


Urban Academy Charter School

September 24	Breakfast	Price: Student \$XX.XX Adult \$XX.XX			
Served Daily					
Regular Entrée and/or Meatless/Vegetarian Alternate Entrée, Sandwich of the Day Fresh Veggies and/or Lettuce – Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach Low Fat Dressing/Dip Fruit – Apple, Orange, Pear, Banana, Raisins, Craisins, or Applesauce Cup Variety of Milk, including Skim					
Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5	6	
	Breakfast Cereal	Mini Bagel w/ Cream Cheese	Mini Waffle	Breakfast Loaf	
LABOR DAY	String Cheese			Yogurt	
	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	
9	10	11	12	13	
Breakfast Cereal	Cinnamon Toast Soft Bar	Cereal Bar	Mini Cinnamon Roll	Assorted Muffins	
		Fruit Yogurt		String Cheese	
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	
16	17	18	19	20	
Oatmeal Round	Mini Bagel w/ Cream Cheese	Breakfast Cereal	Mini Waffle	Breakfast Loaf	
		String Cheese		Yogurt	
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	
23	24	25	26	27	
Breakfast Cereal	Cinnamon Toast Soft Bar	Cereal Bar	Mini Cinnamon Roll	Assorted Muffins	
		Fruit Yogurt		String Cheese	
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	
30	Oct 1	Oct 2	Oct 3	Oct 4	
Oatmeal Round	Mini Bagel w/ Cream Cheese	Breakfast Cereal	Mini Waffle	Breakfast Loaf	
		String Cheese		Yogurt	
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	
MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products. All Done Right Food meals are Pork-Free. This institution is an equal opportunity provider.			Our Commitment “Healthy Food, Healthy Message” We provide wholesome, delicious, real food that helps teach the right message to children. ANY QUESTIONS? CONTACT: School Office or DONE RIGHT FOOD @ 763-789-4493 or www.donerightfood.com		