



PBIS NEWS

SHS Motto: Punctual, Responsible, and Respectful

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Social Emotion Learning (SEL) of the month at SHS and tips for parents.

During the month of January, SHS teachers had the pleasure of helping their students learn about Social Emotional Learning in Homes and Communities.

COVID-19 has turned our world up side down. Stockbridge High School administrators and educators believe this is a critical time for our and parents to feel supported, especially since our future leaders who will start the second semester virtually. We are prepared to help our students and students families work through this anxiety and be successful during this temporary transition.

What is Communities in Schools?

Henry County Schools partners with Communities In Schools, a drop-out prevention program focuses on forming positive relationships and providing targeted interventions and supports. The founder Bill Milliken believes that children thrive when adults care about them on a one-to-one-level, and when they also have a sense of belonging in a caring community. Stockbridge HS PBIS applies these methods to insure the success of our Future Leaders by providing a broad range of resource connections to the community.

Communities in Schools helps to ensure that the Social Emotional Learning (SEL) needs of our scholars are being met. It empowers them to stay in school and achieve in life. This program reinforces the values that Stockbridge HS PBIS have put in place for our scholars by reinforcing attendance accountability, increasing the level of personal integrity, strengthening collaboration, ensuring equity and most importantly developing a high standard of academic excellence.

Community partnerships for Social Emotional Learning leverages relationships with external organizations or groups that have the potential to reinforce social and emotional skill development at school and in the community. For some community partners, social and emotional learning may be a primary part of their mission, while for others it may be a fortunate byproduct. Either way, districts can provide guidelines, training, and technical support to ensure that schools and their partners recognize common goals, adopt aligned frameworks and language for SEL, and calibrate adult behaviors that appropriately model and reinforce SEL for students.

[Meet our CIS Site Coordinator : Ms. Richardson](#)

Reaching Over 100,000 More Students in Need
Through 152 Schools Across 24 Communities



Ms. Richardson - CIS Site Coordinator

Click me



CONNECTION
A feeling of safety, structure, and belonging; positive bonds with people and social institutions

CONFIDENCE
A sense of self-worth and mastery; having a belief in one's capacity to succeed

COMPETENCE
The ability to act effectively in school, in social situations, and at work

CHARACTER
Taking responsibility; a sense of independence and individuality; connection to principles and values

CONTRIBUTION
Active participation and leadership in a variety of settings; making a difference

CARING
Sympathy and empathy for others; commitment to social justice

* In his 2007 book "The Good Sport," Richard M. Lerner introduced the additional outcome



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The Importance of Positive Self-Talk

YOUR THOUGHTS MATTER

WHEN FEELING:	TRY:
"THIS IS TOO MUCH."	→ "WHAT DO I NEED?"
"AM I BEHIND?"	→ "WHAT CAN I CELEBRATE?"
"I MESSED UP."	→ "WHAT DID I LEARN?"
"THIS ISN'T WORKING."	→ "WHAT TWEAK CAN I TRY?"

How to Identify Good and Bad

GOOD STRESS	BAD STRESS
• Positive challenge • Motivates us • Promotes well-being • Enhances performance	• No relief in sight • Makes us physically sick • Weakens immune system • Impairs performance

TIPS

Executive Functioning Bulletin Board

- Flexibility**: The ability to adapt to new situations and deal with change.
- Perseverance**: Sticking with a task and not giving up, even when it is challenging.
- Task Initiation**: Independently starting a task and being able to overcome procrastination.
- Planning**: Creating a roadmap for completing a task or goal.
- Attention**: Being able to focus on a person or task for a given period of time.
- Organization**: Designing and maintaining a system to keep track of materials.
- Self-Control**: Being able to stop and think in order to control your words and actions.
- Metacognition**: Being aware of what you know and what you don't know to help you learn better.
- Working Memory**: Holding information in our minds while working with it.
- Time Management**: Having an accurate understanding of time in order to work efficiently.

Could music help your child to focus?



