LUNCH

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	Soup of the day Freshly baked bread	Soup of the day Freshly baked bread			
MAIN MEAL	Spaghetti Bolognese	Piri Piri Chicken Selection of sauces	Bangers & Mash Pork & Herb or Chicken Sausages	Chicken Fajitas	Cod Goujons
MEAT FREE	Roasted Root Vegetables Ragu	Mixed Vegetable Kebab	Cheese & Leek Sausages	Spiced BBQ pulled Jack Fruit Mixed Beans	Fishless Fingers
ON THE SIDE	Garlic & Rosemary Focaccia Broccoli Sautéed Hispi Cabbage	Portuguese Style Potatoes Green Beans & Red Onion Pitta Bread	Creamed Potatoes Peas & Carrots Gravy Sautéed Onions	Tomato & Red Onion Salsa, Sour Cream, Guacamole, Sweet Corn, Mexican Rice & Nachos	Seasoned Fries Sweetcorn Peas
DESSERT	Marble Sponge & Custard	Blondie	Carrot Cake	Fruit Crumble Bar	Chocolate Fudge Cake
	Dessert yoghurt & Jelly pots	Dessert yoghurt & Jelly pots			
EVERY DAY	Jacket Potatoes Choice of Baked Beans, Cheese or Tuna	Jacket Potatoes Choice of Baked Beans, Cheese or Tuna			
SALAD & SANDWICH BAR	Chef Salads of the Day & Selection of Freshly made Sandwiches	Chef Salads of the Day & Selection of Freshly made Sandwiches	Chef Salads of the Day & Selection of Freshly made Sandwiches	Chef Salads of the Day & Selection of Freshly made Sandwiches	Chef Salads of the Day & Selection of Freshly made Sandwiches



LUNCH

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	Soup of the day Freshly baked bread	Soup of the day Freshly baked bread	Soup of the day Freshly baked bread	Soup of the day Freshly baked bread	Soup of the day Freshly baked bread
MAIN MEAL	Kings Mac 'N' Cheese Topped With Crispy Bacon	Chicken Tikka Masala	Roast Loin Of Pork & Crackling	Chicken Shawarma	Build your own Pizza Choose from Pepperoni, Red Onion, Pineapple, Sweetcorn, Peppers
MEAT FREE	Spinach & Pesto Pasta Tomato & Basil Penne Vegetable Lasagne	Fruity Sweet Potatoes, Spinach & Chickpea Curry	Tomato & Lentil Pasta bake	Mushroom &Tofu Kebab Wite Bean Hummus	
ON THE SIDE	Garlic & Herb Bread Roasted Cumin Carrots & Broccoli	Turmeric Cauliflower, Green Beans, Pilaf Rice with Selection of Sambal's	Sage & Onion Stuffing, Roasted Pineapple, Carrot & Swede, Peas, Roast Potatoes & Gravy	Oregano Mint Potatoes White Cabbage, Carrot & Red onion Tzatziki & Chilli Sauce	French Fries Corn on the Cob Baked Beans
DESSERT	Apple Crumble & Custard	Lemon Drizzle	Jam & Cream Scones	Brookie	Selection of Doughnuts
	Dessert yoghurt & Jelly pots	Dessert yoghurt & Jelly pots	Dessert yoghurt & Jelly pots	Dessert yoghurt & Jelly pots	Dessert yoghurt & Jelly pots
EVERY DAY	Jacket Potatoes Choice of Baked Beans, Cheese or Tuna	Jacket Potatoes Choice of Baked Beans, Cheese or Tuna	Jacket Potatoes Choice of Baked Beans, Cheese or Tuna	Jacket Potatoes Choice of Baked Beans, Cheese or Tuna	Jacket Potatoes Choice of Baked Beans, Cheese or Tuna
SALAD & SANDWICH BAR	Chef Salads of the Day & Selection of Freshly made Sandwiches	Chef Salads of the Day & Selection of Freshly made Sandwiches	Chef Salads of the Day & Selection of Freshly made Sandwiches	Chef Salads of the Day & Selection of Freshly made Sandwiches	Chef Salads of the Day & Selection of Freshly made Sandwiches



LUNCH

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	Soup of the day Freshly baked bread				
MAIN MEAL	Kung Po Chicken	Italian Meatballs	Cajun Chicken	Taco Thursday Beef Chili	Crispy Chicken
MEAT FREE	Tempeh Stir Fried Vegetables Black Bean Sauce	Spinach & Potato Bites	Spicy Bean Burger	Vegetable Chilli	Halloumi Parcels
ON THE SIDE	Sweet Soy Noodles Green Beans, Corn & Bok Choy	Tricolore Fusilli Garlic & Rosemary Focaccia Roasted Carrots	Trio Potato Wedges Peas & Corn Burger Garnish	Mexican Rice, Nachos, Sweetcorn & Dips	King's Seasoned Fries
DESSERT	Sticky Toffee Sponge & Custard	Rice Krispie Cake	School-days Cake	Flapjack Granola Bar	Chocolate Chip Cookie
	Dessert yoghurt & Jelly pots				
EVERY DAY	Jacket Potatoes Choice of Baked Beans, Cheese or Tuna				
SALAD & SANDWICH BAR	Chef Salads of the Day & Selection of Freshly made Sandwiches	Chef Salads of the Day & Selection of Freshly made Sandwiches	Chef Salads of the Day & Selection of Freshly made Sandwiches	Chef Salads of the Day & Selection of Freshly made Sandwiches	Chef Salads of the Day & Selection of Freshly made Sandwiches

