District Policy Manual Natomas Unified School District

Policy 5141.6 School Health Services

Status: ADOPTED

Original Adopted Date: 10/1994 **Last Revised Date:** 08/28/2024

The Governing Board recognizes that good physical and mental health is critical to a student's ability to learn and believes that all students should have access to comprehensive health services. The Board further recognizes that schools are uniquely positioned to increase health equity and to help ensure that all students have access to necessary health care services. The district may provide access to health services at or near district schools through the establishment of a school health center and/or mobile van(s) that serve multiple campuses, and may utilize telehealth as a delivery mechanism to increase access to health care services in schools.

The Board and the Superintendent or designee shall collaborate with local and state agencies and health care providers to assess the health needs of students in district schools and the community. Based on the results of this needs assessment and the availability of resources, the Superintendent or designee shall recommend for Board approval the types of health services to be provided by the district, including preventative programming and intervention strategies to address students' physical, mental, and behavioral health needs.

Board approval shall be required for any proposed use of district resources and facilities to support school health services. The Superintendent or designee shall identify funding opportunities available through grant programs, private foundations, and partnerships with local agencies and organizations.

The Board may prioritize school health services to schools serving students with the greatest need, including schools with medically underserved populations and/or a high percentage of low-income and uninsured children and youth.

School health services shall be provided under the supervision of a licensed health care professional. The Board may employ or contract with health care professionals or partner with community health centers to provide the services under the terms of a written contract or memorandum of understanding.

If a school nurse is employed by the school or district, the nurse shall be involved in planning and implementing the school health services as appropriate.

The Superintendent or designee shall coordinate the provision of school health services with other student wellness initiatives, including health education, nutrition and physical fitness programs, and other activities designed to create a healthy school environment. The Superintendent or designee shall encourage joint planning and regular communications among health services staff, district administrators, teachers, counselors, other staff, and parents/guardians.

To further encourage student access to health care services, the Superintendent or designee shall develop and implement outreach strategies to increase enrollment of eligible students from low- to moderate-income families in affordable, comprehensive state or federal health coverage programs and local health initiatives. Such strategies may include, but are not limited to, providing information about the Medi-Cal program on the application for free and reduced-price meals in accordance with law.

Consent and Confidentiality

The Superintendent or designee shall obtain written parent/guardian consent prior to providing services to a student, except when the student is authorized to consent to the service pursuant to Family Code 6920-6930, Health and Safety Code 124260, or other applicable law. The Superintendent or designee shall maintain the confidentiality of student health records in accordance with law.

Payment/Reimbursement for Services

The Superintendent or designee may bill public and private insurance programs and other applicable programs for reimbursement of services as appropriate. Services may be provided free of charge or on a sliding scale in accordance with law.

The district shall serve as a Medi-Cal provider to the extent feasible, comply with all related legal requirements, and seek reimbursement of costs to the extent allowed by law.

Program Evaluation

In order to continuously improve school health services, the Board shall evaluate the effectiveness of such services and the extent to which they continue to meet student needs.

The Superintendent or designee shall provide the Board with periodic reports that may include, but are not necessarily limited to, rates of participation in school health services; changes in student outcomes such as school attendance or achievement; measures of school climate; feedback from staff and participants regarding program accessibility and operations, including accessibility to low-income and linguistically and culturally diverse students and families; and program costs and revenues.

10/1994 06/1998 12/09/1998 06/1998 11/1999 03/08/2000 07/2004 09/14/2005 11/2008 04/08/2009 07/2012 08/28/2024

Policy Reference Disclaimer

These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.

