



COMMUNITY RESOURCES

Emergency Contacts

NATIONAL CRISIS HOTLINE

National Crisis Hotline- Suicide Prevention Hotline & Veteran's Crisis Hotline: 1-800-273-TALK (8255)

- Crisis Text Line by texting TALK to 741741

LOCAL/STATE CRISIS HOTLINE SERVICES

- Adult Protective Services Hotline (Seniors and Disabled) 866-800-1409
 - CARES: Crisis (for youth ages 2-21) 1-800-345-9049
 - Chestnut Health Systems-Crisis Line 618-877-0316
- Comprehensive Behavioral Health Center, Emergency and Crisis Intervention services 618-482-7330
- Violence Prevention 24 Hour Crisis Hotline, Belleville 618-235-0892, East St. Louis 618-875-7970
 - Sexual Assault Victims Care Center 618-397-0975

BEHAVIORAL HEALTH & SUBSTANCE USE TREATMENT RESOURCES

<p>Community Mental Health Agencies</p> <p>Chestnut Health Systems Belleville 397-0900</p> <p>Comprehensive Behavioral Health Center East St. Louis 482-7330</p>	<p>Community Health Centers</p> <p>BJC Memorial Belleville 233-7750</p> <p>BJC Memorial East 607-1000</p> <p>HSHS St. Elizabeth's 234-2120</p> <p>SIHF Healthcare 332-0694</p> <p>Belleville Family Medicine 234-9200, 398-9850, 398-8840</p> <p>Pediatric 233-3205</p> <p>Centreville 857-3770</p> <p>Convenient Care-Same Day 222-4763</p>
<p>Behavioral Health Inpatient/Outpatient Hospital</p> <p>Gateway Regional Medical Center 798-3000</p> <p>Touchette Regional Hospital 332-4038</p> <p>SIHF Windsor Health Center 274-9105</p>	<p>Children/Youth Psychiatric Clinic/Outpatient</p> <p>Gateway Regional Medical Center 798-3000</p> <p>Touchette Regional Center 332-4038</p> <p>Lincoln Prairie Behavioral Health 217-585-1180</p>
<p>Mental Health Support Services</p> <p>Call for Help-Living Room Crisis Support 397-0968</p> <p>Depression & Bipolar Support Alliance (DBSA) 444-6927</p> <p>IL Warm Line 866-359-7953</p> <p>Karla Smith Behavioral Health 624-5771</p> <p>National Alliance for the Mentally Ill (NAMI)</p> <p>Southwestern Illinois Warmline 800-950-6264</p>	<p>Substance Use/Detox/Treatment</p> <p>Alcoholic Rehabilitation Community Home (ARCH) 877-4987</p> <p>Chestnut Health Systems 397-0900</p> <p>Comprehensive Behavioral Health Center 482-7330</p> <p>Gateway Foundation 234-9002</p> <p>Treatment Alternatives for Safer Communities (TASC) 277-0410</p>
<p>Grief and Loss Support Services</p> <p>Heartlinks, Family Hospice of Belleville 277-1800</p> <p>Karla Smith Behavioral Health (Suicide Loss) 624-5771</p> <p>Trevor Project-www.trevorproject.org</p>	<p>Substance Use and Loss Support Groups</p> <p>Addiction Loss Group (parents/adult children) 277-1800</p> <p>Alcoholics Anonymous/Narcotics Anonymous 251-4000</p> <p>Narcotics Anonymous 234-9002, 398-9409, 234-2120</p>
<p>VA Suicide Prevention Coordinator /VA Clinics</p> <p>St. Louis VA Medical Center 314-652-4100 ext. 66288</p> <p>VA Medical & Mental Health Clinic 314-652-4100</p> <p>PTSD Clinic 314-894-6417</p>	<p>Veterans Assistance</p> <p>St. Clair Veterans Assistance 277-0049</p> <p>US Veterans Affairs 239-0087</p> <p>Eagles Nest 271-4673</p> <p>Reveille Network-Extension 134 1-800-467-9200</p>
<p>Gambling Resources</p> <p>Chestnut Health Systems 397-0900</p> <p>Credit Counseling 397-0900</p>	<p>Social/Community Outreach</p> <p>First United Presbyterian Church, Belleville 233-0295</p>

OTHER RESOURCES

**Resource Information Services: St. Clair County Mental Health Board <http://www.stc708.org>
United Way 211- Call 211 or Website <http://www.211.org/>**

National Human Trafficking Hotline 888-373-7888	Children's Services Office/Social Services
Children's Hotline-Helpline	Caritas Family Solutions 394-5900
Child Abuse & Neglect Hotline 1-800-252-2873	Children's Home + Aid 235-5335, 452-8900
Missing, Abducted, Runaway Youth 1-866-503-0184	Hoyleton Youth & Family Services 688-4727
National Runaway Lock-Out or Homeless Safeline 1-800-786-2929	Lessie Bates Davis Neighborhood House 874-0778
	Parent Helpline Parent Training
	Community Lifeline 875-5989
LGBTQ Services	Child/Day Care Referrals
Lifeline 1-866-488-7386	Children's Home + Aid 452-8900
	IL Department of Children & Family Service 1-877-746-0829
Domestic Violence Services	Housing/Homeless Services/Emergency Shelter
Domestic Violence Helpline 235-0892	St. Clair County Homeless Hotline 397-5730
Violence Prevention Center of SW Illinois 233-6810	Community Lifeline Emergency Shelter/Respite 875-5989
	Good Samaritan Shelter (Women & Children) 876-0607
	Holy Angels (Women & Children) 874-4079
	Violence Prevention Center-Domestic Violence Shelter 233-7703
Senior Services	Food Resources/Food Pantries
AgeSmart 222-2561	Local Food Pantries www.foodpantries.org
Southwestern Illinois Visiting Nurse Association, Community Care Unit 236-5863	Women, Children & Infants (WIC) Weekdays 233-6170
Southwestern Illinois College, Programs & Services for Older Persons, Senior & Caregiver Counseling 234-4410	Emergency 301-2907
	Diabetes Prevention and Support
	Touchette Regional Hospital 332-3060
Alzheimer's Assistance	English Language Learner Services/Spanish Interpreter
Alzheimer's Helpline 800-272-3900	Puentes De Esperanza 688-7079
Legal Assistance/Legal Aid	HIV/AIDS/STD Information and Testing Sites
Land of Lincoln Legal Assistance 398-0574	Bethany Place 234-0291
Hotline 1-877-342-0958	East Side Health Department 874-4713
	St. Clair County Health Department Testing 825-4483
School Student Services	Case Management 825-4471
St. Clair County Regional Office of Education 825-3900	SIHF Windsor Health Center 646-2503
ESL Higher Education Center Early Leaver Program 874-8771	Ryan White Part C 482-7175
Job Training and Placement Programs	Medical /Disability Equipment
Chestnut Health Systems IPS Program 397-0900	LINC 235-9788

Community Education-Mental Health, Substance Use, & Suicide Prevention
Chestnut Health Systems-Youth Mental Health First Aid, Substance Use, & Narcan Training
Gateway Foundation-Substance Use Education 234-9002
HSHS Community Education-Mental Health, Substance Use and Suicide Prevention
Hoyleton Youth & Family Services-Adult Mental Health First Aid 688-4727
National Alliance for the Mentally Ill (NAMI) Mental Health & Veterans Education
St. Clair County Suicide Prevention Alliance-QPR Suicide Prevention Training 277-6022