

JUNIOR

Class of 2026

COLLEGE PLANNING KIT



CAREER CENTER

Preparing for College as a Junior

- ❖ Take AP/CC classes – colleges (and scholarships) love to see you challenge yourself (it's ok if you don't ace it) and you may be able to graduate with your degree that much sooner!
- ❖ Keep up your grades in all your classes
- ❖ Take a full schedule
- ❖ Take every opportunity to visit college campuses
- ❖ Keep a healthy balance between school and extracurriculars
- ❖ It's never too late to get involved! Join a club, try out for a team, volunteer, get a job! (We've listed some clubs and volunteer opportunities below)
- ❖ Track your activities on a chart (you'll find a fillable chart on our website)
- ❖ Take ownership of your life, become more independent, and be your own advocate. It's a life skill!
- ❖ Familiarize yourself with college vocabulary

RHS Clubs

Astra Club (ALTRUSA)	Family, Career & Community Leaders of America (FCCLA)	GSA (Gender/Sexuality Alliance)	Roseburg Runners Club
Battle of the Books	Fellowship of Christian Athletes (FCA)	Impact Club	Spanish Club
Bowling Club	Future Business Leaders of America (FBLA)	Interact Club	U Dub (United Way)
Brain Bowl	FFA National Organization	Key Club	Unified Partners Club
Clay Club	German Club	Lego Club	Upward Bound/Educational
Drama Club		Link Crew	Talent Search
Dungeons & Dragons		Multicultural Club	Yearbook
Environmental/Green Club		National Honor Society (NHS)	Young Life
Equestrian Club		Robotics Club	
Esports/League of Legends			

Community Opportunities

Boys & Girls Club	Special Olympics	Meals on Wheels
Wildlife Safari	UCAN	Nursing Homes
Saving Grace Animal Shelter	Hospital	Habitat for humanity
Library	Red Cross	National Park Service

AP and College Credit Classes

Photography and Design 2	Marketing	Engineering Graphics and Blueprint Reading
Fine Arts 2 & 3	Intro to Speech	Planning Activities for Children
Business Foundations	Intro to Computer aided Drafting	Intro to Education
Advanced Business Management	CAD for Mechanical Aided Design	Intro to Child Development
Accounting I & II		German 3 & 4

AP and College Credit Classes continued

Spanish 3 & 4

Precalculus

Calculus

Emergency Medical Services

Advanced Medical

Fire Science

Intro to Health Occupations

Medical Terminology I & II

Nursing Assistant

Phlebotomy

AP/CC US History

Human Geography

Legal Terminology

AP/CC US Government

Honors Biology

Honors Chemistry

PSAT

The PSAT is a practice test for the SAT. There are many benefits to taking the PSAT:

- ❖ Can qualify for the National Merit Scholarship (NMSQT)
- ❖ Get a feel for the testing environment and flow of the SAT
- ❖ Gives a snap shot of your current academic ability in English and Math
- ❖ Sign up for a personalized study guide based on your results from Kahn Academy
- ❖ Get a list of growing careers in your state that need skills like yours

Use the link or scan the QR Code to sign up to take the PSAT at RHS on Wednesday morning, October 16th.

The deadline to sign up is Friday September 27th

tinyurl.com/RHS-PSAT-2024

Sign up for the PSAT here



Access study materials and practice tests online at

satsuite.collegeboard.org/practice

Career Center Support

If you have questions about college, careers, or options after high school stop by the Career Center or make an appointment using the link or scan the QR code.

tinyurl.com/rhscareercenterappointment

Make an appointment here





CAREER CENTER

Important Dates

2024-2025

September 25th Financial Aid Night
RHS Media Center, 6 PM
Special Presenter Nathan Isenhower
Director of Financial Aid at Bushnell University

October 9th Douglas County College Fair
Main Gym, 11:15 AM-1:45 PM

October 16th Day of Testing
ASVAB, PSAT

October 23rd Scholarship Workshop
RHS Media Center, 6 PM
Special Presenter Nomi Pearce
ASPIRE Specialist Office of Student Access & Completion

November 13th Military Careers Night
RHS Media Center, 6 PM



Register at
collegeboard.org

**Aug
24**

Aug 9

**Oct
5**

Sep 20

**Nov
2**

Oct 18

**Dec
7**

Nov 22

**Mar
8**

Feb 21

**May
3**

Apr 18

Visit our website for more information

<https://rhs.roseburg.k12.or.us/about-us/career-center>
or schedule an appointment to meet with us in person by
scanning the QR code



11th Grade: College Checklist

IT'S A PLAN

It's time to work hard for good grades, be a leader, and refine your college options.

ACHIEVE

Do your best in school.

Academics are the most important factor in getting into and graduating from college. Build good habits now that will help you be successful.

- Go to all of your classes. Attendance matters!
- Turn in all assignments.
- Find a system that works for you to keep track of class material.
- Use a paper or digital planner to keep track of assignments and deadlines.

Take the right classes.

