

Middle School Lunch Menu



October



Monday

Tuesday

Wednesday

Thursday

Friday

Meal Price
\$3.15
October Total
\$66.15

Ravioli **1**
Marinara Sauce, Meat
Balls, Garlic Bread, Tossed
Salad, Cucumber Slices,
Fruit Cocktail, Milk

Biscuits & Gravy **2**
Beef Sticks, Scrambled
Eggs, Tri Taters, Juice
Blend, Bananas, Milk

Mini Chicken Tacos **3**
Spanish Rice, Frito Salad,
Mexican Beans, Baby
Carrots, Broccoli, Tropical
Fruit, Milk

BBQ Pulled Pork **4**
Sandwich
Potato Wedges, Baked
Beans, Zucchini Slices,
Oranges, Milk

Mac & Cheese **7**
w/smokies, Fresh
Broccoli, Carrots, Fruit
Cocktail, Cookie, Milk

Cheeseburger **8**
French Fries, Baked
Beans, Carrots,
Cucumbers, Apple Slices,
Milk

Popcorn Chicken Bowl **9**
Mashed Potatoes,
Gravy, Corn, Broccoli,
Dinner Roll, Banana, Milk

French Toast Sticks **10**
Scrambled Eggs, Tater
Tots, Juice Blend, Sausage,
Peaches, Milk

 Pizza **11**
Tossed Salad, Breadstick,
Baby Carrots, Red
Peppers, Frozen Treat,
Milk

Cheesy Chicken & **14**
Pasta
Sweet Red peppers,
Garlic Bread, Broccoli,
Peaches, Milk

Steak Fingers **15**
Mashed Potatoes,
Gravy, Steamed Carrots,
Apple Slices, Milk


Corn Dog Bites **16**
Baked Beans, Sun Chips,
Cucumber Slices, Frozen
Treat, Milk

Chili **17**
Corn Chips, Fresh
Broccoli, Cinnamon Roll,
Pineapple, Milk

Grilled Cheese Sand. **18**
Chicken Noodle Soup,
Carrots & Celery, Grapes,
Milk

Tater Tot Casserole **21**
Steamed Peas & Carrots,
Breadstick, Broccoli,
Mandarin Oranges, Milk

Pancake Stick **22**
Scrambled Eggs, Tater
Tots, Juice Blend,
Orange, Milk

 Pizza **23**
Tossed Salad, Breadstick,
Baby Carrots, Red
Peppers, Frozen Treat,
Milk

 **24**
No School
Professional Development

 **25**
No School

Country Steak **28**
Mashed Potatoes, Gravy,
Green Beans, Dinner Roll,
Fruit Cocktail, Milk

Pizza Calzone **29**
Tossed Salad, Cucumbers,
Carrots, Orange, Milk

Fajita Chicken Salad **30**
Mexican Beans, Steamed
Corn, Diced Tomato,
Tropical Fruit, Churro Chips,
Milk

Sloppy Joes **31**
Baked Beans, Broccoli,
Potato Wedges, Apple
Slices, Milk

