

Weekly Prayers (Psalter Week 1)

Catholic Social Teaching:

Dignity

Subsidiarity

Solidarity

The Common Good

Liturgical
Colour:
White

Remember: Rosary in the Chapel at 1:45 (A1) today!

Monday 23rd September

Today's Scripture: Luke 8:16-18

Reflection: God's love and word is a lamp for our steps, a lamp that shines from the inside of our personalities. Nothing can put it out. The light is the light of the love of God, and often we can't believe in this love. It is always there, shining in darkness, doubt, meanness and sin. We keep our light a secret too much. We hide our goodness from others. Prayer encourages us to admit and confess, not just our sins, but our wonderful beauty - each of us.

Contemplation: How has the light of God in my life impacted my relationship with others and how they respond to me?

Prayer: Lord, to be a Christian today is challenging. In times of struggle I am tempted to hide my light, to remain anonymous, to be silent out of shame. Lord, when the wick of my lamp flickers and fades, strengthen its beam and let me be again a light-bearer, a beacon of hope to all whom I daily encounter.. This we pray in the name of Jesus Christ, our Lord. Amen.



Liturgical
Colour:
White

Remember: Mass in the Chapel at 6pm today! (*Only takes 20mins!*)

As it's the Feast of Our Lady of Walsingham, why not make a special effort to come to Mass this evening?

Tuesday 24th September

Today's Scripture: Luke 8:19-21

Reflection: The deepest of human family relationships – being a mother and brother – are not as full as the relationship we have with God in Jesus. Mary understood that Jesus was not disowning his mother, but rather pointing to her greatest glory: that she could say to God's messenger: 'Here am I, the servant of the Lord; let it be with me according to your word'.

Prayer: Mary is Jesus' first and most perfect disciple. Let us echo her words today, the Feast of Our Lady of Walsingham, as we pray together our 'Yes' to God's will:

The Magnificat



Liturgical
Colour:
Green

Remember: Gospel Choir practice today A2 in the music block!

Wednesday 25th September

Today's Scripture: Luke 9:1-6

Reflection: God is not to be forced on people. God's love and care are an invitation to each of us to allow God to be part of our lives. The disciples of Jesus are to move on if they are not welcomed. Hostility can cling like dust to the feet, and hinder further growth. It is the same with our personal life. Prayer invites us to let go of hostility, antipathy and hurt, both from us to another, and from another to ourselves. There is always a future of hope and freedom when we pray.

Contemplation: Most of us would like to bring good news wherever we go. We know people whose lives light up the lives of others. We know the opposite too! Daily prayer calms the soul, gives joy and peace; it gives a new perspective on worries and anxieties. It is our time of relaxing into the mystery of being loved by God.

Prayer: Lord Jesus, make us channels of your grace and healing love that others may find life and freedom in you. Free us from all other attachments that we may joyfully pursue the things of your heavenly kingdom. May we witness to others the joy of the Gospel both in word and deed. Through Christ, our Lord. Amen.



Liturgical
Colour:
Green
(Optional Red)

Remember: Young Christian Women club today A2! (inc Hbt chocolate & biscuits..)

Thursday 26th September

Something a bit
different today.

How does your faith shape who
you are? In the attached
article, Elanna McGowan,
founder of Pearl Beauty,
explains what it means to her
to be a Christian today...



LIFE / 18 SEPTEMBER 2024

Me & My Faith: Elanna McGowan

In this miniseries, we sit down with women from various walks of life to explore how their faith shapes who they are. Elanna McGowan is the founder of vegan and cruelty free Pearl Beauty and here, she explains what it means to be a Christian today.

BY SHERRI ANDREW / [Save To My Favourites](#)

NEW IMAGE CREDITS

Liturgical
Colour:
White

Friday 27th September

CST FRIDAY

Today is the Feast of St Vincent de Paul. Watch this short video on the work of the SVP Society

Discuss: Can you identify three moments in the video where the profound dignity of the human person was recognized and promoted?

Reflect: How can you bring the spirituality of St Vincent de Paul, and respect for human dignity into your life?

Pray: Holy One, Forgive me the times when I miss an opportunity to show your compassion in the world; open my heart to my neighbours and to all your creation, not in fear of your judgement but out of love for you. Amen

