



WEST HIGH SCHOOL NEWSLETTER



WEST HIGH SCHOOL

966 Shawano Avenue
Green Bay, WI 54303
(920) 492-2600

Main Office:
(920) 492-2601

Attendance Office:
(920) 492-2603

Student Services:
(920) 492-2602

LMC:
(920) 492-2733 ext. 43044

@GBWestHS



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DISTRICT
EXPECTATIONS
AT HIGH SCHOOL
SPORTING
EVENTS**

Message from the Principal

Dear West Community,

On behalf of the entire Green Bay West staff, I would like to extend a warm welcome as we begin the 2024-25 school year. We continuously strive to provide students with a high school experience that is rigorous, relevant and rich. Our students are challenged to develop the skills needed for college and career. The goal is to give students the greatest number of post-secondary choices from the widest array of options. We achieve this through the individualized support and attention that our dedicated staff provides. Please know that you are always welcome here.

Your involvement as parents and community members is critical to our success. Together, we will continue to make Green Bay West a center of pride and opportunity for our Wildcat community.

Your Proud Principal,

Dexter McNabb, *Principal of West High School*

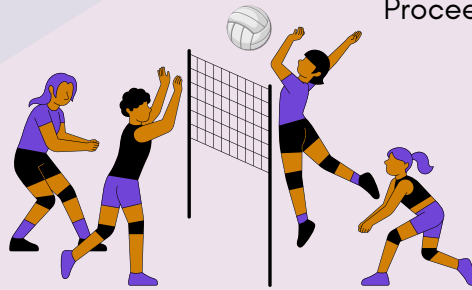
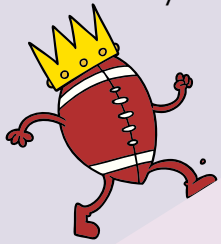


Green Bay West's faculty and staff

Homecoming Details

West's Homecoming football game kicks off at 7 pm on Friday, September 20th. This will be the first game on our new field. Come cheer on the Wildcats in your purple and white spirit wear. West's Homecoming Dance will be held on Saturday, September 21st, from 7 - 10 pm in the Cafeteria & Gym. Attendees must arrive by 9 to get in. Homecoming tickets are \$15, and will be sold during Homecoming Week, in the cafeteria.

Concessions will be available for purchase at the game and the dance. Students MUST attend at least 85% of school days AND have 0 admin referrals to attend football games and/or the dance.



UPCOMING EVENTS

Pink Out Volleyball Event

West will be hosting our Annual Pink Out Volleyball Event on Thursday, October 10th. All attendees are urged to wear Pink. We will also be offering free admission for anyone who brings a new, hand-sized stuffed animal or toy for donation to Children's Cancer Clinic. The Pink Out event will include games, bucket raffles, silent auction and 50/50 raffle. Proceeds from the event will go to Sting Cancer and the Susan G. Breast Cancer Foundation.



