

BREAKFAST MENU

New York Mills
Jr./Sr. High School

Breakfast is Free | Menu is subject to change | For more information, contact hdussault@oneida-boces.org

OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pancake Sausage Stick	2 Apple Frudel	3 Whole Grain Bagel with Cream Cheese	4 Nature Valley Oatmeal Round
7 Mini Cinni	8 Whole Grain Pancakes	9 Breakfast Pizza	10 Snackin' Waffle	11 No School!
14 No School!	15 Breakfast Sandwich	16 Assorted Whole Grain Muffins & Yogurt	17 Mini Cinni	18 Apple Frudel
21 Whole Grain Bagel with Cream Cheese	22 Pancake Sausage Stick	23 Snackin' Waffle	24 Nature Valley Oatmeal Round	25 Mini Cinni
28 Apple Frudel	29 Breakfast Sandwich	30 Whole Grain Pancakes	31 Assorted Whole Grain Muffins & Yogurt	



- Available Daily**
- Yogurt
 - Assorted Whole Grain Cereals
 - Fresh Fruit
 - Chilled Fruit Juice
 - Ice Cold New York State Milk

OHM BOCES Food Service is an Equal Opportunity Employer.



LUNCH MENU

New York Mills
Jr./Sr. High School

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OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Taco Tuesday 1 Beef Tacos Lettuce, Tomato & Cheese Cup Deli Turkey Sandwich ★Fresh Corn on the Cob	Brunch for Lunch! 2 French Toast Sticks Breakfast Sausage Deli Ham Sandwich Golden Hashbrown	Macaroni & Cheese 3 Or Buffalo Style Macaroni & Cheese Mixed Deli Sandwich ★Carrots	World Smile Day 4 Pizza Party! 😊 Cheesy Cheese or Pepperoni Pizza Fresh Green Salad
Homestyle 7 Chicken Tenders Plain or Buffalo Goldfish Crackers Tuna Salad Sandwich Broccoli	Chicken & Cheese 8 Quesadilla Deli Turkey Sandwich ★Corn	Backyard BBQ 9 Hamburger or Cheeseburger Deli Turkey Sandwich ★Roasted Ranch Potatoes	Dip N' Sip 10 Grilled Cheese Sandwich & Tomato Soup Mixed Deli Sandwich	11 No School!
14 No School!	Happy National 15 School Lunch Week! Crispy Chicken Sandwich Tuna Salad Sandwich Broccoli	Mozzarella Sticks 16 with Dipping Sauce Deli Turkey Sandwich ★Green Beans ★Black Bean Brownies	Game Day Buffalo 17 Chicken Dip with Soft Pretzel & Celery Sticks Deli Ham Sandwich Grape Slushie ★Roasted Cauliflower	18 Pizza Party! Cheesy Cheese or Garlic Pizza Fresh Green Salad
Boneless 21 Chicken Bites Dinner Roll Tuna Salad Sandwich Broccoli	22 Nachos & Queso Deli Turkey Sandwich ★Corn	23 Italian Dunkers with Dipping Sauce Deli Ham Sandwich Green Beans	24 ★New York's Own Dino's Meatball Sub Mixed Deli Sandwich ★Rainbow Carrots ★Miss Mila's Cookie	National Pizza 25 Month Pizza Party! Cheesy Cheese or Buffalo Chicken Pizza Fresh Green Salad
Homestyle 28 Chicken Tenders Plain or Garlic Parmesan Goldfish Crackers Tuna Salad Sandwich Broccoli	Taco Tuesday 29 Beef Tacos Lettuce, Tomato & Cheese Cup Deli Turkey Sandwich ★Corn	30 Max Pizza Sticks Deli Ham Sandwich ★Green Beans	Happy Halloween! 31 Dip N' Sip Grilled Cheese Sandwich & Tomato Soup Mixed Deli Sandwich	Substitute and daily Food Service Staff needed in a number of area schools - Call 315.223.6068 for more information



Available Daily

- Fresh Entree Salads
- Party Plates
- Peanut Butter & Jelly Sandwich
- Fresh Subs and Wraps
- Assorted Fresh Fruit
- Vegetable Cruncher Cups
- Variety of Fresh Fruit & Juice
- Ice Cold New York State Milk

Local Items this Month

- Milk, Yogurt, Meatballs, Corn,
- Fresh Corn on the Cob, Rainbow Carrots, Potatoes, Cauliflower,
- Grape Slushie, Miss Mila's Cookie

★ Local items are indicated with a star on the menu

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