State	Description
17 CCR 2950-2951	Hearing tests
17 CCR 6800-6874	Child Health and Disability Prevention program; health
17 CCR 0000 0074	assessments
22 CCR 51009	Confidentiality
22 CCR 51005 22 CCR 51050-51192	Definitions of Medi-Cal providers and services
22 CCR 51030-31192 22 CCR 51200	Requirements for providers
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22 CCR 51231.2	Wheelchair van requirements
22 CCR 51270	Local educational agency provider; conditions for
22 222 54224	participation
22 CCR 51304	<u>Limitations on specified benefits</u>
22 CCR 51309	Psychology, physical therapy, occupational therapy, speech
	pathology, audiological services
22 CCR 51323	Medical transportation services
22 CCR 51351	Targeted case management services
22 CCR 51360	Local educational agency; types of services
22 CCR 51491	Local educational agency eligibility for payment
22 CCR 51535.5	Reimbursement to local educational agency providers
Ed. Code 49073-49079	Privacy of student records
Ed. Code 49423.5	Specialized physical health care services
Ed. Code 49557.2-49558	Eligibility for free and reduced-price meals; sharing
	information with Medi-Cal
Fam. Code 6920-6930	Consent by minor for medical treatment
Gov. Code 95020	Individualized family service plan
H&S Code 104830-104865	School-based application of fluoride or other tooth decay-
1103 Code 10 1050 10 1005	inhibiting agent
H&S Code 121020	HIV/AIDS testing and treatment; parental consent for minor
1183 Code 121020	under age 12
H&S Code 123110	
	Minor's right to access health records
H&S Code 123115	Limitation on parent/guardian access to minor's health
U0.C.C. 122000 12200F	records
H&S Code 123800-123995	California Children's Services Act
H&S Code 124025-124110	Child Health and Disability Prevention Program
H&S Code 124172-124174.6	Public School Health Center Support Program
H&S Code 124260	Mental health services; consent by minors age 12 and older
H&S Code 130300-130317	Health Insurance Portability and Accountability Act (HIPAA)
W&I Code 14059.5	<u>Definition of "medically necessary"</u>
W&I Code 14115	Medi-Cal claims process
W&I Code 14115.8	LEA Medi-Cal Billing Option; program guide
W&I Code 14124.90	Third-party health coverage
W&I Code 14132.06	Covered benefits; health services provided by local
	educational agencies
W&I Code 14132.47	Administrative claiming process and targeted case
- 2-4 1-2-1	management
W&I Code 5961-5961.5	Children and Youth Behavioral Health Initiative Act
Federal	Description
20 USC 1232g	Family Educational Rights and Privacy Act (FERPA) of 1974
20 000 12029	ranning Educational Rights and Frivacy Act (FERFA) OF 1377

42 CFR 431.300 Use and disclosure of information on Medicaid applicants and recipients Prohibition against disclosure of records 42 USC 1320c-9 42 USC 1397aa-1397mm State Children's Health Insurance Program 45 CFR 164.500-164.534 Privacy of individually identifiable health information **Management Resources Description** CA Department of Health Care Services LEA Medi-Cal Billing Option Program Provider Manual, November 2021 Publication CA Dept of Health Care Services Publication Policy and Procedure Letter No. 23-004, February 2023 CA Dept of Health Care Services Publication Policy and Procedure Letter No. 21-017R, December 2021 CA Dept of Health Care Services Publication California School-Based Medi-Cal Administrative Activities Manual CA Health and Human Services Publication Children and Youth Behavioral Health Initiative, 2021 Documenting the Link Between School-Based Health Centers CA School-Based Health Alliance Publication and Academic Success, May 2014 CA School-Based Health Alliance Publication How to Fund Health Services in Your School District, September 2014 California Department of Education Health Education Framework for California Public Schools, Publication Kindergarten Through Grade Twelve, May 2019 National Center For Youth Law Publication Confidential Medical Release: Frequently Asked Questions from Schools and Districts, November 2015 Centers for Medicare & Medicaid Services Informational US Dept of Health and Human Services Publication Bulletin, Information on School-Based Services in Medicaid: Funding, Documentation and Expanding Services, August 2022 Information on School-Based Services in Medicaid: Funding, US Dept of Health and Human Services Documentation and Expanding Services, August 18, 2022 Publication Website California Department of Health and Human Services Website CSBA District and County Office of Education Legal Services Website CSBA, Practi-Cal Program California School-Based Health Alliance Website Center for Health and Health Care in Schools Website Website Centers for Disease Control and Prevention, School Health Policies and Programs (SHPPS) Study Website Centers for Medicare and Medicaid Services National Center for Youth Law Website California School Nurses Organization Website California County Superintendents Website California Department of Education, Health Services and Website School Nursing Website California Department of Health Care Services Website California Department of Public Health Website **CSBA**

