Dr. Aleya Shoieb
Superintendent of Schools
ashoieb@rahway.net

Rahway Public Schools

Kline Place
P.O. Box 1024
Rahway, NJ 07065
(732) 396-1000

ILLNESS EXCLUSION PROCEDURE

(NON-COVID RELATED)

24 Hour Rule

(up to and including 1 full school day)

The best way to prevent the spread of illness in our schools is for children to stay home when they are sick. Below is a list of the most commonly seen illnesses and the exclusion time from school required by Rahway Public Schools:

- Please note if your child is sent home for any of the following reasons they must remain home the following school day and may return when cleared by the school nurse.

FEVER
Any child with a temperature of **100** degrees or more is excluded from school. Children must be **FEVER-FREE (temperature below 100 degrees without the use of fever-reducing medicine) for up to and including 1 full school day, BEFORE** returning to school. Children's temperatures do not remain constant throughout the day. It is important to check your child's temperature a few times throughout the day, not just in the morning or at night, to be certain they have completely recovered from their illness.

VOMITING AND/OR DIARRHEA
Children with stomach viruses often do not have a fever. It is difficult to know whether a child's vomiting or diarrhea is caused by a virus, something they ate or some other reason; therefore, any child who vomits or has diarrhea is excluded from school. Children who vomit or have diarrhea should remain home until they have **not vomited or had diarrhea for up to and including 1 full school day**. Children should be **tolerating regular meals** without discomfort before returning to school.

COUGH
Children who are **coughing continuously** should remain home if; the cough is such that it interferes with their ability **OR** the ability of others to concentrate on school work, **even if they are fever-free**.

STREP THROAT
Children diagnosed with *strep throat* need to be on **antibiotic therapy for a full 24 hours AND fever-free for up to and including 1 full school day** before returning to school.

PINK EYE
Children diagnosed with *bacterial conjunctivitis* need to be on **antibiotic therapy for a full 24 hours AND have no purulent discharge** from the eye(s) before returning to school.

INFLUENZA-LIKE ILLNESS (ILI)
Children with a **fever, cough and/or sore throat** are considered to have ILI. Children with ILI should stay home & not go into the community (except to seek medical care) **for up to and including 1 full school day after being fever-free without the use of fever-reducing medicine**. Children should feel well enough to perform regular school activities before returning to school.

INFECTIOUS SKIN CONDITIONS

Children must be on medical treatment prescribed by their physician **for up to and including 1 full school day** prior to returning to school. For open and/or draining lesions, exposed areas must remain covered while in school. A **physician's note** stating the condition is no longer contagious may be required by the school nurse in order for the student to return to school.

OTHER

The above list is **NOT** inclusive of all conditions. District nurses may use nursing judgment and **may require medical clearance for up to and including 1 full school day**.

IMPORTANT NOTE: Please be sure PowerSchool has accurate phone numbers where you can be reached during the school day in the event of an illness or emergency. Please list an emergency contact of someone who can pick up the student. Students must be picked up within 30 minutes when being sent home sick.

WE ARE NOT PERMITTED TO SEND A SICK CHILD HOME ON THE BUS OR PERMITTED TO WALK HOME IF THEY ARE BEING SENT HOME BEFORE DISMISSAL

Rahway Public Schools
District Nurses

Your School Nurse may be reached @ 732- 396-1000

Franklin: Ext **1053**
Grover Cleveland: Ext **1043**
Madison: Ext **1054**
Roosevelt: Ext **1058**
7&8th Grade Academy: Ext **1098**
High School: Ext **1088**
Preschool**: 732-827-7204**