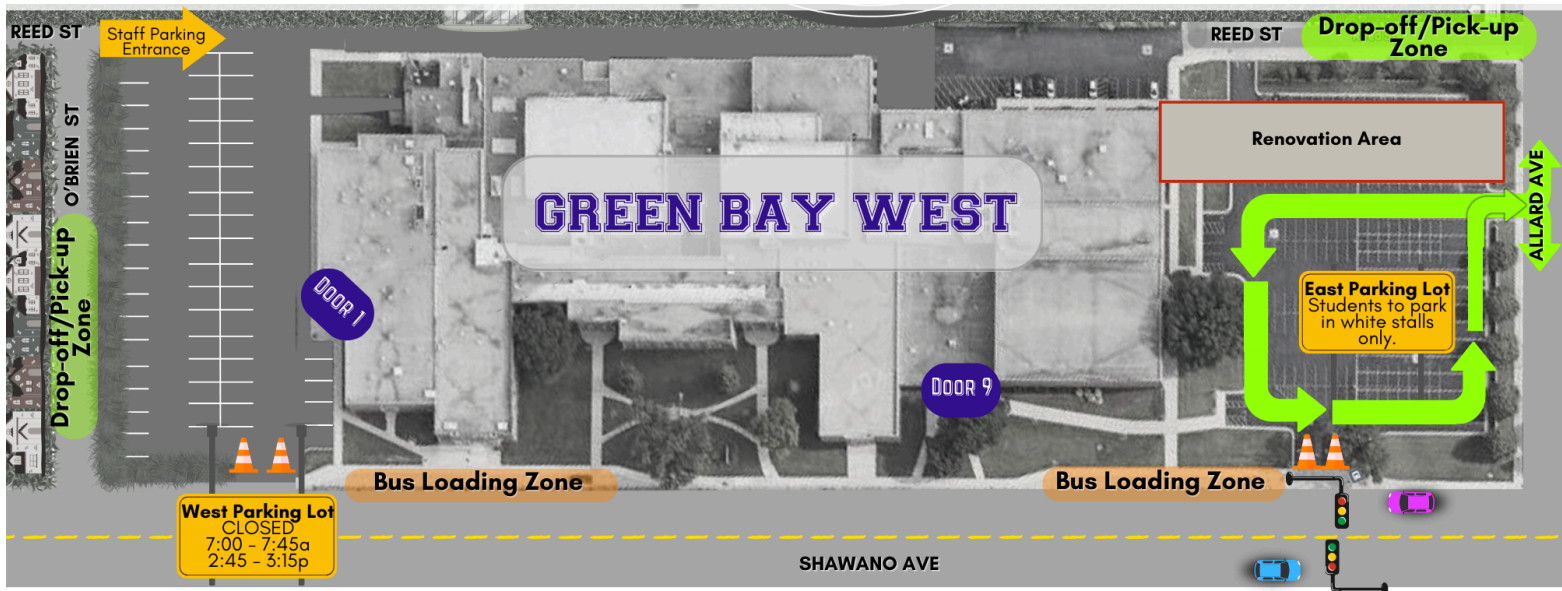
MYP Personal Project

The Personal Project is a requirement for all Sophomores. It is a showcase to demonstrate learning that occurs on their own outside of the normal school curricula. They are internationally and locally assessed on their ability to learn something new and their reflection about the process of learning rather than the end product. The Personal Project represents a minimum of twenty-five hours of outside work during the school year. During the year they will meet with an assigned teacher, listed in period 10 of their schedule, to help guide them through the process and reflections on their work. They will ultimately submit a report (with evidence), bibliography and academic honesty form to be Internationally graded by the International Baccalaureate Organization.

The Personal Project encourages students to practice and strengthen their Approaches to Learning (ATL) skills, to consolidate prior and subject-specific learning, and to develop an area of personal interest. The personal project provides an excellent opportunity for students to produce a truly personal and often creative product/outcome and to demonstrate a consolidation of their learning in the Middle Years Program (MYP)



New Drop-Off Policy for the School Year



Drop-Off/Pick-Up Procedures

- Families should drop-off/pick-up using the east-side parking lot, entering and exiting on Allard Avenue.
- O'Brien Street and Reed Street can also be utilized for drop-off and pick-up.
- Families may only use the inlets on Shawano Avenue when buses have completed their drop-offs/pick-ups.
- The west-side parking lot will be closed to families during drop-off and pick-up times from 7:00 - 7:45 am and 2:45-3:15 pm. The entrance to the east-side parking lot on Shawano Avenue (at the lights) will also be closed during those times.
- Visitors/Parents coming into the building for meetings should park in the west-side lot outside of the restricted times. A visitor permit, available at the Security Desk, is required to park in the lot if parking in a spot that is not marked "visitor parking."
- Students should only park in the white-lined stalls within the east-side parking lot. Parking passes are available for purchase in the Main Office with a completed application. Students may NOT park in the west-side lot.
- Staff may enter the west-side parking lot using the Reed Street entrance.
Please note that the west-side parking lot will be available only to staff during drop-off/pick-up times.



Oral Health Partnership Visit for Students at West

Oral Health Partnership (OHP) will be at West High School for a couple of days this year, to see students. OHP provides important dental services to students who have ForwardHealth, Badgercare or no private dental insurance.

