



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GREENSBURG Y

YOUTH POLICIES



CODE OF CONDUCT

The Greensburg Y strives to provide a safe and welcoming environment for all members, guests, and program participants. To promote safety and comfort for everyone, all individuals are asked to act appropriately at all times when in our facilities or participating in our programs.

We expect persons using the Y to act maturely, to behave responsibly, and to respect the rights and dignity of others. Our Code of Conduct lists examples of prohibited actions. Such actions include, but are not limited to, the following:

- 1) Using, possessing, buying, selling, or delivering alcohol or illegal substances on Y property, in Y vehicles, or at Y sponsored programs;
Smoking on Y property – the Y and its property is a smoke-free environment;
- 2) Carrying or concealing a weapon and/or any device or object that may be used as a weapon, exception for qualified law enforcement;
- 3) Harassment or intimidation by words, gestures, body language or any type of menacing behavior;
- 4) Physical contact with another person in an angry, aggressive, or threatening way;
- 5) Verbally abusive behavior, including profanity, angry or vulgar language, name-calling or shouting;
- 6) Sexually explicit conversation or behavior; any sexual contact with another person on Y property, in Y vehicles or at Y sponsored programs;
- 7) Unsafe or inappropriately distracting, immodest, or sexually revealing attire;
- 8) Theft or behavior that results in the destruction or loss of property or injury to a person;
- 9) Loitering within or on grounds of the Y;
- 10) Engaging in conduct that unreasonably interferes with another member or staff person's enjoyment of the Y;
- 11) Use of cell phone cameras and other electronic camera devices in restrooms, showers, and locker rooms at all Y facilities.

Members, guests and program participants are encouraged to take responsibility for their personal comfort and safety by kindly asking any person whose behavior threatens their comfort or unreasonably interferes with their enjoyment of the Y to refrain from such behavior. Anyone who feels uncomfortable in confronting a person directly should report the behavior to a staff person. Y staff members are ready to be of assistance.

In order to carry out these policies, we ask that members, guests and program participants identify themselves to staff when asked. The Director of Member and Community Relations will investigate all reported incidents. **The Y reserves the right, among other things, to deny access, revoke membership, and/or remove any person from the facility on the spot who violates any of the above behaviors, or any other behavior that may be detrimental to others.**

THREE STRIKES RULE

While the Y staff have the right to deny access at any time. The following disciplinary policy has been put in place for Code of Conduct violations not warranting immediate termination:

1st Offense: Verbal Warning

2nd Offense: Suspension of Membership for a minimum of three (3) days

3rd Offense: Termination of Membership for a minimum of one (1) year.

YOUTH AGE RESTRICTIONS

GENERAL RULE

1. **Children and Youth 12 and under must be accompanied by a Parent or Guardian in Locker Rooms.**
2. Children 10 and under must be supervised at all times while in the facility, unless participating in teams or programs.
3. Non-Members under 16 may not buy day passes unless accompanied by an adult and a waiver has been signed. Youth 16-17 may purchase day passes if a waiver signed by a parent or guardian is on file.
4. Youth Members do not receive guest passes.
5. Children and Youth are to abide by the Code of Conduct and are subject to the Three Strikes Rule. Parent or Legal Guardian will be informed of any concerns or violations.
6. Children and Youth are to abide by the following chart which details accessibility and restrictions.

