



Athletics Information

Below you will find the sports that are offered at Wood Dale Junior High. A current physical must be on file with our nurses office in order to try out and participate in any sport. **Physicals last 395 days.** Sports and times for the upcoming school year are as follows:

August- September

- **CoEd Soccer:** Tryout required - 7th/8th grade only
 - ***Tentative Tryout Week: First week of school***
- **Boys' and Girls' Cross Country:** No tryout - 6th, 7th, and 8th grade
 - ***Starts the 2nd week of school***

October - November

- **Girls' Basketball:** Tryout required - 7th and 8th grade teams, 6th grade invite
 - ***Tentative Tryout Week: First week of October***

December - February

- **Boys' Basketball:** Tryout required - 7th and 8th grade teams, 6th grade invite
 - ***Tentative Tryout Week: Last week of November***
- **Cheerleading:** Tryout required - 6th/7th/8th grade team
 - ***Tentative Tryout: Middle/End of November***
- **Pom Poms:** Tryout required - 6th/7th/8th grade team
 - ***Tentative Tryout: Middle/End of November***

February - March

- **Girls' Volleyball:** Tryout required - 7th and 8th grade teams, 6th grade invite
- **Boys' Volleyball:** Tryout required- One team, 6th grade invite
 - ***Tentative Tryout Week: First week of February***