Dental services can include teeth cleaning and oral hygiene, dental exam, fluoride treatment, x-rays and general oral screening/education. Please contact West High School at 920-492-2602 or OHP at 920-965-0831 with any questions.



School Picture Ordering

Ambrosius Studios

We are looking forward to the 2024-25 school year!

Picture retake day was on September 10th. School pictures are online for you to view and order. Students who had their picture taken received a QR Code Card. This card has the code you need to order pictures and has information on ordering from Ambrosius Studios website (ambrosiusstudios.com).

Images will be on the website within 5 days after photos are taken. Each student will have 2 images online to view and select from.

How to order or view images:

- Scan QR code with phone or go to ambrosiusstudios.com
- Click on School Photos tab
- Enter your ticket code
- Enter your email address
- Choose the pictures and/or packages you would like to order



If you have any questions, please reach out to Ambrosius Studios at (920) 494-2294.

Senior Pictures for the Yearbook

In order for your senior picture to be included in the yearbook, you must submit a digital image by January 3, 2025.

- Senior photos should be of only the student, no other individuals should be in the picture.
- Picture should be in color and PORTRAIT layout, NOT landscape.
- Send Senior pictures to Ms. Jill at jdiebold@gbaps.org.
- We are asking families to also share a baby picture for use at graduation, which can be uploaded to: bit.ly/Senior-Baby-Pic-25



Please contact Yearbook Advisor Jill Diebold with any questions at jdiebold@gbaps.org.

State of Wisconsin
Department of Transportation

Driver Education Grant Program

Students who qualify for free/reduced lunch may apply below to have their classroom and behind-the-wheel driver training for a Class D (Regular) driver license paid for through the Driver Education Grant Program. Students with grants can enroll in any driver education program offered by an authorized driver education provider. The tuition will be paid directly to the Driver Training school.

Information on all the steps needed to obtain a driver license is available at wisconsin.dmv.gov/teendriver.

Eligible students

- Wisconsin resident
- 14-19 years of age
- Eligible or receiving **free & reduced lunch**
- Student has not previously held a driver license

Driving Instruction

- Grant covers 30 hours of classroom, 6 hours of observation and 6 hours of behind the wheel
- Enroll in certified public school, CESA program, Tribal or private school, or DMV-licensed driver training school (note: provider must be registered with Wisconsin DMV)
- Grant funds issued to a student expire after 18 months of no use and student may reapply

The process for students

- Apply online below
- Receive a confirmation email with confirmation "coupon" numbers for the course(s)
- Share the coupon number(s) with the licensed driving school
- Schools will enter the coupon number in their student records upon course enrollment
- Payment for the course(s) will be sent electronically to the schools from Wisconsin DMV



NATIONAL CHOLESTEROL EDUCATION MONTH

September is National Cholesterol Education Month, making it an ideal time to understand what cholesterol is, why it's important and how to manage it. Although cholesterol is often mentioned in discussions about health, understanding its role and the risks associated with high cholesterol can help you take control of your heart health.

Cholesterol is a waxy substance found in your blood, essential for building cells, hormones and vitamins. There are two types of cholesterol:

- HDL (High-Density Lipoprotein): Known as “good” cholesterol, it helps remove other forms of cholesterol from your bloodstream.
- LDL (Low-Density Lipoprotein): Known as “bad” cholesterol, high levels can lead to the buildup of cholesterol in your arteries.

High LDL cholesterol can lead to plaque forming in your arteries, restricting blood flow and increasing the risk of heart attack and stroke. According to the CDC, individuals with high cholesterol are twice as likely to develop heart disease.

Unhealthy lifestyle choices such as poor diet, lack of exercise, smoking and excessive alcohol consumption are contributors to high cholesterol. Genetics, age and medical conditions like diabetes and obesity can also play a role.

Preventing and Managing High Cholesterol

- Diet: Focus on a diet rich in fruits, vegetables, whole grains and healthy fats. Limit foods high in saturated fats.
- Exercise: Engage in regular physical activity, aiming for at least 30 minutes most days.
- Avoid Smoking: Smoking lowers HDL (the “good” cholesterol) and increases LDL (the “bad” cholesterol).
- Medication: If lifestyle changes are not enough, follow your doctor's advice regarding cholesterol-lowering medications.

