

- Daily Offerings**
- Bacon(Turkey), Egg and Cheese on a WG Roll
 - Chicken Sausage, Egg and Cheese on a WG Roll
 - Fresh Baked Chocolate Chip Muffin Top
 - Fresh Baked Donut
 - Fresh Bagel with Cream cheese or Butter
 - Homemade Yogurt Parfait with Fruit and Granola
 - Assorted WG Cereal with Cheese Stick
- Daily Fruit Offerings**
- Apple, 100% Apple Juice or 100% Fruit Punch



October 2024

Seaford High School BREAKFAST MENU

MON	TUES	WED	THURS	FRI
	WG Cinnamon Mini ¹	WG Donut Holes ²	School Closed ³	School Closed ⁴
WG Mini Pancake ⁷	WG Apple Pastry ⁸	WG Glazed Cinnamon Roll ⁹	WG Cinnamon Mini ¹⁰	Chocolate Chip Muffin Top ¹¹
School Closed ¹⁴	WG Confetti Pancakes ¹⁵	WG French Toast ¹⁶	WG Cinnamon Mini ¹⁷	Chocolate Chip Muffin Top ¹⁸
WG Apple Pastry ²¹	WG Glazed Cinnamon Roll ²²	WG Cinnamon Mini ²³	WG Mini Pancake ²⁴	Chocolate Chip Muffin Top ²⁵
WG Cinnamon Mini ²⁸	WG French Toast ²⁹	Chocolate Chip Muffin Top ³⁰	WG Confetti Pancake ³¹	

Menus are subject to change.

Free/ Reduce: \$0.00
 Full Price: \$2.00
 Adult Price: \$2.48
 (WG) Whole Grain
 (P) Denotes items may contain pork

Menus are subject to change

All Lunches Must
 Include Choice of:
 Fruits and/or
 Vegetable
 And May Include:
 1% Low-Fat Milk



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