

SENIOR

Class of 2025

COLLEGE PLANNING KIT



CAREER CENTER

What Are My Educational Options?

Community College

- Community Colleges offer a variety of programs that can lead to good paying jobs especially in Health Services and Industrial & Engineering Systems field
- Explore our Community Colleges www.oregon.gov/highered/access/Pages/community-colleges.aspx
- On average those with an associate's degree will earn \$8,000 more per year than a High School Graduate

Job Corps

- Students have access to room and board while they learn skills in specific training areas for up to three years
- Offers support with housing, childcare, finding employment, transportation and a stipend
- www.dol.gov/agencies/eta/jobcorps

Military

- Many military jobs can train you for civilian work
- ROTC Scholarships can help you pay for college with a commitment to serve after graduation
- Recruiters are on campus the first and third Wednesdays of the month during lunch

Trade School

- Offer many of the same programs as Community Colleges, and some they don't, in a variety of trades from linemen to farriers to plumbers!
- Northwest College of Construction offers paid internships in a variety of fields. nwcoc.com/about-us
- On average a trade school graduates pay is comparable to a community college graduate

4-year College or University

- Bachelor's Degrees and beyond can lead to a variety of professional careers
- Studies show that the average college graduate will earn 1.2 million dollars more than a high school graduate over a life time

The Career Center staff is here to support you as you consider and plan for your life after graduation.

Stop by any time or make an appointment using the link or QR Code tinyurl.com/rhscareercenterappointment



check out our website for a variety of resources rhs.roseburg.k12.or.us/about-us/career-center



CAREER CENTER

Important Dates

2024-2025

- September 25th** Financial Aid Night
RHS Media Center, 6 PM
Special Presenter Nathan Isenhower
Director of Financial Aid at Bushnell University
- October 9th** Douglas County College Fair
Main Gym, 11:15 AM-1:45 PM
- October 16th** Day of Testing
ASVAB, PSAT
- October 23rd** Scholarship Workshop
RHS Media Center, 6 PM
Special Presenter Nomi Pearce
ASPIRE Specialist Office of Student Access & Completion
- November 13th** Military Careers Night
RHS Media Center, 6 PM



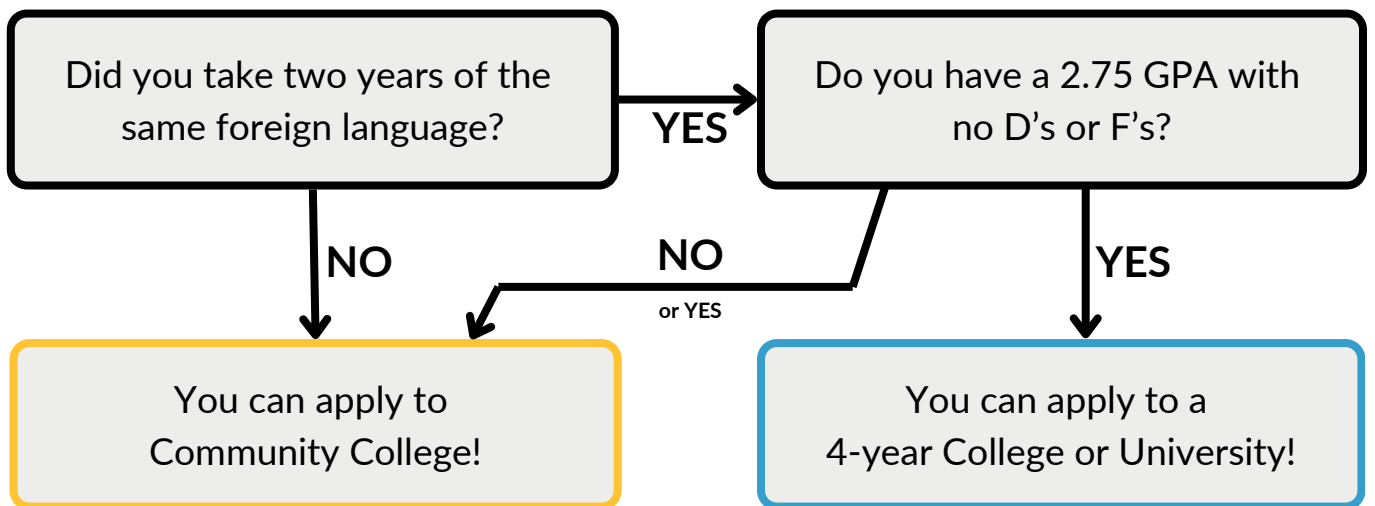
Register at collegeboard.org

Aug 24	Oct 5	Nov 2	Dec 7	Mar 8	May 3
Aug 9	Sep 20	Oct 18	Nov 22	Feb 21	Apr 18

Visit our website for more information
<https://rhs.roseburg.k12.or.us/about-us/career-center>
 or schedule an appointment to meet with us in person by scanning the QR code



What College Path is Right for Me?



