

# High School Lunch Menu



# October



Monday

Tuesday

Wednesday

Thursday

Friday

**Meal Price**  
**\$3.25**  
**October Total**  
**\$68.25**

Ravioli **1**  
Marinara Sauce, Meat  
Balls, Garlic Bread, Tossed  
Salad, Cucumber Slices,  
Fruit Cocktail, Milk

Biscuits & Gravy **2**  
Beef Sticks, Scrambled  
Eggs, Tri Taters, Juice  
Blend, Strawberries &  
Bananas, Milk

Mini Chicken Tacos **3**  
Spanish Rice, Frito Salad,  
Mexican Beans, Baby Carrots,  
Broccoli, Churro Chips, Cheese  
Stick, Tropical Fruit, Milk

BBQ Pulled Pork **4**  
Sandwich  
Potato Wedges, Carrots,  
Baked Beans, Zucchini  
Slices, Oranges, Milk

Mac & Cheese **7**  
w/smokies, Fresh  
Broccoli, Carrots, Fruit  
Cocktail, Cookie, Milk

Cheeseburger **8**  
French Fries, Baked  
Beans, Carrots,  
Cucumbers, Apple, Milk

Popcorn Chicken Bowl **9**  
Mashed Potatoes,  
Gravy, Corn, Broccoli,  
Dinner Roll **(2C)**, Banana,  
Milk

French Toast Sticks **10**  
Scrambled Eggs, Tater  
Tots, Juice Blend, Sausage,  
Peaches, Milk

 Pizza **11**  
Tossed Salad, Breadstick,  
Baby Carrots, Red  
Peppers, Frozen Treat,  
Milk

Cheesy Chicken & **14**  
Pasta  
Sweet Red peppers,  
Garlic Bread, Broccoli,  
Peaches, Milk

Steak Fingers **15**  
Mashed Potatoes,  
Gravy, Breadstick,  
Steamed Carrots, Apple,  
Milk


Corn Dog Bites **16**  
Baked Beans, Sun Chips,  
Cucumber Slices, Frozen  
Treat, Milk

Chili **17**  
Corn Chips, Fresh  
Broccoli, Cinnamon Roll,  
Pineapple, Milk

Grilled Cheese Sand. **18**  
Chicken Noodle Soup,  
Carrots & Celery, Fruit  
Cocktail, Milk

Tater Tot Casserole **21**  
Steamed Peas & Carrots,  
Breadstick, Broccoli,  
Mandarin Oranges,  
Cookie, Milk

Pancake Stick **22**  
Scrambled Eggs, Tater  
Tots, Juice Blend,  
Orange, Milk

 Pizza **23**  
Tossed Salad, Breadstick,  
Baby Carrots, Red  
Peppers, Frozen Treat,  
Milk

 **24**  
**No School**  
**Professional Development**

 **25**  
**No School**

Country Steak **28**  
Mashed Potatoes, Gravy,  
Green Beans, Dinner Roll,  
Fruit Cocktail, Milk

Pizza Calzone **29**  
Tossed Salad, Cucumbers,  
Carrots, Orange, Milk

Fajita Chicken Salad **30**  
Mexican Beans, Steamed  
Corn, Diced Tomato,  
Tropical Fruit, Churro Chips,  
Milk

Sloppy Joes **31**  
Baked Beans, Broccoli,  
Potato Wedges, Apple,  
Milk

