



STOW-MUNROE FALLS CITY SCHOOLS

WWW.SMFSCHOOLS.ORG • 4350 ALLEN RD. STOW OH 44224 • PHONE 330.689.5445

FAX 330.689.5448



SMFCSD- Health & Wellness Committee

MISSION:

The mission of the Superintendent's Health & Wellness Committee is to foster a culture of well-being within the school district by promoting the physical, mental, and emotional health of students and staff. Through the development and oversight of comprehensive wellness programs, the committee will aim to encourage healthy lifestyle choices, ensure compliance with policies, and coordinate high-quality services. The committee will support mental health initiatives, regularly evaluate wellness programs, and maintain a healthy, safe, and inclusive school environment.

By engaging with the community, collaborating with health professionals, and preparing for crisis response, the committee will strive to create an environment where every individual can thrive in both their personal and academic lives. The goal of the committee is to inspire lasting well-being, empowering our students and staff to lead healthier, more balanced lives..

- The Stow-Munroe Falls City School District—Health & Wellness Committee (SMFCSD-HW) will act as the district's designated committee to examine and discuss its health and wellness services, supports, and needs.
- The SMFCSD-HW will liaise with the community, assisting in identifying health and wellness information and services to communicate to our residents. The SMFCSD-HW will work with the District Communications Department to recommend methods of keeping the community informed.
- The SMFCSD-HW will work in conjunction with the SMFCSD to review data related to health and wellness and make recommendations for supports and services. The SMFCSD-HW will review the District's Strategic Plan Goal 8.
- The SMFCSD-HW will ensure that supports and services are tied to the strategic plan/mission and follows state and federal requirements.

CREATION: The Stow-Munroe Falls City School District—Health & Wellness Committee's designee will be the district's Assistant Superintendent/Director of Special Services. The core group will consist of the following individuals.

- K-6 Curriculum Supervisor
- Special Services Supervisor
- Director of Human Resources
- Nutrition Supervisor
- At Least (1) Board of Education Member

MEETINGS: The SMFCSD-HW will meet quarterly. The Assistant Superintendent will lead the meetings as a team and establish all agendas.



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REPORTS: The 1 BOE member will provide updates to the Board regularly. Reports will be made available to the public via the District website: www.smfcsd.org

DURATION: The SMFCSD-HW is a standing committee.

ROLES & RESPONSIBILITIES:

MEMBERSHIP: The district's Superintendent will solicit applications for membership on the SMFCSD-HW. Membership is voluntary and limited to a maximum of (4) Stow or Munroe Falls City School District residents. Members should have a background in health & wellness, mental health services, social services, or other related fields. There is a two-year term for membership; replacements will be added as needed. The core committee can revoke your membership at any time.

CHARACTER AND COMMUNITY REPRESENTATION: When considering candidates for this committee, it is essential to evaluate their character, as it profoundly impacts their role and the community's perception of the committee. Character is not merely about personal virtues but also how individuals project their values through their interactions and presence in everyday life, community interactions and on social media.

Candidates should demonstrate a commitment to the community that goes beyond mere participation. This includes their approach to collaboration, transparency, and integrity in their interactions with others. How they handle conflicts, their willingness to volunteer and their ability to work with diverse groups are critical indicators of their suitability.

The manner in which candidates conduct themselves in daily life speaks volumes about their character. This includes their adherence to ethical standards, reliability, and the respect they show to others. Their actions should reflect a consistent dedication to the values that this committee upholds, such as accountability and responsible stewardship.

In the digital age, social media can significantly shape public perception. Candidates should be mindful of their online presence and how it aligns with their real-world behavior. Their social media profiles should reflect professionalism, respectfulness, and a positive attitude towards community involvement. Posts and interactions should be consistent with the values of transparency and ethical conduct.

The character of committee members should be a reflection of the district's values and standards. How candidates represent themselves, both in person and online, impacts the committee's credibility and, by extension, the district's reputation. A candidate whose behavior is aligned with the district's mission will contribute to fostering trust and confidence within the community.

In summary, character is integral to the role of a committee member, influencing both the effectiveness of their contributions and the district's public image. Candidates should exhibit strong personal integrity, a commitment to ethical standards, and a conscientious approach to presenting themselves in all facets of their lives.



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RESPONSIBILITIES:

Attend Meetings:

- Participate actively in committee meetings, providing input and discussing technology matters. Make sure technology is enhancing student learning and assisting teachers in their work.

Promote Student and Staff Well-being:

- Develop and oversee programs that support students' and staff's physical, mental, and emotional health.
- Encourage healthy lifestyle choices, including proper nutrition, physical activity, and mental health awareness.

Monitor Health Policies and Practices:

- Review and recommend policies related to health services, wellness programs, and safety protocols.
- Ensure the school district's health policies comply with state and federal regulations.
- Address issues related to school nutrition programs, physical education requirements, and health education curricula.

Coordinate Health Services:

- Work with school nurses, counselors, and other health professionals to ensure that health services are effectively delivered.
- Oversee the implementation of school-based health initiatives, such as vaccination programs, health screenings, and disease prevention efforts.

Support Mental Health Initiatives:

- Promote mental health awareness and support programs for students and staff.
- Implement programs that address stress management, bullying prevention, and social-emotional learning.
- Collaborate with community mental health organizations to provide resources and support.

Evaluate Health and Wellness Programs:

- Regularly assess the effectiveness of health and wellness initiatives within the district.
- Gather student, staff, and parent feedback to improve programs and services.
- Recommend improvements to existing programs or the introduction of new initiatives based on current health trends and needs.

Promote a Healthy School Environment:

- Ensure the school environment supports health and wellness, including clean facilities, safe drinking water, and healthy food options.
- Address issues related to environmental health, such as air quality, pest control, and the use of safe cleaning products.

Engage the Community:

- Partner with local health organizations, fitness centers, and wellness experts to enhance the district's health and wellness programs.



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- Involve parents and community members in promoting a culture of health and wellness within the schools.
- Organize events, workshops, and campaigns to raise awareness about health and wellness topics.

Crisis Response and Health Emergencies:

- Develop and implement plans for responding to health emergencies, such as pandemics, flu outbreaks, or other public health crises.
- Ensure staff are trained in first aid, CPR, and emergency medical equipment, such as AEDs (Automated External Defibrillators).
- Coordinate with local health departments and emergency services in a health crisis.



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SMFCSD- Health & Wellness Committee

APPLICATION

CONTACT INFORMATION

Name

Street Address

City, State, Zip

Phone Number

E-Mail Address

BACKGROUND AREA

☐ HEALTH & WELLNESS

☐ MENTAL HEALTH SERVICES

☐ GRANTS

☐ SOCIAL SERVICES

☐ OTHER RELATED FIELD (Please List)

Relationship with the SMFCSD, if any (Alumnus, parent, PTA, etc.)





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SMFCSD- Health & Wellness Committee

APPLICATION

Professional knowledge or areas of expertise.

Other Current Involvement

AGREEMENT & SIGNATURE

By submitting this application, I affirm that the facts outlined in it are true and complete. I understand that if I am accepted as a member of the Stow-Munroe Falls City School District-Health & Wellness Committee, any false statements, omissions, or misrepresentations made by me on this application may result in my immediate dismissal.

Name (Printed)

Signature

Date

Thank you for completing this application form and for your interest in joining the Stow-Munroe Falls City School District-Health & Wellness Committee. Please email your completed application to Kristie Prough at st_kprough@smfcsd.org.