

Monday

Tuesday

Wednesday

Thursday

Friday

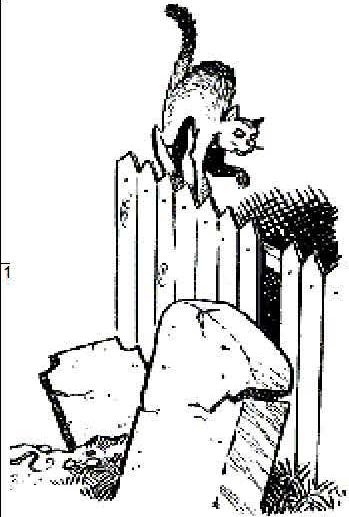
Liberty, Victory and Legacy
Charter Schools
2024 ~ 2025

1 ENTICING FRENCH TOAST STICKS
SAVORY SAUSAGE PATTY OR
PEANUT BUTTER UNCRUSTABLE
HEAVENLY TATER TOTS
MAPLE SYRUP CUPS
APPLESAUCE
RAZZLE DAZZLE BERRIES
CATSUP
REAL COLD COWS MILK

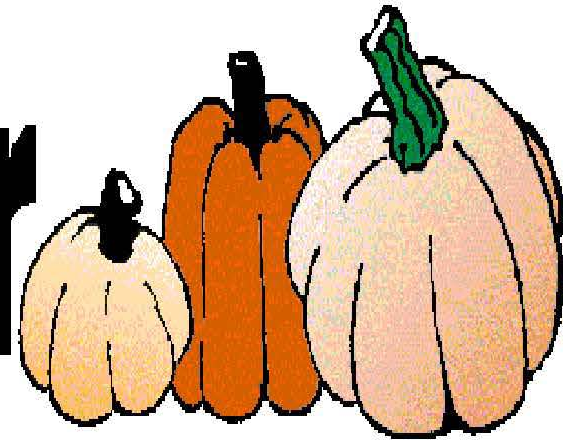
2 CHEFS SPECIAL CHICKEN
BURGER OR PEANUT BUTTER
UNCRUSTBLE
FRUITY FRUIT COCKTAIL
OUTRAGEOUS ORANGES
FRESH CHOPPED ROMAINE
FARM FRESH TOMATOES
FRESH SLICED CUCUMBERS
SALTY POTATO CHIPS
BONE PROTECTING MILK



4 So, I asked google what would happen if you ate a healthy lunch every day? Google said..
Reduce risk of chronic disease like cancer, type 2 diabetes and heart disease, get healthier skin, hair and nails, giving you more energy, can get you better sleep, and help you manage your weight!



ctober



7
21 FINGER LICKEN CRISPIITOS OR
PEANUT BUTTER UNCRUSTABLE
YUMMY REFRIED BEANS
CHILLED SLICED PEACHES
PERFECT PINEAPPLE TIDBITS
RANCH, CARROTS,& CELERY
FRESH CHOPPED ROMAINE
SALSA
CREAMY COLD MILK

8
22 TANGY TANGERINE CHICKEN
STEAMED FLUFFY RICE
STEAMED ASIAN VEGETABLES OR
PEANUT BUTTER UNCRUSTABLE
MANDARIN ORANGES
ASSORTED APPLESAUCE
FRESH CHOPPED ROMAINE
RANCH
DAIRY FRESH MILK

9
23 SALSA ALFREDO CON POLLO
OR SALSA MARINARA
PENNE PASTA OR BURRO DI
ARACHIDI INCROSTABILE,
BANANNA, FRESCA
FRAGOLA
INSALATA VERDA
CETRIOLO FRESCO
CONDIMENTO DA RANCH
LATTE AL CIOCCOLATO

10
24 FANCY CHICKEN RANCH WRAP
OR
BIG DADDY CHEESE PIZZA OR
PEANUT BUTTER UNCRUSTABLE
DELICIOUS APPLES
CHILLED PEARS
ROMAINE, RANCH
BABY CARROTS, CELERY STICKS
MOOLICIOUS MILK

11
25 BIG DADDY CHEESE PIZZA
OR THE INCREDIBLE
UNCRUSTABLE PBJ SANDWICH
RAZZLE DAZZLE STRAWBERRIES,
PEACHES, CELERY STICKS SALAD
WITH ROMAINE LETTUCE
ROASTED IDAHO POTATOES
ICE COLD MILK

28 ARE YOU READY FOR SOME
RIPPERS?? OR PEANUT BUTTER
UNCRUSTABLES???
GLORIOUS GRAPES
ASSORTED APPLESAUCE CUPS
CHOPPED FRESH ROMAINE
CRUNCHY CARROTS
SLICED BLACK OLIVES, RANCH
REAL COLD COWS MILK

29 NEW!!!!
MOZZERELLA BREAD STICK
DIPPERS OR
PEANUT BUTTER UNCRUSTABLE
FRESH APPLE CRUNCHERS
CHILLED PEACH SLICES
FRESH ROMAINE
CELERY AND BELL PEPPERS
RANCH
BONE PROTECTING MILK

30 FLAME BROILED HAMBURGER
FAMOUS FRENCH FRIES OR
PEANUT BUTTER UNCRUSTABLE
BAKED BEANS
OUTRAGEOUS ORANGES
CHILLED PEARS
FRESH CHOPPED ROMAINE
RED RIPE TOMATOES
CATSUP,MUSTARD,PICKLES
DAIRY FRESH MILK

31 MIGHTY MAMMOOTH NACHOS
SUPERB CHEESE STICK OR
PEANUT BUTTER UNCRUSTABLE
FRESH CHILLED ROMAINE
CRUNCHY CARROTS
STEAMED GREEN BEANS
FRUITY FRUIT COCKTAIL
KOOKI KIWI KUPS
SLICED BLACK OLIVES
MOOLICIOUS MILK

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