

Is it Rude?
Is it Mean?
Is it Bullying?



Boy, 13, Commits Suicide, Leaves Behind Letter on Bullying

Aug 14, 2016 2:15 PM CDT



Bullies Taunt Gay Suicide's Sis: 'We're Glad He...'

Sep 28, 2011 3:17 AM CDT



FAMILY: BULLYING LED TEEN TO TAKE HER OWN LIFE

SPORER ***** ZUMA!

LIZ TILBERIS LOSES BATTLE TO CANCER PAGES 30 & 31

STRAW PASSES DRUG TEST PAGES 42

KNICKS PREZ GETS BENCHED PAGES 54

DAILY NEWS

NEW YORK'S HOMETOWN NEWSPAPER



New York Bullying Victim Kills Herself

Staten Island teen walks in front of bus

people

OKSANA GRIGORIEVA

IN SUICIDE TRAGEDIES

LEADLY BULLYING

At least three teens, tormented by classmates, have taken their own lives in the past month. Why did this happen, and how can it be stopped?

TARGET SETH WALSH 13

TARGET



No Charges in Cyberbullying Suicide Case

Prosecutor pressing for internet harassment laws

Dec 4, 2007 4:00 AM CST

ARMED TO THE TEETH

Deadly duo had 2 shotguns, rifle, 30 homemade bombs and a handgun

Trench Coat killers' secret lives

12 PAGES OF COVERAGE BEGINS ON PAGES 2 & 3



TEEN COMMITS SUICIDE AFTER BEING BULLIED

TEXAS CITY

DAVID'S LAW MOVING FORWARD

WOULD MAKE CYBERBULLYING A CRIME



BULLYING IS MEAN,

**BUT MEAN ISN'T
NECESSARILY**

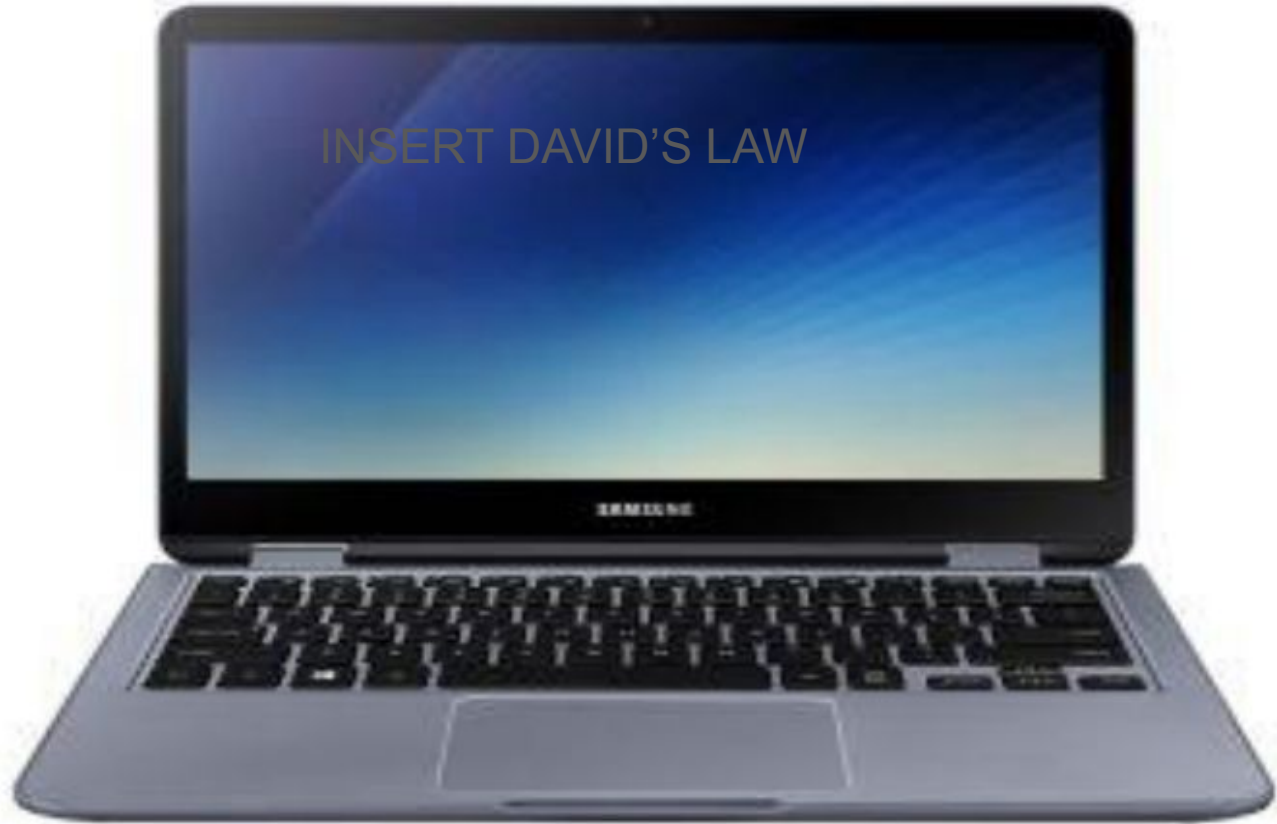
BULLYING.

