ATHLETIC DEPARTMENT EMERGENCY ACTION PLAN: RESPONSE TEAMS

School: The O'Farrell Charter School *This emergency action plan, including medical emergency drills will be reviewed at the beginning of each sports season with coaches and players. Documentation of these drills will be available upon request.

Athletic Director: Christiaan Baker

Facility: GYM/Field

Call 911 or your local EMS for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.

911 TEAM

CALL 911. Explain the emergency. Provide location.

	Field	Gym
Local EMS Number: 911		
EMS Access Point: Driveway on 6130 Skyline Dr	Back Driveway on 61st St. or entrance to field/track on 61st St.	Entrance on Skyline Dr. turn right up the hill to GYM
Cross Streets:	Skyline Dr or Pastor Timothy J Winters St.	61st St.

Responder 1:
GAMES: Admin on Duty for games

PRACTICES:
FIELD
- TBA **(Fall Season)**
- Tim Bleakley or Gabe Ramirez **(Winter Season)**
- Rachel Medlock **(Spring Season)**

GYM:
- Santos Plaza/Erika Garcia **(Fall/Spring Season)**
- Mercedes Tyler/Thomas Lore **(Winter Season)**

MEET AMBULANCE at EMS Access Point. Take the victim.

	Practices	Events
GYM: EMS Access Point: Driveway on 6130 Skyline Dr	Gym: 4pm-8pm	Gym: 4pm-8pm
FIELD: 61st st: Access Point: Driveway to field from 61st	Field: 4pm-7pm	Field: 3pm-7pm
Cross Streets:	GYM: Skyline Dr Field: Pastor Timothy J Winters St.	GYM: Skyline Dr Field: Pastor Timothy J Winters St.

CPR/AED TEAM

START CPR.

1. Position person on his/her back.

2. Put one hand on top of the other on the middle of the person's cheSt. Keeping arms straight, push hard and fast, (100 compressions/minute.) Let the chest completely recoil after each compression.

3. Take turns with other responders as needed.

WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS

1. Remove clothing from the cheSt.
2. Attach electrode pads as directed by voice prompts.
3. Stand clear while AED analyzes heart rhythm.
4. Keep the area clear if AED advises a shock.
5. Follow device prompts for further action.
6. After EMS takes over, give AED to Athletic Administrator for data download

Advisor: Trainer/Administrator on Supervision

Responder 1: Head Coach
- TBA (Football)
- Rachel Medlock (Cross Country and Track)
- Erika Garcia (Boys Volleyball)
- Santos Plaza (Girls Volleyball
- Mercedes Tyler (Girls BBall)
- Thomas Lore (Boys BBall)
- Tim Bleakley (Girls Soccer)
- Gabe Ramirez (Boys Soccer)

Responder 2: Assistant Coach
- Santos Plaza (Volleyball)
- Nic Venzon (Girls Soccer)
- TBA (Football)
- Savannah Ferrer (Girls BBall)
- Marcus Flisher (Boys BBall)

AED TEAM

GET THE AED KIT.

	Practices	Events
Nearest AED: GYM	GYM	GYM

Responder 1:
- Coach Santos Plaza **(Fall Season)**
- Coach Mercedes Tyler/Coach Thomas Lore **(Winter Season)**
- Coach Erika Garcia **(Spring Season)**

GET THE ATHLETIC TRAINER.

Athletic Trainer: Dana Tate

Cell/Contact Method: 619-581-4517

Typical location: GYM **(Fall/Spring)** Field **(Fall/Winter)**

Responder 1: Assistant Coaches during season:
- Santos Plaza **(Fall/Spring)**
- TBA **(Fall)**
- Thomas Lorel **(Winter)**

Responder 1:
GAMES: Admin on Duty during Games

PRACTICES:
FIELD
- TBA **(Fall Season)**
- Tim Bleakley or Gabe Ramirez **(Winter Season)**
- Rachel Medlock **(Spring Season)**

GYM
- Erika Garcia (Fall/Spring Season)
- Mercedes Tyler/Thomas Lore (Winter Season)

CALL CONTACTS. Provide location and victim's name.

Athletic Trainer: Dana Tate	Cell:619-581-4517
Athletic Director: Christiaan Baker	Cell:760-470-9974
Principal: Brian Rainey	Cell:619-315-7515
Vice Principal: Stephanie Drake	Cell: 619-870-6918
Team Leader: Evan Hill	Cell:760-822-1591
Academic Dean: Kathryn Leenerts	Cell:619-507-3529

WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS.

1. Remove clothing from the chest.
2. Attach electrode pads as directed by voice prompts.
3. Stand clear while AED analyzes heart rhythm.
4. Keep the area clear if AED advises a shock.
5. Follow device prompts for further action.
6. After EMS takes over, give AED to the Athletic Director for data download.

CALL 911 for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.

HEAT STROKE TEAM

	Practices	Events
Tub Location (No Tub) Shower only	Gym Shower Location	Gym Shower Location
Water Source Location	Fountains on Field	Fountains in Gym
Ice Source	Ice Machine In Gym	Ice Machine in Gym
Ice Towel Location	N/A	N/A
• Erika Garcia (Fall/Spring Season) • Mercedes Tyler/Thomas Lore (Winter Season)	Gym: 4pm-8pm	Gym: 4pm-8pm
• TBA **(Fall Season)** • Tim Bleakley or Gabe Ramirez **(Winter Season)** • Rachel Medlock **(Spring Season)**	FIeld 4pm-8pm	Field: 3pm-7pm

HEAT STROKE TEAM

Get The Tub Ready

	Practices	Events
• Erika Garcia (Fall/Spring Season) • Mercedes Tyler/Thomas Lore (Winter Season)	Gym:4pm-8pm	Gym: 4pm-8pm
• TBA **(Fall Season)** • Tim Bleakley or Gabe Ramirez **(Winter Season)** • Rachel Medlock **(Spring Season)**	Field: 4pm-8pm	Field: 3pm-7pm

1. **Remove equipment/excess clothing. Move to shade**
2. **Activate EMS**
3. **Immerse athlete into cold ice water tub, stir water**
   ***If no tub: Cold shower or rotating cold, wet towels over the entire body**
4. **Monitor vital signs**
5. **Cool first, transport second**
   - **cool until rectal temp. reaches 102 F if ATC or MD is available.**
   - **If no medical staff, cool until EMS arrives**