District Health Department #10 encourages everyone to take this simple, yet crucial, step toward better heart health: get your cholesterol checked. High cholesterol is a major risk factor for heart disease, which remains the leading cause of death for both men and women in the US. Cholesterol can build up silently over time, putting your heart at risk without you even knowing it. Knowing your cholesterol levels and taking appropriate action is key to reducing your risk.

Simple Steps to Lower Cholesterol:

- Get Moving: Aim for at least 30 minutes of physical activity most days. Activities like walking, biking, gardening or even dancing can help lower cholesterol.
- Eat Smart: Focus on a diet rich in fruits, vegetables and whole grains. Limit foods high in saturated fats and aim to get no more than 30% of your daily calories from fat.
- Manage Weight: If you're overweight, losing even a few pounds can help lower your cholesterol and boost your HDL (the “good” cholesterol).

For some, lifestyle changes alone may not be enough. If your cholesterol remains high, your doctor may recommend medication to help manage your levels.

High cholesterol and diabetes are closely linked. The National Diabetes Prevention Program is a yearlong, CDC-recognized program designed to help prevent type 2 diabetes through lifestyle changes. Participants can learn skills for healthier eating, increasing physical activity and improving coping mechanisms. The program also offers gift cards and wellness items to keep participants motivated.

Learn More and Get Started

This September, make a commitment to your heart health. Schedule a cholesterol screening with your healthcare provider, adopt heart-healthy habits, and consider joining preventive programs like the National Diabetes Prevention Program. Managing your cholesterol now can lead to a healthier future.



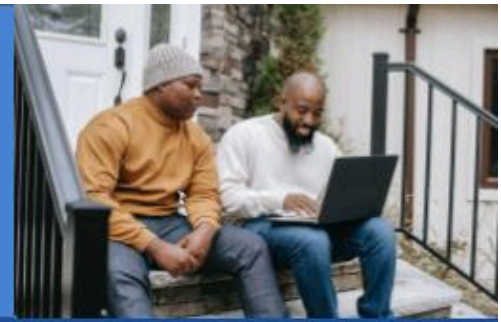


Parent & Guardian Resource for Canvas

[Spanish](#)

[Hmong](#)

[Somali](#)



Hello Parents and Guardians.

We hope this letter finds you in good health and high spirits. As part of our ongoing commitment to providing a guaranteed, viable and equitable educational experience for our students, we are excited to announce the adoption of Canvas Learning Management System (LMS) in Green Bay Area Public Schools.

Canvas LMS is a powerful and user-friendly platform designed to enhance the learning process and facilitate communication between teachers, students, and parents. Its features and capabilities will empower our educators to create engaging, interactive, and personalized learning experiences.

For the 2024-25 school year, most middle and high school courses will be using Canvas. Here are some key benefits of using Canvas:

- **Streamlined Communication:** Canvas provides a centralized communication hub, making it easier for teachers and parents to connect and stay updated on important information related to academic progress, assignments, and events.
- **24/7 Access to Course Materials:** Through Canvas, students and parents will have 24/7 access to course materials. This allows for better organization and planning.
- **Assignment Tracking and Grading:** Canvas enables parents to monitor their child's progress in real-time, view assignments, and track grades. This transparency fosters a collaborative approach to education.
- **Mobile App Compatibility:** Canvas has a mobile app that provides on-the-go access to the platform, ensuring that parents and students can stay connected and engaged even outside the classroom.
- **Submission and Feedback:** Students can easily submit their assignments through Canvas, and teachers can provide timely feedback and grades, promoting continuous improvement.
- **Personalized Learning Paths:** Canvas supports differentiated instruction, allowing teachers to tailor learning paths for individual student needs and strengths.

Retrieve Your Canvas Observer Account:

Before you Begin: Do you have an **active Infinite Campus Parent Portal account**? If not, please email servicedesk@gbaps.org or call 920-448-2148.