- Certificates and Associate degrees with options to transfer to a 4-year college or university
- Offer a variety of trade programs
- No general admission requirements but certain programs have admission requirements

- Bachelor's degrees and above
- Can start at a Community College and transfer in
- Public and private options
- May offer Honors and Study Abroad programs
- Admission requirements vary by school

These are general requirements for Oregon Universities admission. Ds and Fs will effect eligibility. Special exceptions are considered.

Preparing for Community College	Preparing for a 4-year College or University
<p>Work on keeping your grades up and passing all your classes</p> <p>You do not have to take the SAT or ACT but it can give you an idea of your college readiness</p>	<p>Keep your GPA above a 3.0 with no D's or Fs</p> <p>We recommend you take the PSAT the fall of Junior year, the SAT in the spring of your junior year and again in the fall of your senior year.</p>
<p>Volunteer (looks great on scholarship applications)</p> <p>Start looking at the different colleges and narrow down which ones you like</p> <p>Record your school, volunteer, and work activities on a chart</p> <p>Begin collecting letters of recommendation</p>	

Frequently Asked Questions

Do I need to take the SAT?

- Some 4-year colleges and universities require SAT scores for admissions or scholarships. Check with the colleges you plan to apply to.
- We recommend you take the PSAT in the fall of your junior year, take the SAT in the spring of junior year and again in the fall of your senior year.
- Submitting an SAT score on a college application cannot hurt your chances.

I won a scholarship, but I have to pay money to receive it. Should I?

- Absolutely NOT! This is a scam. Never give your information or money to anyone who offers you a scholarship you did not apply for or who promises you guaranteed scholarship monies.

Will the Oregon Promise Grant pay my whole tuition?

- To qualify for Oregon Promise monies students must have a 2.0 GPA or higher, apply by June 1st and attend college the fall after graduation. There is an income requirement that changes from year to year.
- Each year the Oregon Legislature determines the money in the fund. Some years this can cover your full tuition and other years it will not.

My family makes too much money, do I need to fill out the FAFSA?

- Yes, everyone attending college should fill out the FAFSA. Colleges require it to award scholarship monies, grants and loans regardless of income.

Where do I look for scholarships?

- Watch for emails from the Career Center with the Scholarship Bulletin. These will also be posted on our website.
- Check with your college(s). Many colleges offer in house scholarships.
- Be cautious of “free” scholarship sites that require you to fill in a lot of personal information as they may sell your info.

Trustworthy sites include:

oregongoestocollege.org
oregonstudentaid.gov
bigfuture.collegeboard.org

When do I register for classes at UCC?

- You can apply to UCC at any time but you have to have been accepted before you can begin the UCC Foundation scholarship application which is typically due March 1st.
- Each spring, often in late April or May, UCC sends advisors to RHS to begin the registration process for fall term. Watch for notifications from the Career Center that it is time to sign up.

12th Grade: College Checklist

IT'S A PLAN

It's time to make a plan. Keep track of what you have to do and key deadlines.

ACHIEVE

Do your best in school.

Academics are the most important factor in getting into and graduating from college. Build good habits now that will help you be successful.

- Go to all of your classes. Attendance matters!
- Turn in all assignments.
- Find a system that works for you to keep track of class material.
- Use a paper or digital planner to keep track of assignments and deadlines.

Take the right classes.

Make sure you have the classes you need to graduate from high school and apply to college.

- Take a full schedule of classes, including math, a second language and electives.
- Take challenging classes. Earn college credit while you're still in high school with AP, IB, or dual credit classes.
- Try a hands-on CTE class.
- Review your transcript and your senior year class schedule.

Prepare for college admission tests.

Some colleges require or accept admissions tests like the ACT or SAT.

- FALL:** Take practice tests before signing up and taking the SAT or ACT if you need to.

ENGAGE

Get involved.

Extracurricular activities give you the chance to explore your interests and make friends. Colleges like to see how you are involved in your school and community.

- Participate in school and community activities. Consider a leadership role.
- Volunteer for an organization or cause you care about.
- Make a plan for summer.