6 Months - 7 Years
Child Watch Gymnasium with Parent or Guardian Racquetball Court with Parent or Guardian Pools with Parent or Guardian* in Pool *Non-member parent/guardian must purchase a Day Pass
8 - 10 Years
Child Watch Gymnasium with Parent or Guardian Racquetball Court with Parent or Guardian Pools with Parent or Guardian Supervision Cardio Room with Parent or Guardian and Safety Orientation Cybex Room with Parent or Guardian and Safety Orientation Group Exercise Limited to Non-Weight Bearing Classes (and at Group Exercise Instructor Discretion)
11 - 12 Years
Child Watch Gymnasium Racquetball Court Pools Cardio Room with Parent or Guardian and Safety Orientation Cybex Room with Parent or Guardian and Safety Orientation Group Exercise Limited to Non-Weight Bearing Classes (and at Group Exercise Instructor Discretion)
13 - 15 Years
Gymnasium Racquetball Court Pools Cardio Room Cybex Room Free Weight Room with Parent or Guardian and Safety Orientation Group Exercise Limited to Non-Weight Bearing Classes (and at Group Exercise Instructor Discretion)
16 - 17 Years
Gymnasium Racquetball Court Pools Cardio Room Cybex Room Free Weight Room with Safety Orientation and Parent Signed Waiver Group Exercise Limited to Non-Weight Bearing Classes (and at Group Exercise Instructor Discretion)

OUR POLICIES

For the protection of the members, staff, equipment and facilities of the YMCA, Youth members must abide by certain rules, policies, and guidelines that ensure the safe and smooth operation of the facility. Failure to observe these rules and regulations may result in loss of member privileges for members and dismissal from the YMCA facilities.

MEMBERSHIPS

1. Members **MUST** scan membership cards to access facility.
2. Any member lending his/her membership card will forfeit their membership, and no refund will be given.
3. All members must have their picture taken for their membership card.
4. The YMCA has a zero tolerance policy in regard to those persons who are convicted sex offenders.

GUEST POLICY

Youth members are not permitted to bring guests.

BEHAVIOR

Please refer to the Code of Conduct on page 2 for our Code of Conduct and Three Strikes Rule. Parents will be responsible for upholding the signed Informed Consent and Code of Conduct as written on the Youth Membership Application.

FOOD

Food is not permitted in the Cardio, Cybex, Free Weight and other Fitness Areas, other than small work out drinks.

APPROPRIATE DRESS

1. Shirts, shorts, pants, and closed-toe athletic shoes are appropriate for wellness areas. Midriffs should be covered.
2. No bathing suits are permitted outside of the pool and locker areas.

Pool:

1. Modest bathing suits only and no cut offs, shorts or undergarments permitted.
2. Long hair must be tied back or in a bathing cap.

POOLS

1. The lifeguard has complete authority on the Pool Deck.
2. Swimming is permitted only during scheduled hours when lifeguard is on duty.
3. No running, pushing or shoving allowed in Pool Area.
4. No prolonged breath holding permitted.

OUR POLICIES

LOCKER ROOMS

1. Boys are to use the Men's Locker Room.
2. Girls are to use the Female Locker Room.
3. Youth with a parent of the opposite sex must use the Family Changing Rooms located on the upper Main Pool area.
4. Cell phone usage is not permitted in any locker room.
5. Youth Under 10 Are to be accompanied by Parent or Guardian in the locker rooms.

GYMNASIUM

1. Refer to the gym schedule located online for open gym dates and times.
2. Basketballs, volleyballs and soccer balls are available for loan by trading collateral for the equipment. Unreturned equipment will be charged to the Member's account.
3. To ensure a comfortable atmosphere for everyone, be courteous and respectful to others.

CARDIO AND CYBEX

1. Youth Members depending on age are permitted to use the Cardio and Cybex Rooms unsupervised after a safety orientation.
2. Please do not disturb other members while using this area.
3. Equipment is to be wiped down after each use.
4. Please limit cardio usage to one hour increments during peak times, no reservations.

RACQUETBALL

1. Youth 10 years of age and younger must be accompanied by a parent/guardian to utilize this area.
2. YMCA Members may reserve a court, in person or over the phone, up to 24 hours prior. Please do not use the courts without a reservation.
3. One hour maximum limit.
4. Wallyball reservations can be made 24 hours prior for a two hour maximum/limit.
5. Players must check in to the Welcome Center prior to playtime.
6. Goggles and proper footwear are required.

