

October 2024 Long Hill Public Schools LUNCH MENU

Our menus are aligned with the USDA's
"Healthier US School Challenge."

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MISTER'S FOOD SERVICE	1 Chicken Nuggets Peas Corn Bread	2 Pizza Carrot Sticks	3 NO SCHOOL	4 Sausage/egg/cheese English Muffin Green Beans
7 Lasagna Roll-Ups Carrot Coins	8 Chicken Cutlet Sandwich Mashed Potatoes	9 Pizza Romaine Salad	10 Chicken & Waffles Zucchini	11 Meatball Marinara Sub Rice/ Beans
14 NO SCHOOL	15 NO SCHOOL	16 Pizza Carrot Sticks	17 Italian Meatball Sub Seasoned Spinach	18 Drumstick Rice/ Beans
21 Pasta Marinara Italian Meatballs Mashed Sweet Potatoes	22 Chicken Cutlet Sandwich Rice/Beans	23 Pizza Romaine Salad	24 Chicken Stir Fry Brown Rice Peppers/Onions	25 Hamburger Golden Corn
28 Stuffed Shells Zucchini	29 Chicken Nuggets Brown Rice Golden Corn	30 Pizza Carrot Sticks	31 Hot Dog Broccoli	MONDAYS ARE PASTA DAYS!!

Menu Subject to Change

**Offered Daily w/ Reimbursable Lunch:
Fresh Fruit or Fruit Cup
Low Fat & Fat Free milk**

**Offered Daily:
Halal Nuggets
Grilled Cheese Sandwich
Sunbutter & Jelly Sandwich
Turkey & Cheese Sandwich
Veggie Burger**

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