## **OCTOBER 2024**

MCL HS, RHS, LC, PELA, PIS, PUC

Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Breast Tenders Chef Salad, Croutons, Crackers Mashed Potatoes with Cheese Baked Beans, Roll Fresh Orange Smiles Applesauce Funnel Cake	Chicken Fajita Wrap Italian Dunkers Baby Carrots w/ Dressing Summer Squash Banana Berry Blend Fresh Apples Chocolate Chips in a Bag	Southwest Dip & Chips Yogurt Plate Glazed Carrots Cheesy Broccoli Blushing Chilled Pears Fresh Grapes Banana Pudding	Cheeseburger Roasted Chicken Wings Seasoned Potato Wedges Whole Kernel Corn Chilled Peach Slices Fresh Fruit Bowl Southern Biscuit Red Velvet Cookie
7 FALL BREAK	8 FALL BREAK	9 FALL BREAK	10 FALL BREAK	FALL BREAK
14 STUDENT HOLIDAY	Chicken Nuggets Mashed Potatoes, Brown Gravy Green Peas Hot Dogs Applesauce Fresh Fruit Bowl Whole Wheat Roll Brookie Cookie	Steak Fingers Chef Salad, Croutons, Crackers Cheesy Macaroni Steamed Broccoli Florets Baby Carrots w/ Dressing Whole Wheat Roll Fruit Cocktail, Fresh Apples Chocolate Pudding	Sausage Jambalaya Chicken Ranch Wrap Savory Green Beans Criss Cut Sweet Potatoes Whole Wheat Garlic Toast Apple and Orange Wedges Sliced Strawberries Southern Mud	Cheeseburger Ham and Cheese Croissant Tater Tots Baked Beans Chilled Peach Slices Fresh Fruit Bowl Confetti Cookie
Mexican Pizza Ham Lunch Bite Cheesy Broccoli Corn on the Cob Fresh Apples Fruit Cocktail Strawberry Shortcake RCS	Chicken Breast Tenders Beef and Broccoli Rice Bowl Glazed Carrots Seasoned Cabbage Whole Wheat Roll Sliced Strawberries Fresh Bananas Funnel Cake	Vegetable Beef Soup Grilled Cheese & String Cheese California Veggies Garden Salad W/Dressing Banana Berry Blend Fresh Orange Smiles Chocolate Chips in a Bag	Southwest Dip & Chips Corn Dog Nuggets Baby Carrots w/ Dressing Pinto Beans Blushing Chilled Pears, Fresh Grapes Whole Wheat Garlic Toast Banana Pudding	Cheeseburger Roasted Chicken Wings Baked Beans Crinkle Cut Fries Applesauce Fresh Fruit Bowl Southern Biscuit Red Velvet Cookie
Pizza, Variety Yogurt Plate Tater Tots Lima Beans Applesauce Fresh Orange Smiles Sugar Cookie	Chicken Quesadillas Guacamole Chips and Salsa Chef Salad, Croutons, Crackers Baby Carrots w/ Dressing Seasoned Green Beans Chilled Peaches, Fresh Bananas Brookee	Chicken and Waffle American Sub California Veggies Steamed Broccoli Florets Banana Berry Blend Fresh Apples Pancake Syrup Chocolate Pudding	Cheesy Chicken Over Rice BBQ Rib Sandwich Savory Green Beans Garden SaladW/Dressing Fresh Fruit Bowl Sliced Strawberries Whole Wheat Garlic Toast Yellow Cake	

Served Daily: Condiments: Assorted Milks – Low Fat, Chocolate, Strawberry, Vanilla Fat Free Mayo, Mustard, Ketchup, Variety Dipping Sauces, Marinara, Syrup Salad Dressings, Saltine Crackers, Croutons

"This institution is an equal opportunity provider."