

# OCTOBER | 2024

## Trigg County Schools Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30

BBQ Sandwich or Uncrustable Box, Sweet Potato Wedges, Baked Beans, Assorted Fruit

1

Turkey & Cheese Croissant Sandwich or Cheesy Bread, Baby Bakers, Veggie Cup, Assorted Fruit

2

Protein Box or Chicken Alfredo, Side Salad, Italian Mixed Vegetables, Garlic Bread, Strawberries, Cookie, Assorted Fruit

3

Hot Dog or Uncrustable, Carrot & Celery Sticks, Tater Tots, Grapes, Assorted Fruit

4

Pizza or Yogurt Bag, Corn, Garden Salad w/tomato, Assorted Fruit



14

Mandarin Orange/General Tso Chicken or Yogurt Bag with Cheese Stick & Goldfish, Fried Rice, Stir-fry Veggies, Fortune Cookie, Orange Wedges

15

Chicken Sandwich (Regular or Spicy) or Uncrustable, Sandwich Trims, Baby Bakers, Baked Beans, Applesauce

16

Pizza Crunchers or Turkey & Cheese Sandwich, Roasted Veggies, French Fries, Cookie, Assorted Fruit, Peaches

17

Protein Box or Bosco Sticks, Italian Blend Vegetables, Veggie Cup, Strawberries, Assorted Fruit

18

Pizza or Yogurt Bag, Corn, Garden Salad w/tomato, Cookie, Assorted Fruit

21

Stromboli or Chicken Nuggets, Mashed Potatoes, Green Beans, WG Roll, Grapes

22

Breaded Mozzarella Sticks or Turkey Club Sandwich, Sweet Potato Wedges, Veggie Cup, Marinara Sauce, Orange Wedges

23

Fried Chicken or Soft Pretzel & Cheese Dip, Mashed Potatoes, Green Beans, Pinto Beans, Cornbread, Chocolate Dip Strawberries, Assorted Fruit

24

Egg Patty & Sausage or Yogurt Bag, Hashbrown, Sliced Tomatoes, Dragon Punch, Biscuit, Baked Apples, Assorted Fruit

25

Pizza or Yogurt Bag, Corn, Garden Salad w/tomato, Assorted Fruit

28

Chicken & Waffles or Uncrustable Box, Veggie Cup, Sweet Potato Wedges, Strawberry Cup, Assorted Fruit

29

Roast Beef Sandwich or Yogurt Bag or Chicken & Vegetable Egg Roll, Curly Fries, Veggie Cup, Cheddar Cheese Cup, Strawberries, Raisins

30

Corndog or Bosco Sticks, Waffle Fries, Broccoli & Cheese, Marinara Sauce, Assorted Fruit

31

BBQ Sandwich or Protein Box, French Fries, Baked Beans, Sandwich Trims, Apple Slices, Carmel Dip

1

Pizza or Yogurt Bag, Corn, Garden Salad w/tomato, Cookie, Assorted Fruit

### News

**All Meals served with milk.**

This institution is an equal opportunity provider.

MY SCHOOL BUCKS

