

# October

## Elementary School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	Mini Waffles  Berries 100% Fruit Juice Milk Lowfat or Fat Free Unflavored Milk	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)  Fruit 100% Fruit Juice Milk Lowfat or Fat Free Unflavored Milk	Pancakes  Applesauce Cup 100% Fruit Juice Milk Lowfat or Fat Free Unflavored Milk	French Toast Breakfast Sandwich  Banana 100% Fruit Juice Milk Lowfat or Fat Free Unflavored Milk
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Breakfast Pizza (Turkey sausage and cheese)  Fruit 100% Fruit Juice Lowfat or Fat Free Unflavored Milk	Chicken Sausage Breakfast Bites  Berries 100% Fruit Juice Lowfat or Fat Free Unflavored Milk	Breakfast Egg and Cheese Sandwich (Egg, and Cheese on an English Muffin)  Fruit 100% Fruit Juice Lowfat or Fat Free Unflavored Milk	French Toast  Fruit 100% Fruit Juice Lowfat or Fat Free Unflavored Milk	Whole Grain Cinnamon Roll  Yogurt  Fruit 100% Fruit Juice Lowfat or Fat Free Unflavored Milk
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Cheese Omelet  Graham Crackers Applesauce Cup 100% Fruit Juice Lowfat or Fat Free Unflavored Milk	Mini Waffles  Berries 100% Fruit Juice Lowfat or Fat Free Unflavored Milk	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)  Fruit 100% Fruit Juice Lowfat or Fat Free Unflavored Milk	<b>No School</b>	<b>No School</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Turkey Bacon, Egg Breakfast Pizza  Fruit 100% Fruit Juice Lowfat or Fat Free Unflavored Milk	Chicken Sausage Breakfast Bites  Berries 100% Fruit Juice Lowfat or Fat Free Unflavored Milk	Breakfast Egg and Cheese Sandwich (Egg, and Cheese on an English Muffin)  Fruit 100% Fruit Juice Lowfat or Fat Free Unflavored Milk	French Toast  Fruit 100% Fruit Juice Lowfat or Fat Free Unflavored Milk	Whole Grain Cinnamon Roll  Yogurt  Fruit 100% Fruit Juice Lowfat or Fat Free Unflavored Milk
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
Cheese Omelet  Graham Crackers Applesauce Cup 100% Fruit Juice Lowfat or Fat Free Unflavored Milk	Mini Waffles  Berries 100% Fruit Juice Milk Lowfat or Fat Free Unflavored Milk	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)  Fruit 100% Fruit Juice Milk Lowfat or Fat Free Unflavored Milk	Pancakes  Applesauce Cup 100% Fruit Juice Milk Lowfat or Fat Free Unflavored Milk	

**Cold Option will include:**

**(2 or 3 offerings)**

- Graham Cracker
- Assorted Cereal
- Breakfast Bar
- Giant Goldfish Cracker
- Flavored Breakfast Muffin
- Bagel with Cream Cheese

**(2 offerings)**

- Hardboiled Egg
- Yogurt
- Cheese Stick

\*4 Star Cinnamon Roll/Apple Donut Ring = Alternative Cold Opt.

\*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

**This institution is an equal opportunity provider.**