

SEP 2024

# THE CAINSELOR CONNECTION

## Welcome to our First Issue!

We are excited to connect with you and share information throughout the year. In this issue, we will define the role of a Counselor, share the contact information of your Klein Cain Counseling Team, and provide a grade-specific overview of things to keep in mind for Semester 1.

### Role of a High School Counselor

High school counselors provide support to students with their educational, career, personal, social and post secondary goals. As your high school counselors, we're here to guide and support you through every aspect of your high school journey. Whether you're navigating educational choices, exploring career paths, handling personal or social challenges, or preparing for post-secondary plans, we're here to help you succeed. Our goal is to ensure you have the tools and support you need to achieve your goals and make the most of your high school experience. Remember, no matter what challenges you face, we are here to help you find solutions and stay on track.

### Upcoming Events

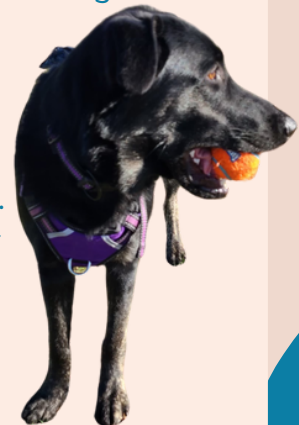
- ✱ Career & College Summit 9/10
- ✱ Open House 9/11
- ✱ Senior Presentations begin 9/10

### Connect with us!

- ✱ Insta @kleincaincounselors
- ✱ Insta @hurricane.\_fiona
- ✱ <https://bit.ly/KleinCainCounselors>

### Meet Fiona!

Fiona is our Klein Cain Therapy Dog. She turned 1 in May, so she is still learning and training. Our Paws for Purpose students train her under the supervision of a professional trainer. We are thankful for the Klein Education Foundation for sponsoring her!



# Meet the Cainselor Team!



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Ms. Milo

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# Semester 1 Focus

## Grade 9

- Start the year strong!
- Your academic record and GPA are cumulative and start the first day of high school
- Check your grades in Skyward regularly
- Find out when tutoring is offered
- Do not wait until the end of the grading period to get help
- Join a club
- Use the Cain College & Career website

## Grade 10

- Prepare to take the PSAT in October
- Check your grades in Skyward regularly
- Join a club/get involved in an extracurricular activity
- Stay organized
- Start a brag sheet (list of activities, honors, etc...)
- Look for volunteer/community service opportunities
- Use the Cain College & Career website

## Grade 11

- Prepare to take the PSAT in October
- Attend the KISD College & Career Summit
- Start a list of colleges/post-secondary options that are of interest to you
- Work towards a Leadership role in a chosen club/organization/activity
- Update your brag sheet
- Use the Cain College & Career website

## Grade 12

- Senior conferences begin the week of 9/10!
- Attend the KISD College & Career Summit
- Take advantage of colleges & companies that come to campus during lunches
- Narrow your list of post-secondary options and familiarize yourself with the application process
- Update your brag sheet
- Use the Cain College & Career website

## Resources

- ✱ [Cain College & Career Center Site](#)
- ✱ [Scholarship Search Websites](#)
- ✱ [Klein Cain Clubs & Organizations](#)

