

October

Middle School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Pancakes Hashbrown Patty Applesauce Cup 100% Fruit Juice Milk	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin) Fruit 100% Fruit Juice Milk	Mini Waffle Yogurt Fruit 100% Fruit Juice Milk	French Toast Breakfast Sandwich Fruit 100% Fruit Juice Milk
7	8	9	10	11
Breakfast Pizza (Turkey sausage and cheese) Yogurt Fruit 100% Fruit Juice Milk	Cheese Omelet Hashbrown Patty Graham Cracker Fruit 100% Fruit Juice Milk	Breakfast Egg and Cheese Sandwich (Egg, and Cheese on an English Muffin) Fruit 100% Fruit Juice Milk	Cinnamon Powder Sugared Mini Donuts Yogurt Applesauce Cup 100% Fruit Juice Milk	French Toast Chicken Sausage Links Fruit 100% Fruit Juice Milk
14	15	16	17	18
Chicken Sausage Breakfast Bites Yogurt Fruit 100% Fruit Juice Milk	Whole Grain Glazed Long John Applesauce Cup 100% Fruit Juice Milk	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin) Fruit 100% Fruit Juice Milk	No School	No School
21	22	23	24	25
Breakfast Bagel (Eggs, Turkey Sausage, Turkey Ham and Cheese) Fruit 100% Fruit Juice Milk	Cheese Omelet Hashbrown Patty Graham Cracker Fruit 100% Fruit Juice Milk	Breakfast Egg and Cheese Sandwich (Egg, and Cheese on an English Muffin) Fruit 100% Fruit Juice Milk	Whole Grain Cinnamon Roll Yogurt Applesauce Cup 100% Fruit Juice Milk	French Toast Chicken Sausage Links Fruit 100% Fruit Juice Milk
28	29	30	31	
Chicken Sausage Breakfast Bites Yogurt Fruit 100% Fruit Juice Milk	Pancakes Hashbrown Patty Applesauce Cup 100% Fruit Juice Milk	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin) Fruit 100% Fruit Juice Milk	Mini Waffle Yogurt Fruit 100% Fruit Juice Milk	

Cold Option will include:

(3 or 4 offerings)

- Graham Cracker
- Assorted Cereal
- Breakfast Bar
- Giant Goldfish Cracker
- Flavored Breakfast Bread
- Flavored Breakfast Muffin
- Bagel with Cream Cheese
- PB& J (Small = 1)

(2 offerings)

- Hardboiled Egg
- Yogurt
- Cheese Stick

A milk will incur a cost unless taken as part of a school meal.

*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

This institution is an equal opportunity provider.