RUDE

- Inadvertently saying or doing something that hurts someone else
- Due to poor manners or lack of social skills
- Burping without saying excuse me
- Failure to acknowledge when someone is speaking
- Interrupting when someone is speaking
- Cutting in line

MEAN

- Purposefully saying or doing something to hurt someone else
- Out of anger or as revenge
- Attempt to make oneself feel better
- Impulsive cruelty
- Criticizing someone's clothing, appearance, or social status
- Tripping someone as they walk by
- Destroying someone's property



BULLYING IS....



Texas Education Code defines bullying as an act or pattern of acts by one or more students directed at another student that exploits an imbalance of power and involves written or verbal expression, expression through electronic means, or physical conduct, that:

1. will physically harm another student, damage a student's property, or place a student in fear of harm;
2. is severe, persistent, or pervasive enough to create an intimidating, threatening or abusive educational environment for the student;
3. disrupts the educational process or orderly operation of a classroom or school; or
4. infringes on the rights of the victim.

BULLYING IS....



Texas Education Code defines bullying as **an act or pattern of acts**



BULLYING IS....



Texas Education Code defines bullying as an act or pattern of acts **by one or more students directed at another student that exploits an imbalance of power**



KNOWINGLY and INTENTIONALLY

Physical Size/Strength **Intellect** **Social Status** **Access to Information** **Audience** **Anonymity**

BULLYING IS....



Texas Education Code defines bullying as acts an act or pattern of by one or more students directed at another student that exploits an imbalance of power and **involves written or verbal expression, expression through electronic means, or physical conduct**



Forms of Bullying



PHYSICAL



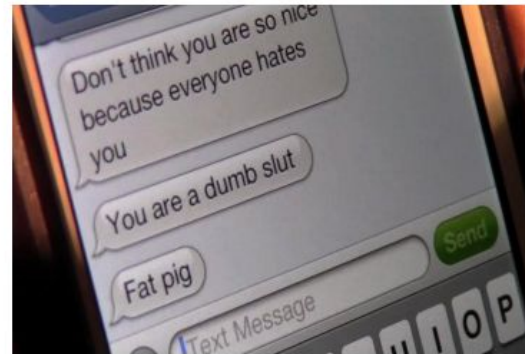
SOCIAL



VERBAL/WRITTEN



CYBER



Bullying is...



Texas Education Code defines bullying as **an act or pattern of acts** by one or more students directed at another student that **exploits an imbalance of power** and **involves written or verbal expression, expression through electronic means, or physical conduct**, that:

1. will physically harm another student, damage a student's property, or place a student in fear of harm;
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Campus Jurisdiction



SCHOOL?



**SCHOOL_RELATED
ACTIVITY?**



**VEHICLE FOR
STUDENT
TRANSPORTATION?**

OFF-CAMPUS CYBERBULLYING

Interfere with a student's educational opportunities; or substantially disrupt the orderly operation of a classroom, school, or school-sponsored/related activity?

