


**KILGORE PRIMARY PREKINDER & HEAD START BREAKFAST MENU**

**OCTOBER 2024**

Menu subject to change based on food availability. Water offered at no charge with all meals Variety of milk offered at meal service.

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>1 Choice of:</b> Boneless chicken chunks w/confetti mini pancakes <b>Fruit/Vegetable</b> Cinnamon sliced apples 1% while milk</p>	<p><b>2 Choice of:</b> Cinnamon chex <b>Fruit/Vegetable</b> Sliced pears 100% apple juice 1% while milk</p>	<p><b>3 Choice of:</b> Cheesy scrambled eggs <i>served with a cinnamon toast</i> <b>Fruit/Vegetable</b> Fruit cocktail 1% while milk</p>	<p><b>4 Choice of:</b> Sausage w/a biscuit <b>Fruit/Vegetable</b> Sliced peaches 1% while milk</p>
<p><b>7 Choice of:</b> Banana muffin <i>served w/bacon</i> <b>Fruit/Vegetable</b> Pineapple tidbits 1% while milk</p>	<p><b>8 Choice of:</b> Looks like candy corn parfait <i>served with capital grahams</i> 1% while milk</p>	<p><b>9 Choice of:</b> Multigrain cheerios <b>Fruit/Vegetable</b> Sliced pears 100% apple juice 1% while milk</p>	<p><b>10</b> <b>STAFF DEVELOPMENT DAY!</b> <b>NO SCHOOL!</b></p>	<p><b>11</b> <b>FALL BREAK!</b> <b>NO SCHOOL!</b></p>
<p><b>14</b> <b>FALL BREAK!</b> <b>NO SCHOOL!</b></p>	<p><b>15 Choice of:</b> Sausage breakfast bites <b>Fruit/Vegetable</b> Cinnamon sliced apples 1% while milk</p>	<p><b>16 Choice of:</b> Corn flakes <b>Fruit/Vegetable</b> Sliced pears 100% apple juice 1% while milk</p>	<p><b>17 Choice of:</b> Scrambled eggs <i>Served with cinnamon toast</i> <b>Fruit/Vegetable</b> Fruit cocktail 1% while milk</p>	<p><b>18 Choice of:</b> Maple mini pancakes <i>served with bacon</i> <b>Fruit/Vegetable</b> Sliced peaches 1% while milk</p>
<p><b>21 Choice of:</b> Orange muffin <i>served w/bacon</i> <b>Fruit/Vegetable</b> Pineapple tidbits 1% while milk</p>	<p><b>22 Choice of:</b> Chicken w/maple mini waffles <b>Fruit/Vegetable</b> Cinnamon sliced apples 1% while milk</p>	<p><b>23 Choice of:</b> Mini wheats <b>Fruit/Vegetable</b> Sliced pears 100% apple juice 1% while milk</p>	<p><b>24 Choice of:</b> Cheesy scrambled eggs <i>served with a cinnamon toast</i> <b>Fruit/Vegetable</b> Fruit cocktail 1% while milk</p>	<p><b>25 Choice of:</b> French toast minis <i>served w/bacon</i> <b>Fruit/Vegetable</b> Sliced peaches 1% while milk</p>
<p><b>28 Choice of:</b> Sausage w/a biscuit <b>Fruit/Vegetable</b> Pineapple tidbits 1% while milk</p>	<p><b>29 Choice of:</b> Yogurt <i>served with capital grahams</i> Applesauce 1% while milk</p>	<p><b>30 Choice of:</b> Cherrios <b>Fruit/Vegetable</b> Sliced pears 100% apple juice 1% while milk</p>	<p><b>31 Choice of:</b> Confetti mini pancakes <i>served with bacon</i> <b>Fruit/Vegetable</b> Fruit cocktail 1% while milk</p>	