1. Go to <https://gbaps.instructure.com/login/canvas>.
2. Click "Forgot Password"
3. Enter your primary email address, which can be found in the Contact Preferences section of the Infinite Campus Parent Portal, and click "Request Password".
4. Open the Instructure Canvas password reset email. You may need to check your spam folder. This email will contain the Login that you will use to access Canvas and a link to reset your password.
5. Select 'Click here to set a new password'. Enter your new password.
6. Use the Login (from the email) and your password to access Canvas.



To ensure a smooth transition, we have created a [Getting Started with Canvas for Parents](#). Join this course by going to bit.ly/3rSZjiv.

Your child's success is of utmost importance to us, and we believe that Canvas will contribute to their academic growth and overall development. We sincerely appreciate your support and cooperation in this endeavor.

If you have any questions or concerns regarding the implementation of Canvas LMS, please feel free to reach out to your child's school.



Looking for Affordable Internet?

Use the Wisconsin Internet Discount Finder!

In seconds you can:

- Find internet providers where you live
- Find free or discounted internet service
- Get help applying for federal discounts

You already qualify for free or discounted internet service if you receive:

- Free or reduced lunch for your child
- SNAP / Foodshare
- SSI
- WIC
- Federal public housing assistance
- Badgercare / Medicaid
- Other federal benefits

Go to the Internet Discount Finder website at bit.ly/find-discount

Need help? Call the Wisconsin Internet Helpline: (608) 267-3595

The Internet Discount Finder is provided free of charge by the Wisconsin Public Service Commission.

Made possible in part by the Institute of Museum and Library Services.

Access the Internet Discount Finder on your phone right now!

Just point your camera at the QR code below and press “qrco.de”



WISCONSIN DEPARTMENT OF
Public Instruction

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hace que sea un libro el cual no vas a querer dejar pasar.

ORDENA TU ANUARIO



Get a Brown County Library card: the BEST school supply!



CHECKOUT

- books and graphic novels
- video games
- board games
- guitar pedals and more!



ACCESS

- language learning
- art and craft how-to videos
- online fact-finding tools



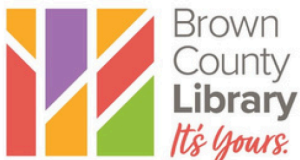
DOWNLOAD

- ebooks
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Scan or visit browncountylibrary.org to start using your FREE library card today!

Please note: When registering for a Brown County Library card, a parent/legal guardian must sign for children ages 0 - 17.



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East Branch
Kress Family Branch
Pulaski Branch
Southwest Branch

Weyers-Hilliard Branch
Wrightstown Branch
browncountylibrary.org



GREEN BAY WEST

HIGH SCHOOL SENIORS

CAP & GOWN

ORDER INFORMATION

All seniors to wear a cap & gown for their Graduation Ceremony

COMPLETE PACKAGE

\$35

◆ PACKAGE INCLUDES:

CAP, GOWN, CORD, & TASSEL

◆ NOT INCLUDED:

ADDITIONAL ITEMS
SUCH AS YEAR DATE TASSELS AND BLING TASSELS
CAN BE PURCHASED INDIVIDUALLY
AT AN ADDITIONAL COST

Year Date Tassel
\$8

Bling Tassel
\$15

ONLINE ORDERING DETAILS

Order by Sunday, December 29, 2024

Go to: <https://buildagrad.com/greenbaywesths>

All orders will ship to school, and arrive in time for Graduation Day

BRICKHOUSE SCHOOL SERVICES | GREEN BAY, WI

920-494-6111

brickhouse007@new.rr.com

CLASS RINGS



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Enigma

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Triad



Embrace

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For a complete selection of rings, pricing, and to ORDER, go to
National Recognition Products' website at nrprings.com

FOR PRE-HOLIDAY DELIVERY, ORDER BY OCTOBER 11, 2024

LOCAL CONTACT:

SEAN BRICK | BRICKHOUSE SCHOOL SERVICES | GREEN BAY, WI



920-494-6111



brickhouse007@new.rr.com