

School Health Advisory Council Meeting Minutes September 12, 2024

Members in Attendance

Community Members:

- Essence Castro
- Sharell Marlitz
- Naressa Mackinnon
- Teri Tidemore
- Monica Dean
- Brian O’Rear
- Elysa Ross
- Wendy Johnson
- Carolyn Gonzalez
- Lesly Sigurdson
- Angelica Gilbert-Williams
- Heather Wilson
- Allison Reimers
- Lewis McKinney

Guests:

- Sean Henry
- Christine Kalmbach
- Natalie Blasingame
- Amber Cox
- Bobbie Jones
- Elizabeth Bosquez, M.D.
- Joy Carney
- Heather Wilson
- Doug Killian

District Committee Members:

- Charles Ament
- Emmy Durand
- Suzy Hunter
- Darin Crawford
- Deborah Bartholomew
- Elaine Waier
- Celia Weaver
- Scott Hudson
- Franklin Sampson
- Angela Williams-Thomas
- Melinda Hood
- Sarah Hoglund

- Chris Hecker
- Sierra Bell

Facilitator:

- Christina Cole

Call to Order

Christina Cole called the meeting to order at 9:33AM.

Review and Approval of Minutes

No Amendments

- Motion to approve: Allison Reimers
- Second: Brian O’Rear
- 12 in favor, 0 opposed, 1 abstained

SHAC Orientation

Christina Cole provided a comprehensive overview of the School Health Advisory Council (SHAC). She emphasized its mission, covering key topics like nutrition, physical fitness, mental health, suicide prevention, and the dangers of opioids.

The meeting also included a review of SHAC membership, along with effective meeting facilitation techniques and tips for productive discussions. Christina established that all meetings would be recorded to enhance transparency. She guided attendees through the CFISD website, pointing out the SHAC page where they can find meeting dates, agendas, minutes, and audio recordings. Additionally, she highlighted the location of the local wellness policy and bylaws.

Lastly, a brief introduction to Robert's Rules of Order was provided to ensure meetings are conducted efficiently and fairly.

Health Services Department

Melinda Hood presented an overview of the Health Services Department, which includes 95 registered nurses (RNs), 4 licensed vocational nurses (LVNs), and 52 clinic assistants. She discussed updates to the CFISD medication policy, which now requires a physician's written order for all medications administered by school nurses, including both prescription and over-the-counter medications. The previous allowance of using a prescription or prescription bottle is no longer sufficient.

To address this change, the district has secured a standing order for several common medications, including acetaminophen, ibuprofen, naproxen, diphenhydramine, and calcium carbonate. Melinda acknowledged the challenges this new policy poses for students, parents, and school nurses. To further support these changes, the Board of Nursing is collaborating with the Texas School Nurse Organization to develop guidance that aligns legal and practical standards for medication administration in schools.

Guidance & Counseling Department

Franklin Sampson provided an overview of the Guidance & Counseling Department, which is currently fully staffed. The team consists of 108 high school counselors, 60 middle school counselors, 99 elementary counselors, 1 itinerant elementary counselor, and 17 youth service specialists (social workers).

He highlighted the Inspiring Leadership programs, designed to train current staff and parents interested in pursuing careers in counseling. These initiatives aim to foster leadership skills and support the professional development of those within the district.

Substance Use Awareness & Prevention Program

Franklin Sampson provided a high-level overview of the program and its priorities. He discussed several key initiatives, including National Drug & Alcohol Facts Week, which aims to raise awareness about substance use, and the Mental Health Minute, designed to promote mental wellness and provide quick, accessible information on mental health topics. These initiatives reflect the program's commitment to fostering a healthier school environment and supporting student well-being.

Election of Co-Chair

Current SHAC Co-Chair Allison Reimers reviewed the roles and responsibilities associated with the co-chair position. She outlined the key duties, including facilitating meetings, supporting initiatives, and collaborating with members to promote the council's objectives. Following her overview, a call to elect a new co-chair was initiated, encouraging members to consider candidates who are committed to advancing the goals of the council.

- Essence Castro Volunteered

- Motion to Elect: Lewis Mckinney
- Second: Brian O'Rear
 - Unanimous votes in favor of Essence Castro serving as Co-Chair

Physical Education

Elaine Waire reviewed the goals of the Physical Education subcommittee, focusing on strategies to increase student activity beyond regular P.E. classes. She emphasized the importance of fostering a more active lifestyle among students. Elaine also invited new members to join the subcommittee, noting that meetings are held immediately after SHAC meetings to encourage participation and collaboration.

Adjournment

Meeting called for adjournment at 10:23AM.

Motion: Brian O'Rear

Second: Lewis McKinney