Make sure you have the classes you need to graduate from high school and apply to college.

- Take a full schedule of classes, including math, a second language and electives.
- Take challenging classes. Earn college credit while you're still in high school with AP, IB, or dual credit classes.
- Try a hands-on CTE class.
- Review your transcript and your senior year class schedule.

Prepare for college admission tests.

Some colleges require or accept admissions tests like the ACT or SAT.

- FALL:** Take the PSAT/NMSQT to qualify for scholarships.
- SPRING:** Take practice tests before signing up and taking the SAT or ACT if you need.

ENGAGE

Get involved.

Extracurricular activities give you the chance to explore your interests and make friends. Colleges like to see how you are involved in your school and community.

- Participate in school and community activities. Consider a leadership role.
- Volunteer for an organization or cause you care about.
- Make a plan for summer.

Spend time with good people.

Who you hang out with matters. Get a support system of people who want to see you succeed.

- Choose friends that share positive goals and interests.
- Find a mentor – a teacher, counselor, coach, other trusted adult or older student that you can talk to.

Make good choices.

Practice healthy, safe, and kind behaviors.

- Take care of your physical and mental health. Exercise, eat healthy and get enough sleep.
- Be safe online and on your phone.
- Google yourself. Adjust privacy settings or delete accounts you don't use.
- Avoid risky behaviors like drinking, doing drugs, and having sex.
- Be kind; treat others with respect.



EXPLORE

Explore college and career options.

You can go to college. There are countless possibilities when it comes to both college and career. Keep your options open as your goals, interests, and preferences change.

- Make a list of careers that interest you and the education you will need.
- Think about what is most important to you in a college.
- Make a list of 5-10 colleges or training options that interest you.
- Get to know your top colleges. Take a virtual tour or if possible, visit a college campus or attend a college fair.

Learn about paying for college.

You can afford college. Learn about the costs and how to pay for college.

- Explore what college costs. Estimate what you might pay using a net price calculator.
- Learn about financial aid and other ways to pay for college.
- Set up and regularly contribute to a college savings account.
- Make a list of scholarships and apply to any available to you now.

Get organized and get help.

Knowing how to get to college can be confusing. Get help in reaching your goals.

- Use Oregon Goes To College's templates and resources to help you stay organized.
- Update your file of important documents and a list of activities that you participate in. Create a resume with this information.
- Connect with a counselor, teacher, mentor or program in your school or community.
- Practice writing college and scholarship essays.
- Create and use a professional e-mail for all college-related activities,

HELPFUL RESOURCES

Oregon Goes To College

oregongoestocollege.org

Oregon's go-to resource for information about getting ready for education beyond high school. Learn how to prepare, explore, apply, pay and go to college.

OSAC

oregonstudentaid.gov

Learn about Oregon's state financial aid programs including the Oregon Opportunity Grant, Oregon Promise, and OSAC scholarships.

BigFuture

bigfuture.collegeboard.org

Discover how to prepare for college. Find the right college for you — search by location, major, and other criteria.

College Scorecard

collegescorecard.ed.gov

Search and compare colleges across the country with data on cost, graduation rate, and more.



College visits are the best part of the college application process. This is your opportunity to really get a feel for what it is like to attend a college/university. No website, guidebook, or virtual testimonial will give you a better feel for the schools you are considering and whether it feels like “home.”

Key essentials to get the most out of your campus visit

1. Schedule a visit during a time that students are on campus
2. Request a guided tour, but also take time to explore the campus on your own
3. Participate in a college class and speak with a professor in a subject that interests you
4. Schedule additional meetings with coaches, honors college professors, or other extracurricular advisors that you may want to participate
5. If time allows, ask to stay on campus.

Ask thoughtful questions during your campus visit - This will help you determine whether the campus is the fit you are looking for. Campus visits allow students to gather valuable information not found in brochures. On campus you get a firsthand view while getting important questions answered that will help you make your college choice.

Ask Tour Guides/Students on Campus

What do you love about this college?

What do you do during your free time? On the weekends?

How are the food options on campus? What meal plan did you choose as a freshman?

What types of activities are available on campus – student campus groups, extracurricular activities or volunteer opportunities?

Ask Professors/Academic advisors

What are the best reasons to go to this college?

What supports are in place for students to get academic assistance?

What is your #1 tip to succeed in college for incoming freshman?

Do students have the opportunity to talk with professors outside of the classroom?

What research or other kinds of projects are available for students?

Admissions/Financial Aid

What scholarships do you offer that I may not know about?

How much do your students usually end up owing in loans when they graduate?

Will my costs go up when your tuition goes up, or will my tuition be frozen once I enroll?

Is there a requirement to live on campus? If so, how long?

Are there any fees on campus that may not be reflected in the cost of attendance (Parking or sports facility fees, etc.)

Consider what you have learned during your college visit – does this school provide a good fit for you academically, financially, and socially?

Follow-up – Write a thank you note to each representative you met (admissions, financial aid, professor, etc).

Talk it over with your family