Cross References

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Code	Description
0410	Nondiscrimination In District Programs And Activities
1330.1	Joint Use Agreements
1340	Access To District Records
1340	Access To District Records
1400	Relations Between Other Governmental Agencies And The
	<u>Schools</u>
3514	Environmental Safety
3514	Environmental Safety

3553	Free And Reduced Price Meals
3553	Free And Reduced Price Meals
4119.41	Employees With Infectious Disease
4119.43	<u>Universal Precautions</u>
4119.43	<u>Universal Precautions</u>
4157	Employee Safety
4157	Employee Safety
4219.41	Employees With Infectious Disease
4219.43	Universal Precautions
4219.43	Universal Precautions
4231	Staff Development
4257	Employee Safety
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4319.41	Employees With Infectious Disease
4319.43	<u>Universal Precautions</u>
4319.43	<u>Universal Precautions</u>
4357	Employee Safety
4357	Employee Safety
5022	Student And Family Privacy Rights
5022	Student And Family Privacy Rights
5113.1	Chronic Absence And Truancy
5113.1	Chronic Absence And Truancy
5113.11	Attendance Supervision
5113.12	<u>District School Attendance Review Board</u>
5113.12	District School Attendance Review Board
5125	Student Records
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5131.6	Alcohol And Other Drugs
5131.6	Alcohol And Other Drugs
5131.61	Drug Testing
5131.62	Tobacco
5131.62	Tobacco
5131.63	Steroids
5131.63	Steroids
5141	Health Care And Emergencies
5141	Health Care And Emergencies
5141.21	Administering Medication And Monitoring Health Conditions
5141.21	Administering Medication And Monitoring Health Conditions
5141.22	Infectious Diseases
5141.22	Infectious Diseases
5141.23	Asthma Management
5141.23	Asthma Management
5141.24	Specialized Health Care Services
5141.25	Availability Of Condoms
5141.26	Tuberculosis Testing
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	Health Examinations
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5141.31	Immunizations Immunizations
5141.31	Immunizations Health Seressing For School Fatter
5141.32	Health Screening For School Entry
5141.33	Head Lice Child Above Provention And Reporting
5141.4	Child Abuse Prevention And Reporting
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5141.5Mental Health5141.52Suicide Prevention5141.52Suicide Prevention

5141.7Sun Safety5143Insurance5143Insurance

5145.6 <u>Parent/Guardian Notifications</u> 5145.6-E(1) <u>Parent/Guardian Notifications</u>

5146 <u>Married/Pregnant/Parenting Students</u>

5147 <u>Dropout Prevention</u>

5148 Child Care And Development
5148 Child Care And Development
5148 Proschool/Farly Childhood Ed

5148.3Preschool/Early Childhood Education5148.3Preschool/Early Childhood Education6142.8Comprehensive Health Education6142.8Comprehensive Health Education

6145.2 Athletic Competition
6145.2 Athletic Competition

6164.2Guidance/Counseling Services6164.5Student Success Teams6164.5Student Success Teams

6171 Title I Programs
6171 Title I Programs

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Education For Homeless Children
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Education For Homeless Children
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Education For Homeless Children
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Education For Homeless Children
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Education For Foster Youth

6173.1 <u>Education For Foster Youth</u>

6173.4 <u>Education For American Indian Students</u>

6175 Migrant Education Program
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6177 Summer Learning Programs
6184 Continuation Education
6184 Continuation Education