BULLYING ISN'T



Disliking someone

Disagreement or
argument between
friends

One-time fight or
altercation

Accidental physical
contact

Cliques of students

Bossy

Telling a joke

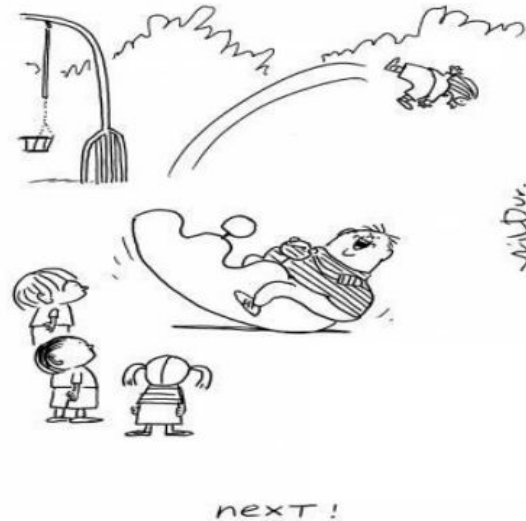
Expressing difference of
opinion

CONFLICT



BOTH PARTIES ARE INVOLVED

BULLYING



ONE SIDED

Perspective Matters



Stranded on a dessert island,
finally a way out of here!



Lost at sea, finally some land!

BULLYING?



**WITHDRAWN, SAD,
ANXIOUS,
DEPRESSED**

**CHANGE IN
BEHAVIOR OR MOOD**

**LOW SELF-ESTEEM
AND LACK OF
CONFIDENCE**

DISLIKE SCHOOL

**DECLINE IN
ACADEMIC
PERFORMANCE**

**LOSE INTEREST IN
ACTIVITIES**

**BRUISES, CUTS,
DAMAGED PROPERTY**

**STOMACHACHES
AND/OR HEADACHES**

**CHANGE IN
SLEEPING
AND/EATING HABITS**

**AVOID TALKING
ABOUT SOCIAL
MEDIA, ANXIOUS
WHEN ON
TECHNOLOGY**

SELF-HARM

**SUICIDAL THOUGHTS
OR ATTEMPT SUICIDE**



STRONG NEED TO DOMINATE OTHERS

USES THREATS OR INTIMIDATION TO GET HIS/HER WAY

FEELS SUPERIOR TO OTHERS

EASILY ANGERED AND IMPULSIVE

OPPOSITIONAL, DEFIANT, OR AGGRESSIVE BEHAVIOR TOWARDS ADULTS

ANTISOCIAL BEHAVIOR

DIFFICULTY CONFORMING TO RULES

LOW TOLERANCE FOR THOSE WHO ARE DIFFERENT

MAKES FUN OF OTHERS

FOCUSED ON BEING POPULAR, EVEN IF AT OTHERS' EXPENSE

BEING BULLIED

SELF HARM

SUICIDAL THOUGHTS OR ATTEMPT SUICIDE

SO WHAT CAN YOU DO?



- Teach and model kindness, acceptance, and empathy
- Teach your child appropriate ways to deal with negative emotions
- Capitalize on teachable moments
- Set clear behavior expectations
- Set boundaries with technology
- Monitor technology and social media
- Monitor social gatherings
- Establish open lines of communication

TALKING TO YOUR CHILD ABOUT BULLYING



- What was the best thing that happened at school today?
- Who do you sit with at lunch? Play with at recess?
- What are your favorite classes? Why? What classes do you dislike ? Why?
- Who do you hang out with during school? Are there a lot of cliques at school? How do you feel about them?
- Are there any students at school that you dislike? Why don't you like them? What do they say or do that you don't like?
- I've heard a lot about bullying in the news. Is that going on at your school?
- I've noticed....., is there something going on at school or at home that is upsetting you?
- Is there anyone at school who has said or done anything to upset you? Did he/she do that on purpose?" Did you tell him/her to stop? Did he/she keep going?

IF YOUR CHILD IS THE TARGET



**Stay calm and listen
without judgement**

**Ask for details and
document**

**Praise your child for
talking to you**

**Reassure your child that
it isn't his/her fault**

Meet with the campus

Create a support plan

Build resiliency

**Seek counseling if
necessary**

IF YOUR CHILD IS THE AGGRESSOR



Stay calm

Take immediate action

Find out "why"

**Set clear expectations
and reinforce**

Partner with the school

Seek help if necessary

IF YOUR CHILD IS A BYSTANDER



**Encourage your child to
be an Upstander**

**Praise your child for
being an Upstander**

**Monitor your child for
residual impact**

**Seek counseling if
necessary**

CONTACT INFORMATION



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MADE IN

MISD

