



Harbor Country Day School  
*Embracing the extraordinary in every child.™*

## After School Clubs & Activities Fall 2024



**“Harbor cherishes childhood, cultivates wonder  
and inspires confident learners and leaders.”**

17 Three Sisters Road | Saint James, New York 11780  
(631) 584-5555 | [www.HCDSNY.org](http://www.HCDSNY.org)



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## After School Clubs & Activities Fall 2024

***Please complete and return by September 27, 2024***

Student Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Activity or Activities: \_\_\_\_\_

\_\_\_\_\_

Payment Amount: \_\_\_\_\_

Parent Email: \_\_\_\_\_

### **Emergency Contact Information:**

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

***\*\*Please note, late sign-ups may result in the club not being able to run.\*\****



## Harbor Country Day School

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### After School Clubs & Activities Fall 2024

- Our Fall 2024 session begins the week of **October 7th, 2024.**
- Student absences cannot be made up or refunded. In the event of a school closure due to inclement weather or a program teacher's absence, there will be one make-up class at the end of the session. We will notify you of this schedule change.
- At 3:30 p.m., Kindergarten - 8th Grade students will have a snack provided by the school, then picked up by the program presenter and escorted to their club classroom.
- Parent pick-up for Kindergarten - 8th Grade students is at 4:30 p.m. Club presenters will dismiss students to their parents, who will wait in the main lobby.
- **Preschool clubs will begin at 3:00 p.m. and end at 3:40 p.m. Parent pick-up dismissal time is at 3:40 p.m. Parents will queue up in the parent pick-up line at 3:30 p.m.**
- ***If students go into After School Child Care following the club, Aftercare rates will apply starting at 4:30 p.m.***
- Preschoolers who use After School Child Care on the same day they attend a club are subject to the appropriate After School Child Care fee.
- If a club is canceled, the presenter or Ms. Pacheco will call parents and provide the rescheduled date. All dismissal changes for any canceled club must be called/emailed to the front office.
- No club refunds are permitted, but students may apply a credit to switch to another club running during the same trimester.

The cost for each PK club is **\$150.00**. The cost of each K-8th Grade is **\$225.00**. Some clubs may have a different fee or materials fee applied. Please make checks payable to *Harbor Country Day School* and indicate, on the memo line, which club you are choosing.

If you have any questions, please get in touch with Erica Pacheco at:  
[epacheco@hcdsny.org](mailto:epacheco@hcdsny.org).



## Harbor Country Day School

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### Monday Soccer Shots



**Instructor:** Team member from Soccer Shots

**Dates:** 10/7, 10/21, 10/28, 11/18, 11/25, 12/2 \*Make up day 12/9

**Time:** PK: 3:00-3:40; K-5th: 3:40-4:10

**Grade:** PK3/4's, K-4th

Soccer Shots utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. Coaches work on team building, fun fitness activities, and character development. No cleats or shin guards are needed. Classes are 30 minutes long.

**\*Minimum 6 students to run\***



## Harbor Country Day School

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### Monday

### Spooky Stories Club



**Instructor:** Mrs. Jacklyn Riegel

**Dates:** 10/7, 10/21, 10/28, 11/18, 11/25, 12/2 \*Make up day 12/9

**Time:** 3:30-4:30

**Grade:** 3rd-6th

Does your child love to read mystery books and spooky stories? Are they interested in learning how to write suspenseful stories with creepy characters and descriptive settings that give their reader the heebie-jeebies? Then join our spooky story club! We will spend our time reading and writing spooky stories, learning the art of suspenseful writing, and writing mysteries with unexpected twists and turns.

**\*Minimum 4 students to run\***



## Harbor Country Day School

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### Tuesday

#### Art Club



**Instructor:** Ms. Lexi Bier

**Dates:** 10/8, 10/15, 10/22, 10/29, 11/12, 11/19 \*Make up day 12/3

**Grade:** 1st-5th

**Materials Fee:** \$15.00

Celebrate the season with various art materials to create projects based on the fall theme. Students will learn how to use everyday materials to make something new and exciting and explore different art mediums, such as paints and oil pastels.

**\*Minimum 4 students to run\***



## Harbor Country Day School

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### Wednesday

#### Girl Scouts/Brownie Troop



**Instructor:** Harbor parents: Ms. Rachel Thessin, Ms. Val Briston

**Dates:** 10/9, 10/16, 10/30, 11/20, 12/4

**Time:** 3:30-4:45

**Grade:** 1st-4th

The Girls Scouts program continues at Harbor. This girl-led program aims to build girls of courage, confidence, and character who make the world a better place. The troop encourages age-appropriate decision-making and learning by doing. The Girl Scouts focus on life skills, STEM, the outdoors, and entrepreneurship.

*\*Please note: If you want to sign up for Girl Scouts, kindly contact Rachel Thessin at [rthessin@alum.mit.edu](mailto:rthessin@alum.mit.edu) before Registration. There is no Harbor fee for this club.*



## Harbor Country Day School

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### Thursday

### Yoga Club



**Instructor:** TC Diamond's Miss Tiffany

**Dates:** 10/10, 10/17, 10/24, 10/31, 11/7, 11/14 \*Make up day 11/21

**Grade:** PK: 3:00-3:40; K-5th: 3:40-4:30

**Yoga Stars:** Participants will learn yoga poses, breathing, and relaxation exercises. These practices will help cultivate a calm mind, increase strength and flexibility, improve gross and fine motor skills, improve concentration, and help students understand how to identify and manage emotions and feelings. We will begin to work on "I feel" and "I am" statements.

**Yoga Tots:** An educational yoga program geared for young children. Yoga education at this age helps children to be learning-ready, physically fit, aware of self and others, and to develop coordination and confidence.

**\*Minimum 5 students to run\***



## Harbor Country Day School

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### Thursday Dance Club



**Instructor:** Ms. Brianna DiPaola

**Dates:** 10/10, 10/17, 10/24, 10/31, 11/7, 11/14 \*Make up day 11/21

**Grade:** Kindergarten-5th

Learn to express yourself through movement and music! Dancers will stretch, warm up, and learn various dancing techniques from their instructor and peers. They will collaborate with partners to create their dance routines. Dance Club students will play exciting and engaging games while learning dance terminology. This club will encourage students to express themselves and work together as a team. All levels of dancers are welcome.

*\* Please Note dress code: Students are strongly encouraged to wear leggings or comfortable clothing, socks & sneakers, or dance shoes & attire.*

**\*Minimum 5 students to run\***



## Harbor Country Day School

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### Friday Knitting Club



**Instructor:** Ms. Erica Pacheco

**Dates:** 10/11, 10/18, 10/25, 11/1, 11/8, 11/15 \*Make up day 11/22

**Time:** 3:30-4:30

**Grade:** 4th-8th

**Materials Fee:** \$20.00

Embrace the cozy vibes of Autumn with our Hand Knitting Fall Club! As the leaves turn and the air gets crisp, join us for warm gatherings where we will be knitting a blanket just in time for fall! This club offers a welcoming and creative space that's relaxing and fosters a skill that can be utilized time after time. No experience is necessary, beginners are welcome!

**\*Minimum 4 students to run\***