed into one of the two following groups based on DAST scores provided by JeffCo schools.

## Level 1 Prevention

This is a two-week group for low risk students to teach generalizable coping skills. Group meets virtually every Wednesday from 4pm-5pm.

## Level 2 Therapeutic

Six week group will provide psychoeducation of drugs impact on the brain and body, dealing with stress and emotions, as well as development of coping skills toward sobriety. Group meets virtually every Tuesday from 4pm-5:15pm.

**Clinical Assessment is required**