



# CRS Cross Country vs



## Bensalem Dual Meet – Bensalem High School – 09-18-2024



The Council Rock South Boys Harriers continued their strong season with another big win against Bensalem. The boys had a strong pack up front with Jude Olsen, Cain Lawler and Mason Kaminski leading the way. The final score was 15-50 which is a perfect score for our CR South Golden Hawks and continues our perfect dual meet season. Please find the CR South results below.

Varsity Race									
First	Last	Mile 1	Mile 2	Mile 2 Split	Final 1.1 Split	Finish	Place	Gap 1-5	
Jude	Olsen	05:12.0	10:52.0	05:40.0	05:36.5	17:19.0	1	00:53.0	
Cain	Lawler	05:12.0	10:52.0	05:40.0	05:36.5	17:19.0	2		
Mason	Kaminski	05:12.0	10:52.0	05:40.0	05:38.3	17:21.0	3	Gap 1-7	
Nate	Kach	05:22.0	11:18.0	05:56.0	05:47.8	17:58.0	4	00:57.0	
Eshaan	Doegar	05:30.0	11:36.0	06:06.0	05:44.3	18:12.0	5		
Ian	Lihani	05:36.0	11:44.0	06:08.0	05:40.9	18:16.0	6	CRS	BEN
Jesse	Gassmann	05:36.0	11:37.0	06:01.0	05:47.0	18:16.0	7	1	8
Nick	Donohue	05:35.0	11:37.0	06:02.0	05:47.8	18:17.0	8	2	9
Finn	Malone	05:31.0	11:37.0	06:06.0	05:57.4	18:28.0	10	3	10
Colin	Hartey	05:35.0	11:44.0	06:09.0	05:52.2	18:29.0	11	4	11
Rowan	Grant	05:37.0	11:44.0	06:07.0	06:18.3	18:59.0	12	5	12
Cole	Walters	05:49.0	12:13.0	06:24.0	06:39.1	19:52.0	16	15	50
Shane	McCreary	05:49.0	12:10.0	06:21.0	06:47.8	19:59.0	17	6	13
Lucas	Robtison	06:13.0	13:05.0	06:52.0	06:44.3	20:50.0	21	7	14
Nevin	Thomas	06:17.0	13:05.0	06:48.0	07:22.6	21:34.0	22		
Dan	Kulb	06:20.0	13:33.0	07:13.0	06:58.3	21:34.0	23		
Chase	Pavlow	06:20.0	13:33.0	07:13.0	07:02.6	21:39.0	24		
Cole	Hunter	06:44.0	13:58.0	07:14.0	07:02.6	22:04.0	27		
Jonathan	Harding	07:05.0	14:31.0	07:26.0	07:18.3	22:55.0	37		