Spend time with good people.

Who you hang out with matters. Get a support system of people who want to see you succeed.

- Choose friends that share positive goals and interests.
- Find a mentor – a teacher, counselor, coach, other trusted adult or older student that you can talk to.

Make good choices.

Practice healthy, safe, and kind behaviors.

- Take care of your physical and mental health. Exercise, eat healthy and get enough sleep.
- Be safe online and on your phone.
- Google yourself. Adjust privacy settings or delete accounts you don't use.
- Avoid risky behaviors like drinking, doing drugs, and having sex.
- Be kind; treat others with respect.



MAKE YOUR PLAN

Get organized and get help.

Knowing how to get to college can be confusing. Get help in reaching your goals.

- Use Oregon Goes To College's templates and resources to help you stay organized.
- Update your file of important documents and a list of activities that you participate in. Create a resume with this information.
- Create and use a professional e-mail for all college-related activities.

Apply to college.

Keep track of deadlines and get prepared.

- Get to know your top colleges. Take a virtual tour or if possible, visit a college campus or attend a college fair.
- Make a final list of 4–6 colleges or training options that will be a good fit for you.
- Be prepared with the information you need.
- Apply by the deadline. Get help at school or from a trusted adult.

Pay for college.

There is financial aid available to help you pay for college.

- Determine which financial aid applications you will need to complete and apply as early as possible.
- Update your list of scholarships and set aside time each week to apply.
- Compare your financial aid offers carefully.
- Contribute to a college savings account.

Go to college.

Make your decision and get ready to go.

- Think carefully and critically in deciding where to go to college.
- Fill out forms including financial aid, orientation, and registering for classes.
- Start practicing what it takes to be a successful college student.
- Learn where to get help on campus.

KEY DATES

Apply

- **August 1:** Common App opens
- **November 1:** Early application deadlines for many 4-year colleges
- **February 1:** Priority application deadlines for many 4-year colleges in Oregon
- **April:** Many apprenticeship applications open

Pay

- **October 1:** ORSAA open
- **November 1:** OSAC Scholarship opens
- **December 1:** FAFSA open
- **March 1:** OSAC, Ford Scholars and many other scholarships deadline
- **June 1:** Oregon Promise deadline for most high school students

Go

- **May 1:** Decision deadline for many 4-year colleges
- **May:** Register for fall classes at Oregon

HELPFUL RESOURCES

Oregon Goes To College

oregongoestocollege.org

OSAC

oregonstudentaid.gov

Federal Student Aid

studentaid.gov

BigFuture

bigfuture.collegeboard.org

College Scorecard

collegescorecard.ed.gov



College visits are the best part of the college application process. This is your opportunity to really get a feel for what it is like to attend a college/university. No website, guidebook, or virtual testimonial will give you a better feel for the schools you are considering and whether it feels like “home.”

Key essentials to get the most out of your campus visit

1. Schedule a visit during a time that students are on campus
2. Request a guided tour, but also take time to explore the campus on your own
3. Participate in a college class and speak with a professor in a subject that interests you
4. Schedule additional meetings with coaches, honors college professors, or other extracurricular advisors that you may want to participate
5. If time allows, ask to stay on campus.

Ask thoughtful questions during your campus visit - This will help you determine whether the campus is the fit you are looking for. Campus visits allow students to gather valuable information not found in brochures. On campus you get a firsthand view while getting important questions answered that will help you make your college choice.

Ask Tour Guides/Students on Campus

What do you love about this college?

What do you do during your free time? On the weekends?

How are the food options on campus? What meal plan did you choose as a freshman?

What types of activities are available on campus – student campus groups, extracurricular activities or volunteer opportunities?

Ask Professors/Academic advisors

What are the best reasons to go to this college?

What supports are in place for students to get academic assistance?

What is your #1 tip to succeed in college for incoming freshman?

Do students have the opportunity to talk with professors outside of the classroom?

What research or other kinds of projects are available for students?

Admissions/Financial Aid

What scholarships do you offer that I may not know about?

How much do your students usually end up owing in loans when they graduate?

Will my costs go up when your tuition goes up, or will my tuition be frozen once I enroll?

Is there a requirement to live on campus? If so, how long?

Are there any fees on campus that may not be reflected in the cost of attendance (Parking or sports facility fees, etc.)

Consider what you have learned during your college visit – does this school provide a good fit for you academically, financially, and socially?

Follow-up – Write a thank you note to each representative you met (admissions, financial aid, professor, etc).

Talk it over with your family