

PLEASE!! NO PEANUTS or  
TREE NUTS IN SCHOOL

**RCEM BREAKFAST and LUNCH MENU**  
**DATE: SEPTEMBER 23 - OCTOBER 18, 2024**

MILK CHOICES ARE NON-FLAVORED  
OR CHOCOLATE 1% OR FAT FREE

<b>Monday, September 23, 2024</b>	<b>Tuesday, September 24, 2024</b>	<b>Wednesday, September 25, 2024</b>	<b>Thursday, September 26, 2024</b>	<b>Friday, September 27, 2024</b>
<b>BREAKFAST</b> EGG - N - CHEESE on a WG BISCUIT FRUIT SELECTION MILK	<b>BREAKFAST</b> SAUSAGE WRAP FRUIT SELECTION MILK	<b>BREAKFAST</b> BREAKFAST PIZZA FRUIT SELECTION MILK	<b>BREAKFAST</b> SAUSAGE PATTY on a WG BISCUIT FRUIT SELECTION MILK	<b>BREAKFAST</b> CHICKEN FILLET on a WG BISCUIT FRUIT SELECTION MILK
<b>LUNCH</b> CHICKEN TENDERS TATER TOTS MIXED VEGGIES/WG ROLL FRUIT SELECTION MILK	<b>LUNCH</b> BAKED BREADED CHICKEN MAC -N- CHEESE SEASONED GREEN BEANS FRUIT SELECTION MILK	<b>LUNCH</b> MINI CORN DOGS POTATO WEDGES SEASONED BROCCOLI FRUIT SELECTION MILK	<b>LUNCH</b> LOADED BAKED POTATO ASSORTED TOPPINGS TOSSED SALAD FRUIT SELECTION MILK	<b>LUNCH</b> PEPPERONI PIZZA WHOLE KERNEL CORN TOSSED SALAD FRUIT SELECTION MILK
<b>Monday, September 30, 2024</b>	<b>Tuesday, October 1, 2024</b>	<b>Wednesday, October 2, 2024</b>	<b>Thursday, October 3, 2024</b>	<b>Friday, October 4, 2024</b>
<b>CLOSED</b> TWD	<b>BREAKFAST</b> SAUSAGE WRAP FRUIT SELECTION MILK	<b>BREAKFAST</b> EGG - N - CHEESE on a WG BISCUIT FRUIT SELECTION MILK	<b>BREAKFAST</b> SWEET CINNAMON OVERNIGHT OATS PARFAIT FRUIT SELECTION MILK	<b>BREAKFAST</b> STRING CHEESE WG WAFFLE FRUIT SELECTION MILK
<b>CLOSED</b> TWD	<b>LUNCH</b> TURKEY-N-CHEESE on WG BUN TOSSED SALAD BAKED CHIPS FRUIT SELECTION MILK	<b>LUNCH</b> CHICKEN TENDERS TATER TOTS MIXED VEGGIES/WG ROLL FRUIT SELECTION MILK	<b>LUNCH</b> MEATBALL MARINARA SUB SEASONED GREEN BEANS BAKED CHIPS FRUIT SELECTION MILK	<b>LUNCH</b> CHEESE PIZZA WHOLE KERNEL CORN TOSSED SALAD FRUIT SELECTION MILK
<b>Monday, October 7, 2024</b>	<b>Tuesday, October 8, 2024</b>	<b>Wednesday, October 9, 2024</b>	<b>Thursday, October 10, 2024</b>	<b>Friday, October 11, 2024</b>
<b>BREAKFAST</b> CHICKEN PATTY on a WG BISCUIT FRUIT SELECTION MILK	<b>BREAKFAST</b> STRAWBERRY SHORTCAKE OVERNIGHT OATS PARFAIT FRUIT SELECTION MILK	<b>BREAKFAST</b> SAUSAGE WRAP FRUIT SELECTION MILK	<b>BREAKFAST</b> EGG - N - CHEESE on a WG BISCUIT FRUIT SELECTION MILK	<b>BREAKFAST</b> STRING CHEESE POPART FRUIT SELECTION MILK
<b>LUNCH</b> MINI CORN DOGS POTATO WEDGES SEASONED BROCCOLI FRUIT SELECTION MILK	<b>LUNCH</b> GENERAL TSO'S CHICKEN FRIED RICE, VEGGIE STIR FRY FORTUNE COOKIE FRUIT SELECTION MILK	<b>LUNCH</b> CHICKEN TENDERS TATER TOTS MIXED VEGGIES/WG ROLL FRUIT SELECTION MILK	<b>LUNCH</b> PULLED BBQ CHIX on WG BUN CREAMY COLE SLAW BAKED CHIPS FRUIT SELECTION MILK	<b>LUNCH</b> CHEESE PIZZA WHOLE KERNEL CORN TOSSED SALAD FRUIT SELECTION MILK

**MENU NOTES:** CEREAL/FRUIT/MILK - Available Daily  
menus are subject to change due to availability

Meals are FREE to ALL  
enrolled students

**USDA is an equal opportunity provider.**  
WG = whole grain

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<b>Monday, October 14, 2024</b>	<b>Tuesday, October 15, 2024</b>	<b>Wednesday, October 16, 2024</b>	<b>Thursday, October 17, 2024</b>	<b>Friday, October 18, 2024</b>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
CLOSED COLUMBUS DAY	CHICKEN PATTY on a WG BISCUIT FRUIT SELECTION MILK	SAUSAGE WRAP FRUIT SELECTION MILK	EGG - N - CHEESE on a WG BISCUIT FRUIT SELECTION MILK	GO-GURT PANCAKE FRUIT SELECTION MILK
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
CLOSED COLUMBUS DAY	CHICKEN TENDERS TATER TOTS MIXED VEGGIES/WG ROLL FRUIT SELECTION MILK	NACHO CHIP DAY!! SEASONED GROUND MEAT LETTUCE, TOMATO, CHEESE FRUIT SELECTION MILK	MINI CORN DOGS POTATO WEDGES SEASONED BROCCOLI FRUIT SELECTION MILK	PEPPERONI PIZZA WHOLE KERNEL CORN TOSSED SALAD FRUIT SELECTION MILK

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