The sounds can help drown potential distracting noise which can help your child to focus on their work and be more productive!

asoftmurmur.com

soundrown.com

mynoise.net

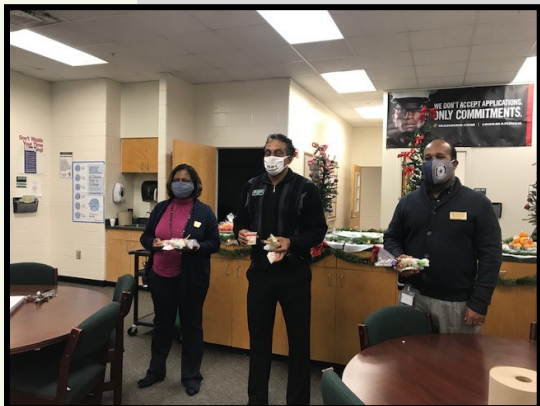
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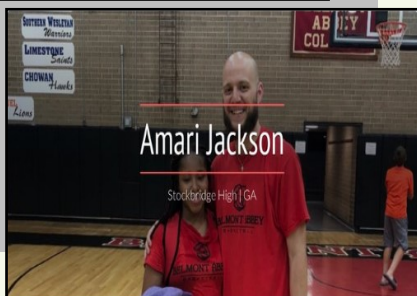
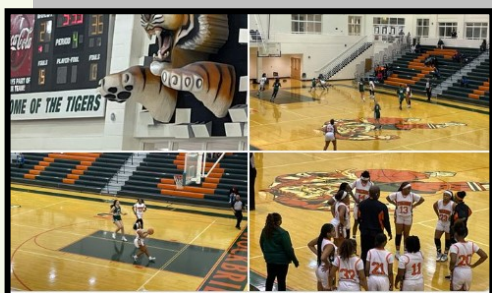
Connectivity

Perfect way to close 2020 school year when connecting with our teacher in a fun way: 12 days of Christmas at SHS; Mask Event and Mug exchange.



Athletics

Girls Basketball Highlights



SHS Football

Let's shout Congrats to our new head football coach Thomas, Clark .



January 2021

PBIS TEAM

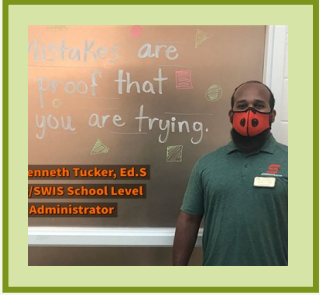


Meet the members of the SHS PBIS team

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Mr. Watson
Principal



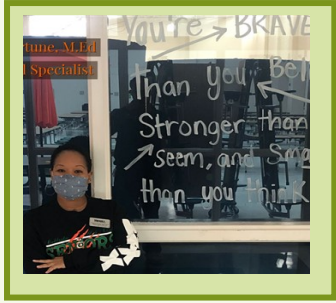
Mr. Tucker
PBIS/SWIS
School Level Administrator



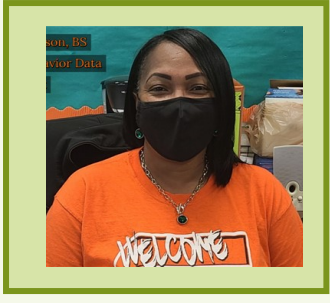
Mrs. Bell
PBIS Coach/PBIS/SWIS
Behavior Data Entry



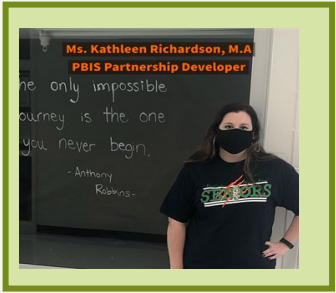
Ms. Park
Social Emotional Learning
Curriculum



Ms. Fortune
PBIS Behavior Specialist/
Communication Specialist



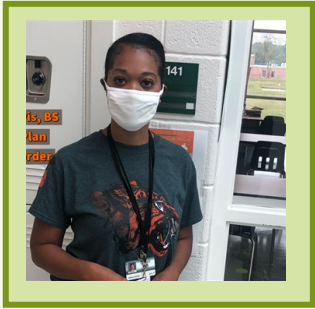
Ms. Wilson
PBIS/SWIS Data Entry
& Analyst



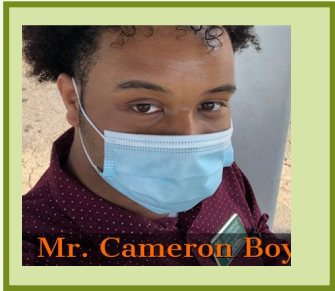
Ms. Richardson
PBIS Partnership Developer/
PBIS Communication Special-



Ms. Sumlin
Social Emotional Learning
Curriculum



Ms. Chavis
PBIS Action Plan Archiver/
Recorder/Minutes Taker



Mr. Boyd
PBIS Youth Ambassador



Ms. DeBerry
PBIS Student Representative



PBIS PTO Representative

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