



KNIGHTS YOUTH WRESTLING

Boys and Girls

Coaches:

COREY TOUNEY | KYLE GROTELUSCHEN

ALEX BURGHARDT | BEN KLINKHAMMER | WESTON BLASIUS

FIRST PRACTICE

DECEMBER 3, 2024

@ O'G HS WRESTLING ROOM

BRIEF PARENTS MEETING

5:45PM | NOV 26, 2024

@ O'G HS WRESTLING ROOM

Bring Wrestling Shoes, Shorts, Shirt.

Kids will have fun learning:

- ✓ Wrestling Basics
- ✓ Discipline
- ✓ Body Movement
- ✓ Self Confidence
- ✓ Hardwork
- ✓ Grit and Respect

We encourage all Dads with wrestling experience to help out!

Bring your shoes!

TUESDAYS &
THURSDAYS

K-2 5:45 - 6:30pm

3-6 6:45 - 8:00pm

\$100.00 per wrestler* - Venmo @knightswrestlingclub

Or check to "Knights Wrestling Club"

2024-2025
REGISTRATION



*Knights Wrestling Club Shirt Included with Registration

We have a Facebook group!

Knights Youth Wrestling Parents - to keep you updated with any events or changes. Please check it out!

QUESTIONS? Email 605knightswrestling@gmail.com