

October
High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Breaded Chicken Sandwich (Regular and Spicy)	Brunch For Lunch French Toast Sticks Chicken Sausage Links Hashbrown Patties	Mozzarella Cheese Sticks with Marinara Garlic Parmesan Cheese Knot	Poppin' Flavored Popcorn Chicken Day (Southern OR Nashville Hot) Cornbread
	Alternate	Alternate	Alternate	Alternate
	Orange Chicken White Rice Chicken Pot Sticker	Italian Dunker with Marinara Sauce Caesar Salad	Kung Pao Chicken White Rice Graham Cracker	Rotini Grilled Chicken Alfredo Garlic Breadstick
	Ginger Stir-Fry Vegetable Fresh Fruit Assorted Fresh Vegetables	Buttered Corn Fresh Fruit Assorted Fresh Vegetables	California Vegetable Medley Fresh Fruit Assorted Fresh Vegetables Edamame	Seasoned Steamed Broccoli Fresh Fruit Assorted Fresh Vegetables
7	8	9	10	11
Mini Chicken Corndogs Curly Fries	Breaded Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll	Cheesy Beef Totchos Garlic Parmesan Cheese Knot	Chicken Bites Jo Jo Potato Wedges Garlic Breadstick	Baja Beef Burrito Bowl with Flour Tortilla Cilantro Lime Rice Fiesta Black Beans
Alternate	Alternate	Alternate	Alternate	Alternate
Spaghetti with Beef Meat Sauce Cheesy Garlic Breadstick	Buffalo Mac and Cheese with Nashville Hot Chicken Garlic Toast	Pizza (Turkey Pepperoni or Cheese) Caesar Salad	General Tso Chicken Fried Rice Chicken Potsticker	Chicken Tenders (Regular and Spicy) Garlic Breadstick BBQ Baked Beans
Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Parmesan Spinach Alfredo w/ Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	Buffalo Cauliflower Fresh Fruit Assorted Fresh Vegetables	Sidewinder Fries and Cheese Sauce Fresh Fruit Assorted Fresh Vegetables Stawberry Banana Jonny Pop
14	15	16	17	18
Beef Walking Taco White Rice	Breaded Chicken Sandwich (Regular or Spicy)	Brunch for Lunch French Toast Sticks Chicken Sausage Links Hashbrown Patties	No School	No School
Alternate	Alternate	Alternate		
Thai Sweet Chili Chicken White Rice Graham Cracker	Hearty Beef Lasagna Garlic Toast	Italian Dunker with Marinara Sauce Italian Pasta Salad		
Ginger Stir-fry Vegetable Fresh Fruit Assorted Fresh Vegetables	Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	Cauliflower with Soy Sauce Fresh Fruit Assorted Fresh Vegetables		
21	22	23	24	25
Chicken Wing Day Salted Pretzel with Cheese Sauce	Mini Chicken Corndogs Curly Fries	Baked Potato Bar Beef and Chicken Taco Meat Potato Bar Fixins Garlic Parmesan Cheese Knot	Chicken Bites Garlic Mashed Red Potatoes Chicken Gravy Dinner Roll	Chicken Tenders (Regular and Spicy) Garlic Breadstick
Alternate	Alternate	Alternate	Alternate	Alternate
Sweet and Sour Chicken Fried Rice Graham Cracker	Shredded Chicken Burrito Bowl with Flour Tortilla Cilantro Lime Rice	Pizza (Turkey Pepperoni or Cheese) Caesar Salad	Beef Philly Steak Sandwich Chips	Crispy Chicken and Cheese Rolled Tacos Jalapeno Cheese Sauce
Steamed Carrots Fresh Fruit Assorted Fresh Vegetables	Steamed Green Beans Fresh Fruit Assorted Fresh Vegetables Fiesta Black Beans	Parmesan Spinach Alfredo w/ Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	Seasoned Steamed Broccoli Fresh Fruit Assorted Fresh Vegetables	Buttered Corn Fresh Fruit Assorted Fresh Vegetables
28	29	30	31	
Macaroni and Cheese Garlic Toast	Breaded Chicken Sandwich (Regular and Spicy)	Brunch For Lunch French Toast Sticks Chicken Sausage Links Hashbrown Patties	Mozzarella Cheese Sticks with Marinara Garlic Parmesan Cheese Knot	
Alternate	Alternate	Alternate	Alternate	
Build your own Beef Nachos Jalapeno Cheese Sauce Fiesta Black Bean	Orange Chicken White Rice Chicken Pot Sticker	Italian Dunker with Marinara Sauce Caesar Salad	SPOTLIGHT ON CUISINE (EI) Salvador/Honduras) Bean & Cheese Pupusa AND Birria (Beef) & Cheese Pupusa Curtido (Spicy Slaw) Jalapeno Cheese Sauce Guacamole	
Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	Ginger Stir-Fry Vegetable Fresh Fruit Assorted Fresh Vegetables	Buttered Corn Fresh Fruit Assorted Fresh Vegetables	California Vegetable Medley Fresh Fruit Assorted Fresh Vegetables Edamame	
Offered Daily				
Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich
Grill Line: Burgers, Hotdogs, Black Bean Burgers	Grill Line: Burgers, Hotdogs, Black Bean Burgers	Grill Line: Burgers, Hotdogs, Black Bean Burgers	Grill Line: Burgers, Hotdogs, Black Bean Burgers	Grill Line: Burgers, Hotdogs, Black Bean Burgers

IN SCHOOL OFFERED DAILY:

Manager Choice of: Specialty Salad, Specialty Sandwich, Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich.

*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

This institution is an equal opportunity provider.

A milk will incur a cost unless taken as part of a school meal.